

LEARN THE UP WAY *Online*

My pledge to succeed THE UP WAY



Name and Surname	The one thing I learned during the lockdown period is...	My message of support to my fellow students
 <p>Patience Mufaro Nyaruwanga</p>	<p>Success is what you prioritise and what you put your efforts and passion into regardless of dire circumstances.</p>	<p>We continue to strive hard. When we go out of the pandemic, we will celebrate our resilience and educational success.</p>
 <p>Patrice</p>	<p>One thing I have learnt is that everything I have; every moment I spend with family, friends, and people should never be taken for granted. I will always make sure that I make the best of it in a way that I positively impact people's lives.</p>	<p>It has been a tough time for all of us. Sorry for the losses that you have experienced during this time of crisis. One thing I am sure of is that we will overcome this crisis together. Soon, I am sure that we will share our experience in person. Dear UP students and from all over the world, have courage, be healthy, take care of your families and you, we are in this together. We shall come back even stronger.</p>
 <p>Patrick</p>	<p>All crises come with opportunities.</p>	<p>No matter what, you need to stay focused on your goal. Despite the uncertainty and the sudden changes in your life as a student, remember that you are still privileged to be part of a great university that supports you. The COVID-19 crisis is an opportunity for you to thrive and be an anchor in your family and your community.</p>
 <p>Patrick</p>	<p>How to work from home.</p>	<p>Away from the campus does not reduce our responsibilities to continue working toward achieving our career goals.</p>

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 <p>Phillipo</p>	<p>If it's not tough, then there is no challenge and if there is no challenge, then there is no learning.</p>	<p>If it was easy, even beggars would ride, keep it the UP way.</p>
 <p>Philokuhle</p>	<p>The success of my fellow students is as important as mine. I have a social responsibility to extend a hand where I am able especially to those who are not as experienced as I am on online learning.</p>	<p>Human beings by design are meant to be in community. Even though the pandemic undermines this, we are still connected probably more than ever. Be a responsible individual who thinks beyond one's need, seek help where you see a need and mark your growth and successes even during this time. These are footprints that we will see when we look back into 2020.</p>
 <p>Phyllis</p>	<p>Letting go of negative thoughts is important and focusing on my end goals is where the focus should always remain. Do not give up easily over one obstacle and I should always give my 100%.</p>	<p>You CAN DO IT! This phrase is used a lot to encourage and support and many are tired of hearing it but once you've achieved it, you always repeat the words to yourself in disbelief and say I did it. There's no greater feeling than accomplishing your goals. So go for it and remain headstrong.</p>
 <p>Realeboha</p>	<p>Outbreaks brings equality to humanity.</p>	<p>Be part of the change not part of challenges.</p>
 <p>Reuben</p>	<p>Tenacity, discipline and self-management will keep you progressing in difficult times.</p>	<p>Keep your eyes on the goal of finishing your studies on time.</p>
 <p>Rhulani</p>	<p>Appreciating what I have and have achieved in life.</p>	<p>Work from your resources to move forward.</p>

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 <p>Rito Maluleke</p>	<p>That one needs to take responsibility in his/her studies as the lectures are conducted online, which is not a norm.</p>	<p>Remember, you have a future and your best days are ahead of you; sometimes the mountain you are climbing can obscure the view you are about to enjoy. Make Today Matter!</p>
 <p>Ronald</p>	<p>Sharing is caring.</p>	<p>We will emerge from this crisis re-energised, refocused and re-doubled!</p>
 <p>Ryan</p>	<p>Growth occurs in the face of adversity.</p>	<p>There is always hope.</p>
 <p>Saddam</p>	<p>Health is wealth.</p>	<p>We should be thankful for little things in life.</p>
 <p>Sarah</p>	<p>Take advantage of free online courses as they help with career profile enhancement.</p>	<p>Apart from studies. Learn a new skill or better yet improve an existing one. To expand your career profile.</p>
 <p>Shavonne</p>	<p>You have learned that no matter how far ahead you have your life planned out and no matter how much control you think you have over it; this pandemic has proved again that God is in control. He always has and always will be, during the good times and the bad times.</p>	<p>Take it day by day. Don't worry about tomorrow, tomorrow is not a given. Do what you can today, to the best of your ability. Conquer the day and trust God, knowing He is in control.</p>
 <p>Selso</p>	<p>Commitment.</p>	<p>Not all storms will last forever, surely God almighty has purposes for each of us, so let's stand together firm, and we will overcome this challenge.</p>

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Senamile	Introspection is crucial in one's life, one should have me time for introspection.	This too shall pass. Let's be safe and be true to ourselves. When all this is over, we shall become better people. When you feel like it's too much, get some help. Don't forget to pray. Someone out there cares and loves you.
 <p>Sicelo</p>	Keep safe, stay safe.	Always do your best, no matter the circumstances do not let the pressure make you panic.
 <p>Sinazo</p>	Stay positive and have faith in all situations.	Let us not lose focus, this challenge of COVID-19 and working at home is still reachable. Stay positive, switch off distractions, turn off social media for a few hours and get the job done. Your studies matter; your career or goals can also change people's lives. Let us work hard, at the end of the day we will enjoy the fruits and efforts of our hard work. IT IS ALL POSSIBLE!
 <p>Singatwa</p>	Reading more.	
 <p>Singita</p>	Life is precious and we shouldn't take any minute for granted.	Faith is having REASON.. We all have a reason why we enrolled and that means our faith still stands ❤️.
 <p>Sipiwe</p>	Tomorrow is not given, make today count.	Though our circumstances have changed, the goal remains the same. Let's adapt ourselves in order to still achieve our goals. Remember why you started 🤔😊

