



TuksSport Annual Colours & Awards 2024



PROGPRAGME

Word of Welcome

Prof Carolina Koornhof

Executive Director

National Representatives

Nicola Macleod

Deputy Director TuksSport

Word from the VC

Prof Francis Petersen

Vice-Chancellor and Principal

Awarding of Colours

Makgotso Thobejane

TuksTennis

Student Sport Awards

Reabetswe Pooe

Chairperson Student Sport Committee

Male Structure of the Year

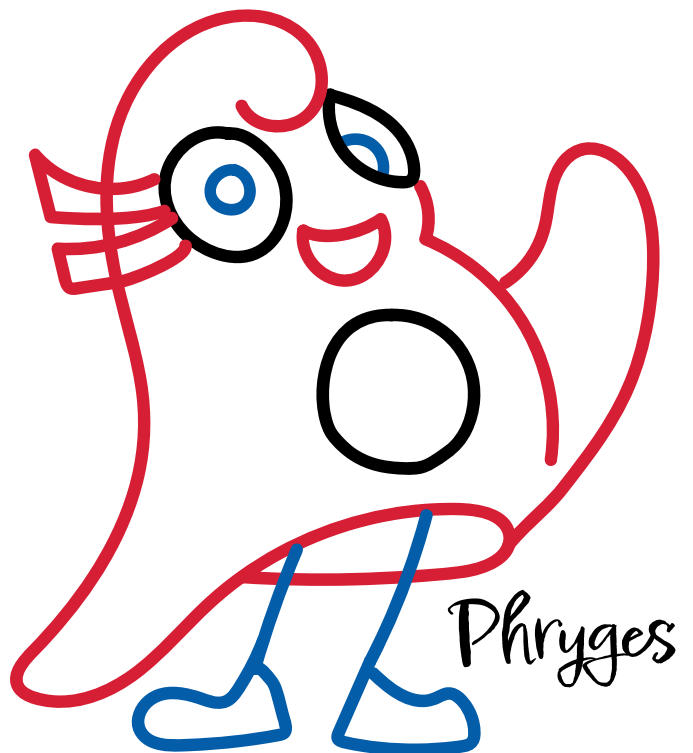
Female Structure of the Year

Mixed Structure of the Year

Inclusivity Award

Best Spirited Award

General Committee Member of the Year



Annual Awards

Steven Ball

Director TuksSport and
CEO (acting) hpc

Student Administrator of the Year

Administrator of the Year

Sport Team of the Year

Sport Personality of the Year

Newsmaker of the Year

Bestmed Student Sportswoman
of the Year

Bestmed Student Sportsman
of the Year

Special Awards

Student Sport Club of the Year

Sport Club of the Year

Coach of the Year – Individual Sport

Coach of the Year – Team Sport

Principal's Award for Exceptional
Performance in both Academics and Sport

Bestmed Sportsman of the Year

Bestmed Sportswoman of the Year



STEVEN BALL

Director: TuksSport

To say that TuksSport has had one of its best performance years would potentially be perceived as arrogant, however I would humbly argue that we would not be far wrong. We have been fortunate to have a year where we were able to place our definitive stamp on the sporting arenas across the country and international stage by our student-athletes, coaches and clubs. The fact that in a year that sport celebrates 115 years of existence at UP, is a significant milestone. We have been reminded of our impact within our university community, the city, all whilst contributing to the national agenda of our country. Our vision of being the leading sports programme in Africa, being based at a university that's reputation and footprint of excellence is internationally recognised while being locally relevant, continues to remain tangible.

Student-athletes will remain the bedrock of our focus. We need to continue creating and providing platforms for students to succeed academically and on the sporting fields, courts, pools, ranges and in the arenas of play. We continue to remind ourselves that opportunities to compete at the pinnacle of their sporting abilities, but to also graduate with qualifications, place them in the market to be active citizens and contribute actively to our economy, society as a whole and make our country and the continent one of value. And it's not only about the high performers and first teams, but also the thousands of UP students participating in our various campus leagues as part of our recreational offerings.

As our student-athletes, elite and junior performers have continued to represent the #StripeGeneration with excellence at all levels of the sporting spectrum, we have continued to drive a conversation and environment that promotes the tough balance between academic and sporting demands. During the 2024 graduations, more than 270 student-athletes graduated across all faculties. Large numbers, often significant percentages of the teams, of current student-athletes, club members and Alumni represented various Team SA Student National teams at the CUCSA Games, FISU World University competitions and international meets, such as the Olympic and Paralympic games.

