



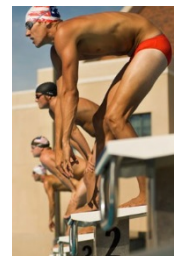
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1929 - 2019

## NTS CHAMPIONSHIPS 2019 (04 TO 08 DECEMBER) GALA RULES

### 1. General swimming competition rules

- 1.1. FINA technical rules will apply
- 1.2. Visitors (from outside Tshwane) must please forward a clearance letter to compete and entry times to be verified
- 1.3. If, due to weather conditions, any section of a swimming program cannot be completed the following will apply:
  - **On the final day of the competition, the results and medals will be awarded as per the results of the heats if the finals cannot be completed.**
  - **If on any of the other days, the finals cannot be completed due to time constraints, the finals will be rescheduled or the results awarded as per the heats results.**
  - **If circumstances require, any part of the program may be swum as timed finals.**
- 1.4. The Northern Tigers Swimming Code of Conduct will apply.
- 1.5. During heats, overhead starts will be used.
- 1.6. Swimmers are to climb out on the side of the pool and not over the touch pads.
- 1.7. If two or more times in the heats are the same for the 8th place in the final, 1<sup>st</sup> or 2<sup>nd</sup> Reserve for the final, a swim off will take place within half an hour after the completion of the heats.
  - 1.7.1. Any swimmer who does not want to participate in the swim off must scratch.
  - 1.7.2. In the event of only one swimmer remains or stays for the swim-off, that competitor will take the 8th place in the final, 1<sup>st</sup> or 2<sup>nd</sup> Reserve, as the case may be.
  - 1.7.3. In the event that all the swimmers scratch or that none of the swimmers stay for the swim off, the next placed swimmer will automatically be placed in the final, 1<sup>st</sup> or 2<sup>nd</sup> Reserve – as the case may be..
- 1.8. **NB!** If a swimmer misses a race, he or she will not be allowed to swim in a later heat.
- 1.9. The organiser's reserve the right to change the session order and breaks should circumstances on the day necessitate such change.



### 2. Technical officials



- 2.1. Each club must provide 1 official for every 5 swimmers (or less than 5 entered) for each of the sessions.
- 2.2. Name lists of trained and SSA registered officials must be submitted together with entries. Should an official not be available for duty after submission, it is the responsibility of the club to provide a replacement.
- 2.3. All technical officials must be correctly attired:
  - White shirts for all sessions
  - Navy blue trousers or skirts for finals sessions
  - Navy blue shorts for heats are allowed

### 3. Qualification

- 3.1. All swimmers must be registered with SSA or any other National Federation.
- 3.2. Swimmers must have times on the database this season for any and all events that they would like to swim.
- 3.3. All qualifying and entry times must have been achieved this season (i.e. after 1 May 2019), and BEFORE the closing date for normal entries referred to in clause 6.6 below. This applies to all times and events mentioned below. Swimmers will not be permitted to enter (normal nor late) on times achieved after the normal entry closing date. (The only exception to this rule is for those swimmers that qualified at the Tshwane Mayoral Gala.)
- 3.4. Achieving any SSA level 3 qualifying time this season will qualify a swimmer for the 2019 NTS Championships.
- 3.5. A swimmer may enter all the events he/she has qualified in, plus three additional events that he/she has not qualified for. The swimmers must have times on the database for this season for the additional 3 selected events.
- 3.6. Provincial Open Water Swimmers may enter the 800 and / or 1500 meter events if they do not have any other level 3 qualifying times, but they must have a time on the database this season for the event they want to enter.
- 3.7. Swimmers aged 17 and over who do not have any level 3 qualifying times, may enter 3 events, providing they have times on the database for this season.
- 3.8. Swimmers who do not have qualifying times in the Long Distance events (i.e. 1500 and 800 Free, 400 IM and 200 Fly) may enter any of these events provided they have times on the database for this season. These events will not be included in the 3 additional events listed in 3.5 above, except that only the top 24 entries in the 1500 and 800 Freestyle events will be accepted.
- 3.9. Swimmers may enter the 50m event if they have a time on the database this season for that 50m event. If the Swimmer has a qualifying time for the season in another distance of that stroke, the 50m event will not count as one of the 3 additional events referred to in 3.5 above.
- 3.10. Level 1 & 2 Swimmers who achieve a level 3 qualifying time at the Mayor's Gala may enter the NTS Champs, but will have to pay the late entry fee applicable at the time they enter.

