


















LEARN THE UP WAY *Online*







My pledge to succeed THE UP WAY



Name and Surname	The one thing I learned during the lockdown period is...	My message of support to my fellow students
 Farai	Online learning is possible.	Take online learning seriously.
 Fednand	To rely on God for protection and respect hygienic rules.	Since Coronavirus is so elusive and lethal at the same time, let us focus on combating it by praying for God's protection as we uphold medical hygienic rules. We also need to be kind to each other and avoid the temptation of associating coronavirus with stigma but instead be kind enough to encourage ourselves or/and our colleagues to visit medical facilities when we see some signs of being infected by Coronavirus.
 Francois	Ondersteuning van familie en vriende is krities noodsaaklik om jou studies by te hou.	Vind jou fokus; ontgrendel jou gedagtes; dinge word langsaam beter!
 Freedom	To be innovative.	It always seems impossible until it's done.
 Funmilayo	The place of FOCUS in overcoming disturbances.	You can do all things through Christ that strengthens you! We will come out of this refined and positioned for excellence.

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 <p>Funmilola</p>	<p>Next to Life is Health.</p>	<p>You can, never give up no matter how difficult it may seem.</p>
 <p>Gallous Asong</p>	<p>How to balance anxiety, hard work and happiness.</p>	<p>See the pandemic as an opportunity to personally disrupting yourself into your future dreams.</p>
 <p>Gene</p>	<p>Keeping a strict routine and focussing on finishing my degree on time.</p>	<p>This is a very trying period. Keep a strict routine as you would during the normal semester, sleep well, and stay healthy. Remember: anything is possible if you put your mind to it. You can do this!</p>
 <p>George</p>	<p>Adjusting to change and thinking positively despite the challenges.</p>	<p>Like all pandemics, this too shall come to pass...Lets fight on and continue working hard..There is a lot to be accomplished.</p>
<p>Godfrey</p>	<p>Consistency to finish up 9 books. That was a great feat for me.</p>	<p>Never forget why you're at UP. Stay focused. We're in this together!</p>
 <p>Goodness Zulu</p>	<p>That it is easy to be overtaken by lockdown anxiety and stress, leading to numbness towards your studies. I have learnt that despite this situation, I can rise above and take the lead and become the Captain of my own career aspirations. I solely depended on the God given inner resilience in me.</p>	<p>Rise and shine, in the midst of adversities.</p>
 <p>Halalisani</p>	<p>Anything is possible.</p>	<p>Let us look at the positive side of covid-19.</p>

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<p>Hetisani Humpfrey Gidja</p>	<p>There is no certainty in life.</p>	<p>Remain strong, as the world rotates, nothing will remain the same, there is bound to be change, even the situation we are in, it will definitely change.</p>
 <p>Hilna</p>	<p>Patience.</p>	<p>In structure there is normality. Create a programme, stay committed to that programme, focus, and you will succeed.</p>
 <p>Ibrahim</p>	<p>Reaffirmed my belief that every goal is achievable if we set our mind to it.</p>	<p>We can, and we will!!!!</p>
 <p>Idani</p>	<p>We cannot change the direction of the wind but we can adjust our sails to always reach our destination.</p>	<p>We will get through this time, we shall overcome.</p>
 <p>Innocent</p>	<p>The importance of staying connected with friends and family.</p>	<p>Never give up on your dreams.</p>
 <p>Itumeleng</p>	<p>That the world is changing at a fast pace and I need to either adapt to it or die. In adapting, I need to make sure to take care of me and my body because it's this body that will carry my success to the world.</p>	<p>Like the sun we will rise again to see a Covid 19 free South Africa. We can do it, we should not stop now. Nothing is impossible with God. Just stay focused and keep on pushing for the greatness that you possess.</p>
 <p>Ntiti Jacob</p>	<p>That my plans are not above God's plans but I need to plan anyway.</p>	<p>Continue to use this moment to equip yourself by reading more than you have done. Take care, stay safe, be well and keep the faith.</p>

