



UNIVERSITEIT VAN PRETORIA
UNIVERSITY OF PRETORIA
YUNIBESITHI YA PRETORIA

jt
Junior Tukkies

Career focus

2023 study year

Faculty of Health Sciences

Bachelor of Dietetics (BDietetics)

The BDietetics degree is a four-year, full-time structured and integrated programme that includes both theory and practical training. An outcomes-based and problem-oriented healthcare team approach in a clinical and a community environment is followed.

What does the programme entail?



The programme broadly comprises the following three areas of specialisation within the scope of practice:

Clinical dietetics (medical nutrition therapy) focuses on individuals' nutrition, either preventative in terms of lifestyle-related diseases or therapeutic in treating a disease. For example, a person with diabetes will have a specific diet that will be designed and monitored by the dietitian.

Community-based dietetics aims to educate and train communities or groups of people to improve their health through nutrition. An example of this is when communities are trained about the food, they need to maintain a healthy lifestyle. Should they not have access to those foods, they are trained to acquire the necessary nutrition, for example, by growing the right types of vegetables.

The management of large-scale food service units, where clients' nutritional needs are considered when planning regular and therapeutic diets of high quality. The effective delivery of this professional service requires scientific knowledge of the following:

- Foods and nutrients
- The nutritional needs of ill and healthy people
- The biochemical and physiological foundations of nutrition
- The role of nutrition in the cause, progress and management of diseases
- Nutrition education and counselling

Who is the ideal candidate?



- Candidates who want to understand and use scientific methods in preventing diseases
- Candidates who enjoy empowering people through scientific knowledge

What makes this programme unique?



This degree is internationally recognised. Graduates register with the Health Professions Council of South Africa (HPCSA).



Which companies employ our graduates?

- Department of Health (DOH)
- Food manufacturers (eg Kellogg company)
- Pharmaceutical companies
- World Health Organization (WHO)
- World Food Program (WFP)
- UNICEF



'If you do what you love, you'll never work a day in your life' — Marc Anthony

'I can certainly relate to this quote from the last three years of working as a dietitian. There is something so beautiful about being a dietitian in that we can work with any person in the world. We all need to eat, and we all need to look after our health. What we eat plays a massive role in that. From working in the community, working in hospitals and working in my private practice currently, it has been a wonderful experience to see the impact we as dietitians make.

I really enjoy my work because every person I work with is different as we need to look at their specific situation, needs, and goals. From breastfeeding, medical nutrition therapy in hospitals, weight management, eating disorders, food allergies, gut health issues, cardiovascular disease, and sports nutrition—I love it all!

I had a phenomenal four years studying dietetics at UP. If you love people and nutrition and can see how it can change the world one bite at a time, then dietetics may just be for you.'

Jason van Heerden – Bachelor of Dietetics (BDietetics)

Career opportunities



Minimum admission requirements for NSC/IEB

Programme	Minimum requirements for NSC and IEB for 2023			
	Achievement level			APS
	English Home Language or English First Additional Language	Mathematics	Physical Sciences	
School of Healthcare Sciences				
Bachelor of Dietetics (BDietetics) [4 years] Closing date: 30 June	4	5	5	28

For advice on a second-choice programme, please consult a Student Advisor. To make an appointment, send an email to carol.bosch@up.ac.za.

Selection is based on a candidates' final Grade 11 examination results.

Career: Dieticians

Minimum admission requirements for qualifications other than the NSC/IEB

For qualifications not indicated in the table below, refer to the conversion table in the brochure: *2023 Undergraduate programme information - Qualifications other than the National Senior Certificate (NSC) and Independent Examination Board (IEB)* at www.up.ac.za/programmes > Undergraduate > Admission information

Programme	Minimum requirements for 2023									
	Achievement level									
	Compulsory subjects	IGCSE/ LGCSE/ BGCSE/ SGCSE/ GCSE/ NSSC OL/ O Level = Gr 11*	AS Level	IB SL	IB HL	HIGCSE/ NSSC HL	KOMBI ABITUR	CGCE UCE NECO WAEC ZIMSEC O Level = Gr 11*	CGCE UACE WAEC ZIMSEC A Level	KCSE
Bachelor of Dietetics (BDietetics) Will only be considered as a first study choice.	English Mathematics Physics Chemistry	D C C C	D C C C	2 4 4 4	2 3 3 3	3 3 3 3	50-59% 60-69% 60-69% 60-69%	D C C C	E E E E	B B+ B+ B+

* This level cannot be used for final admission alone. The compulsory subject requirements as indicated in the above table must be on A Level and/or AS Level for final admission before registration. Provisional selection is based on six IGCSE subjects. Final admission is based on two IGCSE and four A Level or AS Level subjects. The compulsory subjects as indicated in the above table, must be on A Level or AS Level.

Email healthapplications@up.ac.za



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