### 4. Eligibility

- 4.1. For a swimmer to be eligible to compete at the NTS Championship's, he/she must have achieved the qualifying standard's as set out on clause 3 above, AND
- 4.2. All swimmers 18 years and younger must have swum one IM (200m or 400m) during this season (i.e. after 1 May 2019) to be eligible to participate. It is NOT compulsory to enter the 200 IM at the championships.
- 4.3. Any swimmer 18 years and younger wanting to participate in an IM event at the championships, must have swum at least two IM events (200m and / or 400m) during this season (i.e. after 1 May 2019).

### 5. Age groups

- 5.1. The age of swimmer will be determined as on first day of Championship.

	<b>Males</b>	<b>Females</b>
Guppies:	11 years and under	11 years and under
Sub-Junior:	12 and 13 years.	12 and 13 years.
Junior:	14 and 15 years	14 and 15 years
Senior:	16 and 17 years.	16 and 17 years.

Open:

Open

Open

5.2. Swimmers may only compete in one age group for the duration of the Championship. e.g. A swimmer that is 17 years old or younger may participate in the open age group, however then that swimmer must swim all his / her events in the open age group.

## 6. Entries



- 6.1. Entries will be accepted on Team Manager Comlink files with hardcopy/email only
- 6.2. Incomplete or incorrect entries will be discarded
- 6.3. Entry Times to be set in a 50m pool or converted SCM times
- 6.4. Only swimmers with official times on the NTS/SSA database (or other National Federation Database for foreign swimmers) effective from 1 May 2018 may enter the NTS Championships

**6.5. No entries will be accepted without attached proof of payment of entry fees.**

- 6.6. Closing date for entries: **15<sup>th</sup> November 2019**
- 6.7. Closing date for late entries: **22<sup>nd</sup> November 2019** at a cost of 3 x the entry fees
- 6.8. Closing date for late late entries: **2<sup>nd</sup> December 2019** at a cost of 10 x the entry fees
- 6.9. Psych sheets will be distributed via e-mail by 19<sup>th</sup> November 2019 and posted on the NTS Website.
- 6.10. No further entries will be accepted after the closing date for late, late entries
- 6.11. No entries will be accepted from NTS Clubs if the club is not in good standing with NTS.**
- 6.12. Only accredited team managers may withdraw competitors, lodge objections or complaints
- 6.13. The following must be submitted to NTS:
  - 6.13.1. Comlink Export File from Team Manager
  - 6.13.2. Comlink Export file of Relays Only
  - 6.13.3. Print out of entries **with proof of Time.**
  - 6.13.4. Print out of entry fees
  - 6.13.5. Print separate print out of relay entries
- 6.14. Entry Fees are not refundable.

## 7. Relay entries

- 7.1. Clubs may enter A and B teams
- 7.2. Each relay team must consist of 4 swimmers.
- 7.3. Mixed relay teams must consist of 2 male and 2 female swimmers.
- 7.4. The names must be received in the correct following order for the relays on the prescribed forms and must be submitted before the end of the session (e.g. morning session) preceding the session (e.g. evening session) in which the relay will be swum. This will be the confirmation of the relay entry. If the relay form is not received, the team will be withdrawn from the event. Only swimmers entered in the competition may swim in the relays.
- 7.5. Clubs with less than 20 registered swimmers may combine with another club with less than 20 registered swimmers for relays, but no points will be awarded.
- 7.6. A Swimmer may swim up in a relay, but may not participate in 2 age groups for the same relay.
- 7.7. The Age groups for relays will be as follows:
  - 12 & Under
  - 13 – 14
  - 15 – 17
  - 18 & Over. These relays will be un-official / exhibition and will not score points. Clubs may combine to enter these relays. No late entries will be accepted after the closing date mentioned in 6.6 above.

