



UNIVERSITEIT VAN PRETORIA
UNIVERSITY OF PRETORIA
YUNIBESITHI YA PRETORIA

Faculty of Education

Fakulteit Opvoedkunde
Lefapha la Thuto

2021 Higher Certificate Sport Science Education (HCSSE)

Programme information

This programme provides a basis for knowledge and skills development to improve athletes and others so that they may be able to impart their knowledge and skills to others. It aims to develop coaches who can function successfully in an interdisciplinary environment in order to improve athletes' and sports teams' performances using the latest techniques and research. It will therefore strive towards internationally recognised academic excellence, but with local relevance.

The programme will create an ideal learning environment incorporating lectures, tutorials, practical sessions, and problem solving. Students will receive teaching and training by leaders in the field of Sports Science and coaching. Students will get the opportunity to work with various sporting codes and athletes of various skill levels. Upon completion, it will provide students wanting to further their studies with the opportunity to apply for the BEd degree in the Faculty of Education, provided that a student is in possession of an NSC and complies with the minimum requirements for admission to a bachelor's degree.

Admission requirements

- The following persons will be considered for admission: a candidate who is in possession of a certificate that is deemed by the University to be equivalent to the required Grade 12 certificate with university or diploma endorsement; a candidate who is a graduate from another tertiary institution or has been granted the status of a graduate of such an institution; and a candidate who is a graduate of another faculty at the University of Pretoria.
- Life Orientation is excluded in the calculation of the APS.
- For selection purposes the sum of the results in six subjects, including English, is calculated.
- Grade 11 final examination results will be used for the provisional admission of prospective students.

- Applicants who indicate Higher Certificate in Sports Science as first or second choice will be considered.
- All applicants will be considered by the Student Administration of the Faculty based on the admission requirements.
- Applicants that meet the academic requirements, will then be further considered in collaboration with TuksSport for the different Sports Codes according to their sport achievements.
- Selection is based on Grade 11 results and Grade 12 sporting achievements. Please take note that places for the Higher Certificate in Sports Science are preferentially offered to applicants who are nominated by one of the official UP sports clubs.

Minimum requirements Achievement level

English Home Language or English

First Additional Language

NSC/IEB	AS Level	APS
4	D	20

* Cambridge A level candidates who obtained at least a D in the required subjects, will be considered for admission. International Baccalaureate (IB) HL candidates who obtained at least a 4 in the required subjects, will be considered for admission.

A. Assessment

There are no examinations for most of the modules. Instead you will complete assignments for each module. The module mark is calculated based on a combination of marks obtained in the test, assignments, portfolio and discussions.

B. Duration

Minimum duration of the study is one year full-time.

C. Programme delivery

The HCSSE consists of theoretical and practical components. The practical sports applications taught on the UP Hillcrest Campus and academic preparation mediated online through the Department of Humanities in the Faculty of Education. The Education modules are divided between literacy, life orientation and sports education.

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E. The Programme

Modules	Description	Credits
Core modules	Life orientation 150 (JLO 150)	12
	Literacies in education 150 (JLZ 150)	6
	Literacies in education 151 (JLZ 151)	6
	Human movement studies and sport management 114 (JMB 114)	8
	Human movement studies and sport management 116 (JMB 116)	8
	Human movement studies and sport management 125 (JMB 125)	8
	Sports practical (Basic) 150 (JRC 150)	32
	Foundations of recreation and sports management 111 (JRM 111)	8
	Sport injuries 141 (JXE 141)	10
	Fundamental nutrition 143 (JXE 143)	8
	Exercise and training principles 151 (JXE 151)	8
	Coaching professionalism 151 (JXP 151)	8