We continue to appreciate what it required to perform at the highest levels through our high performance programmes, dependent on coaches, science, medical and administrative staff that often operate in the shadows. This is supported by key support services, such as facilities staff that at all hours provide support, guidance and quick assistance. It is

built on people across the University structures that believe and support sport at UP, who understand and buy into the power that sport can bring to an institution. We continue to appreciate our UP Executive, the Deans of Faculties, Heads of academic Departments, and lecturers, along with central administration colleagues who provide support and understanding when these student-athletes need to compete for the university or internationally. Performance is far greater than one person, one team, one entity. So having a sport system is far greater than simply winning and losing. It's about the support behind the scenes when no one is watching, in the early hours, the late dark cold nights, in the lecture halls, the offices, the cleaning and the cutting of the grass to create a safe nurturing environment for success.

Our success will be largely dependent on identifying, initiating and growing partnerships between entities that have similar visions. Through alignment between the key entities, we can collectively shape, form and build the reputation of the City, University, TuksSport and the hpc as destinations of choice. TuksSport has actively sought future-oriented partnerships and collaborations, that we believe will help achieve a long-term sustainable implementation of the vision. We will continue to acknowledge various partners which include our sponsors, such as BestMed, whom over many years have continued to provide funds toward our sport science and medical support of our athletes, along with student-athlete bursaries. It's our Sport Science and Medical partners, in SEMLI, it's about individuals, companies and like-minded entities that through investments actively contribute to our successes.

The conversation around our overall sustainability will continue to remain as a central drive within our UP Sport Ecosystem, as the cost of sport has continued to grow. Never losing sight of our purpose, through our performances and mission will be crucial. We will continue to implement and unpack our strategies within the various entities of the sporting offering, through our governance focus, optimised operations, sound financial controls and improved spending strategies.

We believe that sport is a vehicle to a world-class education along with a platform where in future the societal impact posts their sporting careers will be even greater. Through our vision and mission, a purpose driven sport system at UP can continue through our operations, offerings and activities, presented within our various sport entities. Our total package is not the norm seen both in other universities in South Africa and amongst our global competitors. As sport at UP we actively contribute in significant ways to a transformed and equitable landscape as an integral part of the DNA of our institution at large.

Organisational effectiveness, efficiency and stability will remain a key fundamental in our space, learning from the past, and leaning on our rich history, our heritage, the brand and diversity of our community at large. We continue to be positioned in a space of influence, which when applying an active citizenship mindset, places us in a place of great responsibility. Which we will never take lightly as we all shall #LeaveOurStripesInABetterPlace and have the honour of #EarningOurStripes.



CITATIONS OF AWARDS

Student Administrator of the Year

HLULANI Mawila

Hlulani Mawila is a final year BEd Intermediate phase student. Over the course of a number of years, she has served on various leadership structures within UP.

Having served on the Student Sport Committee, she was an advocate for inclusive programmes such as Goalball and Braille Chess, and together with the SSC, made a significant impact, ensuring sports opportunities are accessible to all students across campuses.

In 2024, she was selected, through her passion and drive, to be a member of the Temporary Student Committee (TSC), normally the SRC, serving on the student representative council responsible for External Campus Affairs, Facilities and Sports. Hlulani was an active and vibrant support of our various student competitions, serving, mobilising and supporting our teams and events.

Always present at Varsity Shield and Varsity Football events, she also made her way to support our USSA UP-Tuks1 teams whilst competing in July. With her efforts and support, the club hosted its second braille chess tournament in 2024, with support from the International Braille Chess Federation President.

Despite having a large portfolio on the TSC, which normally is subdivided, she persisted in supporting the efforts within the SSC, TuksSport and across the various other key responsibilities she had.



Administrator of the Year

GERT ANDRIES van der Merwe

TuksRugby

Gert-Andries van der Merwe joined UP as a student in the early 2000s, studying law while pursuing his playing for TuksRugby. Narrowly missing out on a hundred caps during this time, he moved on to play professionally for the Lions in 2010.

In addition to managing a successful law firm, along with a sports agency for many high-profile springbok players, he served on several volunteer committees over the years, including more recently as the chairman of TuksRugby. Since taking on the role of chairperson in 2019, having previously served as vice-chair of the club, he consistently prioritised the club's interests, often at a personal cost.