## 8. Entry fees and payment

- 8.1. Registration per swimmer NTS Registered Swimmers R120.00 per swimmer
- 8.2. Registration per swimmer not registered within NTS (out of district): R 150.00 per swimmer
- 8.3. Individual event for NTS registered swimmers: R40 per event
- 8.4. Individual event for swimmers not registered with NTS (out of district): R55 per event
- 8.5. Relay event for NTS registered clubs: R80 per relay
- 8.6. Relay event for clubs not registered with NTS (out of district): R100 per relay
- 8.7. Late entry fee (three times entry fee): R120/R165 per event
- 8.8. Late Late entry fee (ten times entry fee) R400/R550 per event.
- 8.9. Payment: All entry fees must be paid via the club. Swimmers are requested not to make direct deposits for the championships.
- 8.10. Entry fees are not refundable.
- 8.11. **No entries will be accepted without attached proof of payment of entry fees.**

## 9. Gala format and finals

- 9.1. The Championship will be swum in an 8-lane format.
- 9.2. Heats and finals will be swum in events; all swimmers are required to swim heats.
- 9.3. The 200m Butterfly, 400m IM, 800m and 1500m Freestyle will be swum as timed finals with only the top 8 seeded swimmers, swimming the finals in the evening. Other entries in these events will swim during the heats in the morning session.
- 9.4. Only the fastest 24 entry times will be accepted for the 800 and 1500 Freestyle events.
- 9.5. The 400m Freestyle will be swum as Timed Finals on the First evening.
- 9.6. A maximum of 2 out of district / province competitors will be allowed to compete in a final.
- 9.7. Scratching from finals must be made within **15** minutes after conclusion of the heats for the day.
- 9.8. Time Trials will only be accepted if approved by the Appeals committee. Application for Time Trials should be made in writing, properly motivated and submitted 24 hours in advance together with the R 400 fee.

## 10. Withdrawals

- 10.1. Withdrawals from heats must be made before 12:00, noon on the day preceding the event. Withdrawals made after this time as well as “No Shows” will be fined R100 per event. **The swimmer will not be permitted to compete further until the fine has been paid.**
- 10.2. Withdrawals from finals must be made within **15** minutes of the end of the heats session.
- 10.3. Withdrawals from timed final events must be made before 12:00 noon on the day preceding the event. **(Please note that withdrawals from the 400 Free must be made by 12:00 noon on Tuesday 03<sup>rd</sup> December 2019)**
- 10.4. Finalists not reporting will be fined R 400.00 per event **and will not be permitted to compete further until the fine has been paid.**
- 10.5. Withdrawals from finals after the closing times listed above will be accepted at R 200 per event.
- 10.6. If the referee deems a swimmer to have deliberately false started or not performing to the swimmer’s capabilities then the swimmer may be fined R400 and will not be permitted to compete further until the fine has been paid.
- 10.7. **Only accredited team managers may withdraw competitors**

## 11. Ceremonies, trophies and prize money

- 11.1. Medals will be presented during the finals to the top 3 swimmers in all 5 age groups.
- 11.2. Medals shall be awarded to NTS swimmers. Should an out of district / province swimmer place in the first three, the appropriated all comers medal will be awarded.
- 11.3. For swimmers aged 14 and older (Junior) the best male and best female performances in each of the age groups will receive a trophy. Only NTS registered swimmers will be eligible for trophies and prize money. The best male and best female performance is determined by using FINA points, and is calculated for a single event.
- 11.4. For swimmers aged 13 & younger (Guppies & Sub junior) the best male and best female performers (i.e. Victor and Victrix Ludorum) in each of the age groups will receive a trophy. Only NTS registered swimmers will be eligible for trophies and prize money. The victor / victrix ludorum will be the swimmer who scores the most points in each of these age groups.
- 11.5. The prize money will be:
- Guppies male and female: R300
  - Sub junior male and female: R400
  - Junior male and female: R500
  - Senior male and female: R600
  - Open male and female: R800
  - Endurance Events (15 & Under and 16 & Over) R 800
- 11.6. Opening Ceremony: Managers should instruct swimmers on respectful behavior during the performing of the National Anthem and opening speeches
- 11.7. Medal winners must present themselves in good time **and correctly attired in club gear**
- 11.8. Any medal winner who does fails to report for his/her medal presentation will forfeit his/her medal.



