TuksSport

TuksSwimming

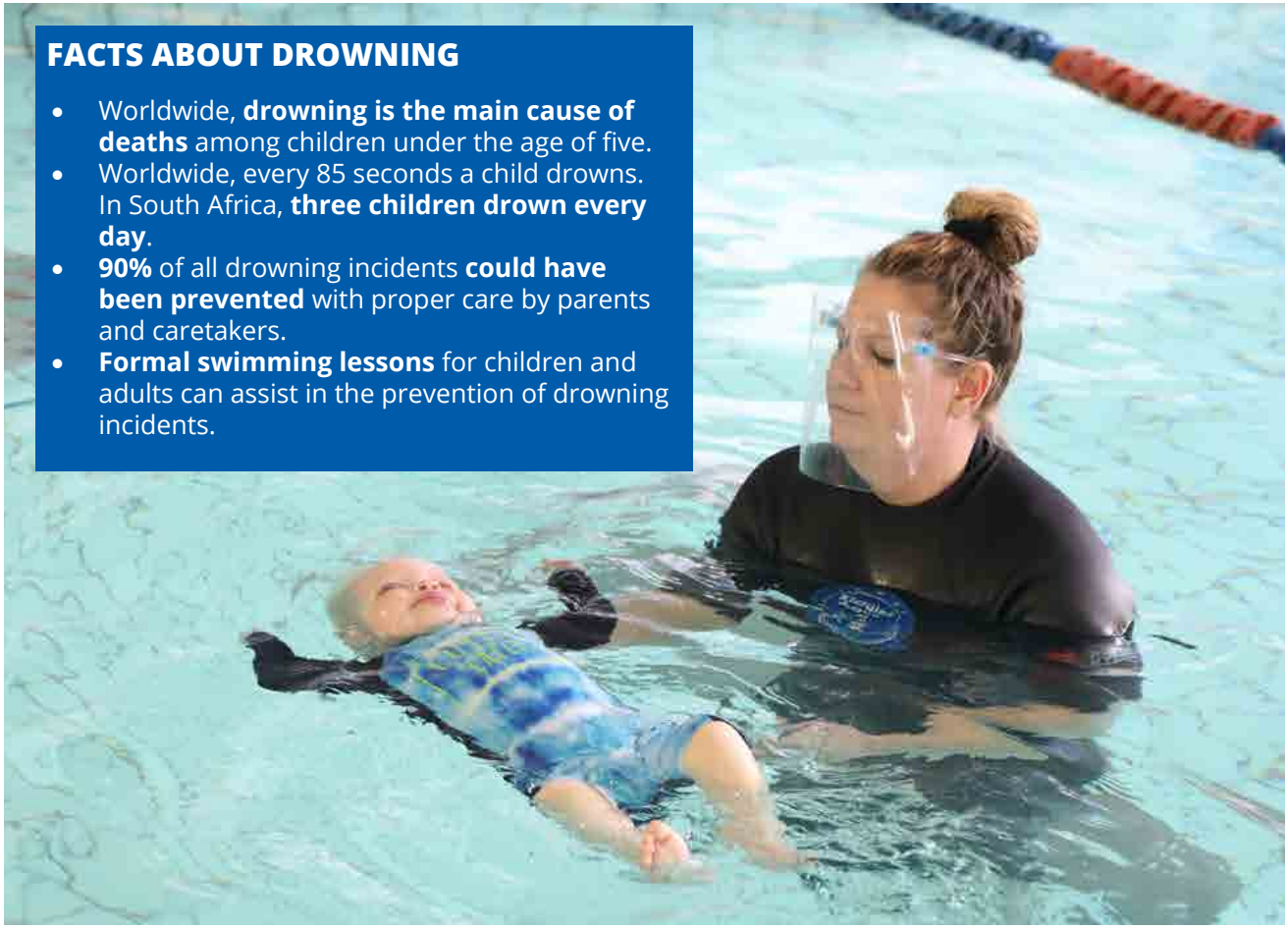
Lizette Botha (Co-owner and Head Coach) has a degree in Human Movement Science (UP). She also equipped herself further on the terrain of water safety for babies (6-24 months) through ***Les Bébés Amphibies* (Switzerland)** and also completed ***Swimming South Africa's "Learn-to-Swim"* programmes** for swimmers from ages 2-10 years. She served as *Swimming South Africa's* Liaison Officer in Mpumalanga and is also a Project Manager for the ***Princess Charlene of Monaco Foundation***. She also taught the Princess's baby twins (Prince Jacques and Princess Gabriella) and many other sports stars' and celebrities' children to be water safe and to swim.

Lizette has already taught more than **9 500 babies** to be water safe and **20 000 young children and adults** to swim since her career started in 1989. She is **South Africa's top Baby Floating Specialist** with accolades from *M-Net's Carte Blanche, Supersport* and *Kwêla* and *SABC's Top Billing* and *Pasella* doing programmes on her and her unique method. She also does regular public talks and seminars on water safety and water awareness for infants and toddlers.

Both her daughters were regularly included in South Africa's National Junior Squads when still at school and are currently studying and swimming on swim scholarships in the USA.