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 <p data-bbox="129 405 272 439">Siphosinhle</p>	<p data-bbox="331 219 863 286">Sometimes taking things one day at a time is enough.</p>	<p data-bbox="930 219 1461 696">These are uncertain times, so it's okay to feel down sometimes. And when you do take time from studying and engage in activities that will pick you up. Be disciplined in your studies, but don't study everytime give yourself time to rest and have fun, afterall, being a student is just a part of you, not who you are. Don't try and imagine how others are dealing with this situation that will only put more pressure on you. And remember you are not alone, talk to your friends and cry together if you have to that will always make you feel better.</p>
 <p data-bbox="153 1034 245 1102">Siyanda Mango</p>	<p data-bbox="331 846 576 880">Change is inevitable.</p>	<p data-bbox="930 846 1425 947">Let's adjust to the new forms and tools of learning remotely and that will be playing our part to flatten the curve.</p>
 <p data-bbox="129 1397 272 1431">Skhumbuzo</p>	<p data-bbox="331 1209 802 1276">You do not have to change but adapt to change.</p>	<p data-bbox="930 1209 1461 1608">We all have experienced some challenges in the past few weeks but here we are, still standing. This shows that we are stronger than the challenges we have come across. This shows the power that each of us possess, we are survivors. What should motivate you is the goal you're working towards, the reason you are a UP student. Focus on your goal/goals and everything will sort itself out. Remember that you do not have to change but adapt to change.</p>
 <p data-bbox="137 1928 263 1962">Stanislaus</p>	<p data-bbox="331 1740 834 1807">There is always a silver lining in every dark cloud.</p>	<p data-bbox="930 1740 1457 1807">Be strong, Stay safe and Remain positive. All will be well.</p>
<p data-bbox="137 2045 263 2078">Takudzwa</p>	<p data-bbox="331 2045 810 2112">To stay abreast with the latest news and notifications.</p>	<p data-bbox="930 2045 1441 2112">Just to hang in there and stay safe, there is life after Covid-19.</p>

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 <p>Talent</p>	<p>Be flexible and ready to make changes to achieve your goals.</p>	<p>The times and conditions are different from the usual, things may be difficult but we should not lose focus of our goals, let us make necessary changes and press towards the mark. We will always win the 'UP Way'. Many thanks to the University for the unwavering support in this difficult period!!!</p>
 <p>Tamsyn</p>	<p>To persevere and improvise... We can all adapt to changes quicker than we think :)</p>	<p>We're all in this together.</p>
 <p>Tembani</p>	<p>Students can still continue with their academic program while they're at home studying.</p>	<p>As a student you need to focus up until you have achieved what you've enrolled for.</p>
 <p>Terry</p>	<p>We are vulnerable at times but incredibly resilient.</p>	<p>Think about our future, visualize yourself living your life in this future and focus on what you have to do to achieve your vision.</p>
 <p>Thabile</p>	<p>Resilience and authenticity is crucial.</p>	<p>A dream delayed is not a dream denied, trust the process and complete what you have started.</p>
 <p>Thalia</p>	<p>Routines are important.</p>	<p>In these unprecedented times it is important to remain mindful, remain centered and remain consistent.</p>
 <p>Thandiwe</p>	<p>To appreciate the little things in life.</p>	<p>Life is what you make of it. What you put in determines what you will get out...</p>

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 Thandiwe	Is to stay at home, sanitize and wash hands for every 20 secs and boost our immune system and stay healthy.	SAVE ACADEMIC YEAR & SAVE LIVES & LIFT OUR ECONOMY!!!
 Thato	Worrying doesn't take away tomorrow's problems, only today's peace.	There will be times when you want to give up, that's when you are supposed to double down and give it your all.
 Thembinkosi	Adaptation is key.	"Education is the most powerful weapon which you can use to change the world" -NM
 Tlangelani Ngobeni	Change is inevitable and change is possible.	This too shall pass, we will overcome.
 Tlou	Things will change, so we must.	Be kind to self and everyone else.
 Tobie	Self discipline to keep on studying and family to support you will get you through the lockdown and your studies.	Stay focused and maintain your study schedule you followed before the lockdown.
 Tshupo	The importance of being a solution finder rather than sitting and idling, complaining about things not happening but becoming a solution to the current problems the country and the whole world is faced with by studying to become a better citizen.	Let's never give in even when times are tough because tough times never last, but tough committed individuals do.

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 <p>Tshopo</p>	<p>To continue learning and discover great opportunities of learning online.</p>	<p>Staying safe at these difficult times but continue to learn more to be better professionals after the Pandemic of Covid 19.</p>
 <p>Tshiamo</p>	<p>It's okay to feel uncertain about the future.</p>	<p>Do not be afraid of reaching out, it is okay to not be okay.</p>
 <p>Tshinangi</p>	<p>Self discipline.</p>	<p>Keep fighting for your dreams.</p>
 <p>Tsungai</p>	<p>To be content.</p>	<p>Be patient.</p>
 <p>Tumelo</p>	<p>We need to find ways to remain resilient during this time and in pursuit of our academic success.</p>	<p>These are definitely unprecedented times for us all as students, but let us find ways to cultivate the energy to continue working, and seek out help and support from those who offer and those who have excelled in your studies before. It will be harder for some, so let us also avail ourselves to those who may be challenged beyond our own experiences and form part of a supportive community that can help them lighten the burden in meeting their academic commitments.</p>
 <p>Tumelo Mapila</p>	<p>It truly requires discipline, and if you know why you started; it is easy!</p>	<p>No one is perfect but your sheer determination will make you stand apart!</p>