## 12. Club points scoring table

CLUB POINTS SCORING TABLE		
Place	Individual	Relays
1	14	28
2	10	20
3	7	14
4	5	10
5	4	8
6	3	6
7	2	4
8	1	2

## 13. Protests / Appeals

- 13.1. Protests / Appeals must be lodged with the referee as per FINA Rule GR 9.2 together with a R200 deposit, which is refundable if the appeal is upheld.
- 13.2. Appeals must be submitted within 30 minutes of the completion of the respective race. If conditions causing a potential appeal are noted prior to the race or competition an appeal must be lodged before the starting signal is given.

## 14. Starting times & Managers meetings



- 14.1. A Manager's meeting will take place on Wednesday, 4<sup>th</sup> December 2019 at 16h00. Clubs who are not represented at this meeting and who do not comply with the rules concerning entries will not receive any concessions.
- 14.2. Starting time for timed finals on Wednesday, 5<sup>th</sup> December 2019 is at 17h30
- 14.3. Starting time for heats is at 09h00 and finals at 17h00 on all other days, except the finals will start at 16h00 on the last day.
- 14.4. The pool will be available one hour before each session for warm up
- 14.5. An opening ceremony will be held on the second day at 16h40

## 15. Dash for Cash

- 15.1. A 50m Freestyle Dash for Cash will be swum again in 2019.
- 15.2. The Age Groups for the Dash will be junior i.e. 15 years and younger and senior i.e. 16 years and older. Male and Female events separately.
- 15.3. The top 16 ranked NTS swimmers in each age group mentioned in 15.2 above will be invited to enter.
- 15.4. Invitations will go out by Wednesday 13<sup>th</sup> November 2019, and swimmers will have to confirm their attendance by 12:00 on Wednesday 27<sup>th</sup> November 2019. Swimmers who do not confirm their attendance will not be entered into the Dash for Cash and NTS reserves the right to invite other swimmers to take their place.
- 15.5. Round 1 of 16 will take place after the Heats on Day 2 of the competition. The top 8 times in each event will advance to Round 2 of 8.
- 15.6. Round 2 of 8 will take place after the Heats on Day 3 of the competition. The top 4 times in each event will advance to Round 3 of 4.
- 15.7. Round 3 of 4 will take place after the Heats on Day 4 of the competition. The top 2 times in each event will advance to the final Round 4 of 2.
- 15.8. Round 4 will take place during the finals on Day 5 of the competition.
- 15.9. No points will be awarded for the Dash for Cash Events
- 15.10. Swimmers advancing to the next round wishing to scratch must do so by the start of the preceding session. I.e. Swimmers wishing to scratch from round 2, must do so by the start of the finals on day 2 (Round 2 takes place on day 3). Similarly swimmers wishing to scratch from the final round must do so by the start of the Heats on Day 5.
- 15.11. Should a swimmer scratch, the next ranked swimmer from the immediate preceding round will take that swimmer's place in the round.
- 15.12. Clauses 10.4, 10.6, and 10.6 above will apply equally to the Dash for Cash Events.

## 16. General

- 16.1. Only coaches registered with SSA or any other National Federation will be allowed on the pool deck.
- 16.2. Warm up procedures will be provided separately.
- 16.3. Lane 10 will be available for "swim down". Consult swim down rules. If abused, this privilege may be taken away.