BACKGROUND

Kiddies Aqua Swimming Academy™ was established in 2011 by the current owners Lizette and Arrie Botha. They previously owned Aqua Kid Swim School in Nelspruit for more than 17 years before Lizette became the Head Coach at Ryk Neethling's swim school in Pretoria for three years. She is celebrating her 32nd anniversary as swimming teacher this year. Lizette and **Jean Fouace (Switzerland)** are the founder members of ***Amphibies Babies Africa™***. Jean is the pioneer and original developer of the Self-Rescue Water Safety Method for Babies in the world since 1967. ***Kiddies Aqua Swimming Academy™*** remains the largest swimming academy for infants and toddlers in South Africa. All three our franchisees, **Rhoné Reynders** (Alberton), **Maresa Scholtz** (Cape Town) and **Nandi Smit** (Centurion) completed a 400-hour training course through Lizette to qualify as Baby Floating Instructors.



FACTS ABOUT DROWNING

- Worldwide, **drowning is the main cause of deaths** among children under the age of five.
- Worldwide, every 85 seconds a child drowns. In South Africa, **three children drown every day**.
- **90%** of all drowning incidents **could have been prevented** with proper care by parents and caretakers.
- **Formal swimming lessons** for children and adults can assist in the prevention of drowning incidents.

OUR SERVICE OFFERING

- **Affordable, focused and quality swimming lessons** for infants (6-24 months), toddlers (2-6 years, older children (7-12 years) and adults (18 years and older)
- **Personal attention**
- **Individual one-on-one lessons** for babies,
- **Value for money**
- **NO administration or joining fee** (only a once-off small annual club fee at Tuks-branch)
- **Guaranteed progress or your money back**
- **Only three swimmers per lesson** (20min) per instructor
- **Beautiful-, modern-, heated indoor facilities with ample parking**
- **Highly qualified and experienced instructors** (graduates with various sports- and educational backgrounds)
- **FREE branded Kiddies Aqua swim bag and cap** at all branches
- **Month-to-Month Agreement**
- **All branches are Covid-19 compliant and approved by Swimming South Africa**

PROGRAMMES

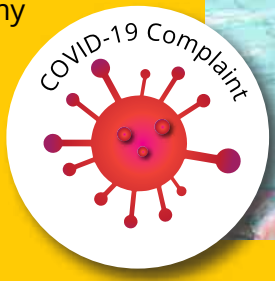
We offer the following programmes:

- **Self-Rescue Water Safety Courses for babies** (ages 6-24 months),
- **Learn-to-Swim- and swim readiness lessons for toddlers & older children** (ages 2-12yrs),
- **Stroke correction lessons for young gala swimmers** (any age),
- **Swimming- and stroke correction lessons for adults** (18-years and older),
- **Swimming lessons for Special Needs Kids** (any age).

Through all these various programmes and phases we still maintain **a strong emphasis on water safety and self-rescue.** We make sure each child is highly competent in a specific phase/programme before moving him/her onto the next phase. We follow a programme with a purpose and **allow each child to progress and develop according to his/her own ability.**

AFFILIATIONS AND OUR PEOPLE

The academy, its affiliates and staff are members of ***Swimming South Africa, Amphibies Babies Africa™*** and ***Les Bébés Amphibies*** **(Switzerland).** We strive to offer swimming lessons of the highest quality with our fourteen highly skilled and qualified instructors - mostly in the fields of Human Movement Science, Childhood Psychology, Teaching and Sports Science. These instructors also hold various national- and international certificates in teaching swimming to infants, toddlers, competitive swimmers and adults. These swimming lessons are presented at our indoor heated facilities in Moreleta Park and Hatfield (University of Pretoria – Indoor Sports Centre). The academy is in partnership with ***Tuks Swimming*** and the ***Princess Charlene of Monaco Foundation.***
We also have franchised outlets in Meyersdal (Alberton), Parklands (Cape Town) and Wierdapark (Centurion).



MONTHLY FEES

	PRODUCT/SERVICE	1x PER WEEK (4x lessons per month)	2x PER WEEK (8x lessons per month)
1	**Self-Rescue Water Safety Programme for Babies** (Baby Floating) (6-24 months)	**R725 p.m.**	**R1 200 p.m.**
2	Learn-to-Swim and Style Correction for Toddlers and Young Kids (2-14 years)	**R525 p.m.**	**R765 p.m.**
3	Special Needs Kids (any age)	**R750 p.m.**	**R1 000 p.m.**
4	Adult Swimming and Style Correction (any age)	**R600 p.m.**	**R850 p.m.**

NOTE: Discount fees are on offer for families with three or more members

CONTACT DETAILS

For more information you can contact anyone of our Client Care Coordinators at:

072 186 6660
1230 Esser Streets, Moreleta Park, **Pretoria**

076 392 4958
South Street, University of Pretoria Sports Campus, Hatfield, **Pretoria**

079 938 1455
52 Douglas Harris Drive, Meyersdal, **Alberton**

079 534 1545
195 Meyer Street, Wierdapark, **Centurion**

074 222 7235
34 Avonmouth Avenue, Parklands, **Cape Town**

Demonstration lessons can be arranged at anyone of our above branches.

WEB & SOCIAL MEDIA

Website: www.kiddiesaqua.co.za
Instagram: @kiddiesaquaswim
Facebook: KiddiesAquaSwim
E-mail: info@kiddiesaqua.co.za

HUGGIES Little Swimmers Disposable Swimpants

PRINCESS CHARLENE OF MONACO FOUNDATION SOUTH AFRICA