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 <p>Jacques</p>	<p>Creativity.</p>	<p>There is light at the end of this tunnel.</p>
 <p>Jaffar</p>	<p>At times unexpected becomes the new normal and life has to go on especially with our studies and work however challenging it is, we just don't believe in backing off.</p>	<p>I encourage my fellow students to continue pursuing their dreams and that is by being committed to their respective studies.</p>
 <p>Jameo</p>	<p>Everyday is a new challenge, everyday we learn something new and every day we discover new talents to help us succeed despite difficult circumstances!</p>	<p>However unprecedented this new way of studying is, it is up to us to set a precedent that will be remembered for decades to come! Ours is to continue to pursue our dreams and commit ourselves to academic success no matter the difficulties that we face on a daily basis, the finish line can only be yours if you are committed to the race! Before you give up, remind yourself why you started and keep on pushing. We are in this together.</p>
 <p>Jima</p>	<p>God is always with me.</p>	<p>Trust God.</p>
 <p>Joey</p>	<p>To be at peace with myself, with my being, not my doing or titles etc.</p>	<p>We were created for such a time like this, let us embrace it, persevere through it and come out the other side with inspirational narratives that will inspire many others. We got this!</p>
 <p>John</p>	<p>I've learned to read and work outside the motivation of the library and the school setting. I've also learnt to work my way out of depression without depending on anyone, physical activity.</p>	<p>There's more to us than what we're dealt by the universe. It's your duty to explore the expanse to which your abilities can be reached. There are no obstacles too great nor limits too enormous for your abilities to subdue.</p>

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 <p>John-Paul</p>	<p>That we have so much potential that is unfortunately hidden in our pursuit for comfort zones.</p>	<p>Take this opportunity to discover the new you! Uncover those hidden talents! There is no other better time than now!</p>
 <p>Joseph</p>	<p>Tough times don't not last but tough people do. I learnt to treasure every moment in life.</p>	<p>Focus on the end goal and not what is happening currently and stay on course and we will conquer.</p>
 <p>Joseph Gatluak</p>	<p>Commitment is key to success, and therefore must be adapted to any surprise.</p>	<p>The World is full of surprises, and that, I believe, should never be a limitation to our individual and collective efforts to advance our knowledge of nature, its effective and safe harvest and making it a true friend.</p>
 <p>Joshua</p>	<p>To always follow your dream and plans no matter the circumstances holding you down.</p>	<p>Fellow students and colleagues, these are not normal times, however, we can achieve anything we put our minds to. Let's focus on the achievable and stay safe.</p>
 <p>Josias</p>	<p>My success and development is highly dependent upon my own efforts and ability to adapt to change.</p>	<p>Your future and destiny is in your hands, success was never going to be an easy journey.</p>
 <p>JP</p>	<p>With the right mindset, and open outlook, this can be harnessed as an opportunity to take on the new world that is unfolding.</p>	<p>With the right mindset, and open outlook, this can be harnessed as an opportunity to take on the new world that is unfolding.</p>

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 <p>Judith</p>	<p>To be confident to press on under any circumstances.</p>	<p>We have a dream about why we are pursuing our studies, so I urge everyone to focus on achieving the dream irrespective of hindrances along the way. Let us not be devastated by the Covid-19 instead view it as a stepping stone towards our sharper inheritance.</p>
 <p>Junia</p>	<p>Resilience to overcome challenges and motivated to look at life with a positive perspective.</p>	<p>No matter how hard it can be, always stand tall because failing is giving up before you have even tried, failure means a better chance at improving and excelling.</p>
 <p>Justin</p>	<p>Just being able to be around other people can help the varsity experience significantly.</p>	<p>Many people have faced similar or worse experiences and yet still persevered through it all to become a success. Who says we can't?</p>
 <p>Jwalane Martha Tshepe</p>	<p>Resilience and discipline.</p>	<p>Hang in there, this too shall pass.</p>