He represented the club on various Blue Bulls forums, and throughout those years, he discreetly leveraged partnerships to support the team without seeking recognition for the efforts. As chairman of TuksRugby, Gert-Andries van der Merwe believed that if everyone is moving forward together, success takes care of itself.

He remained committed to the club during challenging times, both at Tuks and within the Bulls' structures. Always willing to assist, he embodies the true spirit of being a Tukkier.



Sport Team of the Year

TuksCricket

TuksCricket's men's first team has consistently demonstrated excellence, winning numerous titles in each and every season. In April 2024, as part of a brilliant season, they clinched the CSA National Cricket Club Championships in a decisive match held at our UP-Tuks Groenkloof Oval. Interestingly, the same two teams faced off in the USSA National Championships final in Cape Town in December 2023, where Tuks had also emerged victorious. This season's performances have been compared to the heroics of 2018 and 2019 when Tuks won every competition they entered.

Winning trophies has become an integral part of TuksCricket's identity, and this past season was no exception. For the first time, TuksCricket won all five tournaments they competed in, marking a remarkable achievement. Such success is not accidental; it is the result of countless hours of hard training and meticulous planning. Achieving this level of excellence requires the collective effort of players, coaches, administrators, and support staff.

Although some senior players may be nearing the end of their time with the team, they have laid a strong foundation for the new, young, and upcoming players, ensuring future success in the seasons to come.



Sport Personality of the Year

Libbie Janse van Rensburg

TuksWomensRugby

Libbie, an UP Alumni, achieved a unique feat of playing for the Springbok Women's 15s throughout the year. She came back after a potentially long-term injury to be selected for the BlitzBok 7's team for the Paris 2024 Olympic Games.

This was the first time they had represented SA at an Olympic Games. Being on both teams shows her impact in the sport and versatility.

In October 2023, she was named TuksRugby player of the year, the first time a female rugby player had won the award in the club's 100+ year history. In March 2024, Libbie was named Springbok Rugby Women's Player of the Year by SA Rugby.

In her recent test matches for the Springbok women's team after the Olympics, Libbie became the first Springbok woman to score 200 test points in international rugby.



Newsmaker of the Year

TuksSwimming

TuksSwimming has become renowned for swimming stories of excellence through the dedication of the entire club. More so for the successes achieved not only at the elite level but throughout the entire development pipeline of its programme, much has been written about. Owing to the determination and efforts of many coaches and swimmers who have cultivated a competitive training environment, TuksSwimming proudly contributed five of the eight Olympians that represented Team South Africa at the Paris Olympic Games.

The successes of the swimming programme has earned widespread recognition. A number of our elite swimmers, along with the club and their coach, were featured in articles and interviews, along with an MNET documentary series titled *Outside Lane*, which followed this generation of South African champions and their coach in the lead-up to the Paris Olympics. The series provided a behind-the-scenes look at the dedication and efforts needed to reach such a prominent level of performance in sports.

The entire TuksSwimming community, including head coaches, assistant coaches, administrative staff, parents, and officials, collectively contributes to what is now being recognised as South Africa's "pool of gold."

The concept of the "outside lane" in swimming symbolises the challenging position the programme faces, a metaphor associated with racing in the lower-seeded lanes in competitions. TuksSwimming has chosen to rise above these limitations, proving itself as a force to be reckoned with on the global and, most definitely, local stages. The belief they have developed that 'if you have a lane, you have a chance' permeates throughout.

Today, people are talking about TuksSwimming as national champions that become world-beaters and, in so doing, making an impact in the world of swimming from within the African continent.



From Paris with Love

Bestmed Student Sportswoman of the Year Finalists

ERIN Gallagher

TuksSwimming

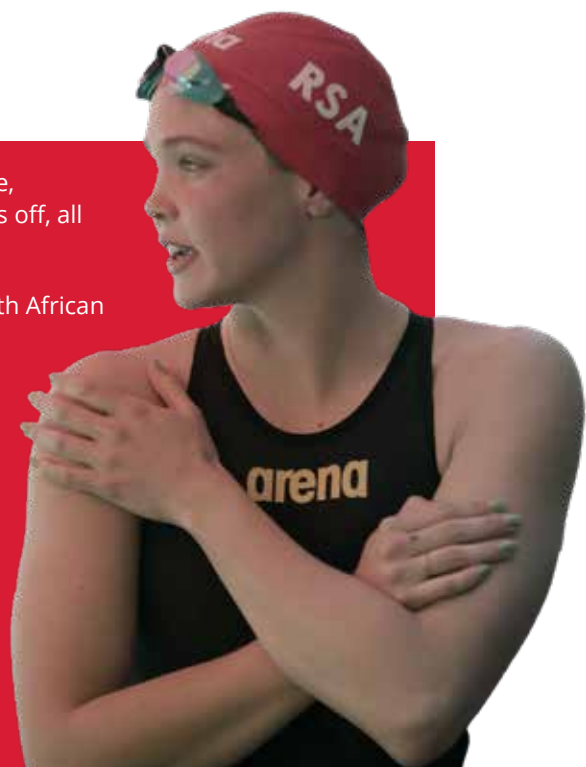
Erin Gallagher, a BSc student in Geography and Environmental Science, continues to show that her dedication to long hours of swimming pays off, all while managing the challenges of being a student-athlete.

