

FLY@UP

The *finish line* is **mine** because

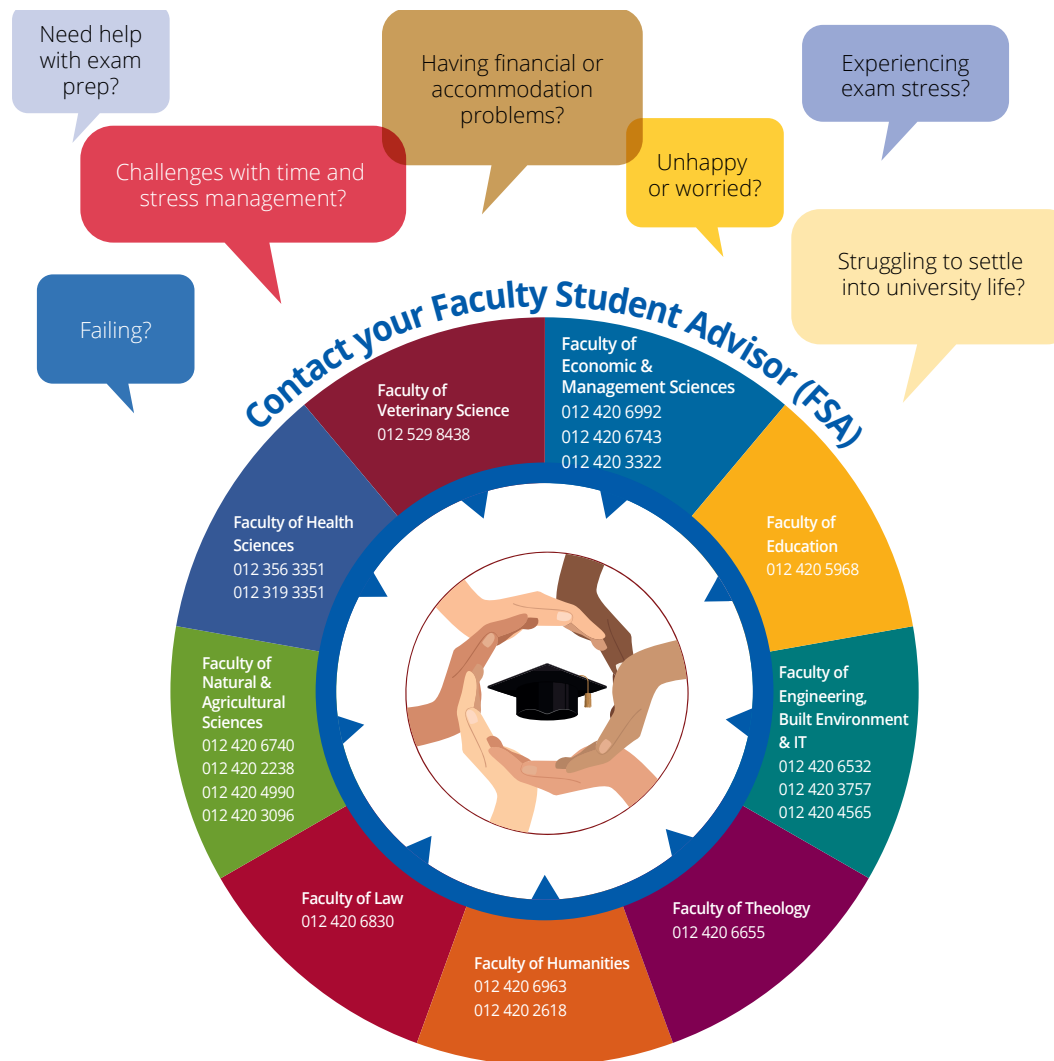
I believe that my Intelligence, Personality and Character can be continuously developed.

My true potential will be unlocked by:

- Learning and growing from past experiences
- Confronting uncertainties
- Embracing challenges
- Not being afraid to try
- Putting lots of effort into achieving my goals
- Viewing my current capabilities as a starting point

<https://www.up.ac.za/fly@up>

The Finish Line is Yours!



The services offered by the Faculty Student Advisors include:

Individual consultations and workshops on:

- Academic support • Goal setting & motivation • Adjustment to university life
- Time management • Study methods • Test / Exam preparation • Stress Management • Career exploration

<https://www.up.ac.za/advising>



Student Support THE UP WAY

Student Counselling Unit

Provides counselling, therapeutic support and career counselling to students.

012 420 2333

Email: studentcounselling@up.ac.za

UP Careline

Offers two 24-hour telephonic counselling and referrals to traumatised staff and students.

0800 747 747

Faculty Student Advisors

Offers academic support such as goal setting, time management, study methods, test and examination preparation and general faculty specific academic advice.

<https://www.up.ac.za/advising>

Student Health Services

Promotes and assists students with health and wellness.

012 420 5233/3423

Department of Library Services

www.library.up.ac.za

Whatsapp: 066 509 1285

E-mail: library.enquiries@up.ac.za

Ask a Librarian:
https://up-za.libanswers.com/form?queue_id=3933

Chat to a Librarian:
<https://univofpretoria.on.worldcat.org/chat/librarian>

Hours:
<http://www.library.up.ac.za/aboutus/hours.htm>

IT Helpdesk

012 420 3051

Email: studenthelp@up.ac.za

Department of Student Affairs

Enquiries concerning food, social activities and personal problems.

012 420 2371/4001

Roosmaryn Building,
Hatfield campus

Fees and Funding

<http://www.up.ac.za/enquiry>

www.up.ac.za/fees-and-funding

012 420 3111

For NSFAS: www.nsfas.org.za

0860 067 327

Green Route

Security Officers are available 18:00-06:00 to escort you (on foot) anywhere east of the Hatfield campus through to the LC de Villiers terrain. Departure point: ABSA ATM next to the Merensky Library. Phone the Operational Management Centre for more information.

Department of Security Services

24-hour Operational Management Centre

012 420-2310 / 012 420-2760

24 hour Operational Manager cell

083 654 0476

Crisis Line

0800 006 428

Disability Unit

Provides specialised services to students with disabilities.

012 420 2064

Room-14 Old Chemistry Building,
Hatfield campus

The Careers Office

Provides support for UP students and graduates as they prepare for their careers.

careerservices@up.ac.za

012 420 2315

Old Chemistry building,
Hatfield campus

Centre for Sexualities, AIDS and Gender

Identifies and provides training of student peer counsellors. The centre also conducts research on student sexual behaviour and designs preventative interventions.

012 420 4391