At the South African Championships, Erin set both an African and South African record in the 100m butterfly, clocking 57.32 seconds.

In the same meet, she also set a South African record in the 50m butterfly, finishing in 25.59 seconds, which ranks as the ninth fastest time in the world over 50 metres.

At the World Aquatics Championships in Doha in February 2024, Erin narrowly missed a medal in the 50m butterfly, finishing in fourth place—just 0.02 seconds off the podium.

Having qualified for the Paris Olympic Games, she competed in the 100m butterfly event, where she reached the semi-finals and finished 14th in the world, marking a significant improvement from her performance at the Tokyo 2020 Olympic Games.



KARABO Mailula

TuksAthletics

Karabo Mailula, a BEd student, had an outstanding year, highlighted by her victory at the FISU World Cross Country Championships in Muscat, claiming the Gold Medal.

For her consistent efforts, she was selected and represented South Africa at the World Cross Country Championships in Belgrade, earning her full Protea colours. Contributing to the TuksAthletics USSA Athletics and Cross Country medal-winning performances, she was key at the two USSA Championships; she secured a second place and silver in the 10,000 metres at both the South African Athletics Championships and the USSA Championships. She also finished second in the 5000 metres at the USSA Championships and won a silver medal at the South African 10km Championships.

Karabo set personal bests this season, clocking 16:43.34 in the 5000 metres—65 seconds faster than last year—and 33:58.85 in the 10,000 metres, improving her time by over three minutes.



KAMOGELO Maseko

TuksNetball

Kamogelo Maseko, a BA Humanities student and captain of TuksNetball, has continued to lead from the front on the court of play.

She was part of leading the TuksNetball team to victory at the USSA Tournament in July 2024 at UJ, distinguishing herself as a playmaker and leader.

As part of the Gauteng Jaguars team, being the co-captain of the team at the Telkom Netball League in 2024, she helped guide the team to the finals and claim the silver medal.

Her performances over many years was acknowledged in October 2023 when she represented the Proteas in a test series in Australia, claiming the MVP award in one of the matches against the world's best. Kamogelo consistently earned Player of the Match awards during the Varsity Netball Tournament and the Telkom National Netball League.



EDITH Molikoe

TuksHockey

Edith Molikoe, a fourth-year BEd student, has consistently proven her ability from within the TuksHockey programme, and led to senior provincial and national selection consistently.

Edith is now a 2 time Olympian, having represented Team SA at the Tokyo and Paris Olympic Games. As a versatile hockey player she has represented South Africa in both field and indoor hockey.

She competed for South Africa in the African Hockey Road to Paris qualifiers in October, hosted on the TuksHockey Astro, where they secured Olympic qualification. Edith was also selected to represent Team SA at the 13th African Games in Ghana in March 2024.

Her selection extends to the national indoor team. As a key midfielder in any team, wearing the candy stripe or the green and gold, her impact is felt.



Bestmed Student Sportsman of the Year Finalists

EDMUND du Plessis

TuksAthletics

Edmund du Plessis, a fourth-year medical student, has been a key team member of the TuksAthletics USSA Athletics and Cross Country national championships respectively, earning multiple medals. He set a new personal best of 1:44.22 in the 800 metres, nearly three seconds faster than his previous time, and retained his title as the South African champion for the second consecutive year.

Throughout the year, he continued to show great performance and time improvements, ultimately seeing him qualify for the Paris Olympic Games. Competing in the 800 metres at the Paris Olympic Games, he narrowly missed a spot in the final by 0.17 seconds. This was his first appearance at the Olympics, and he only began competing internationally this year.

Despite his novice status, Edmund has achieved impressive results, winning four of the nine international races he competed in, with two second-place and one third-place finish.



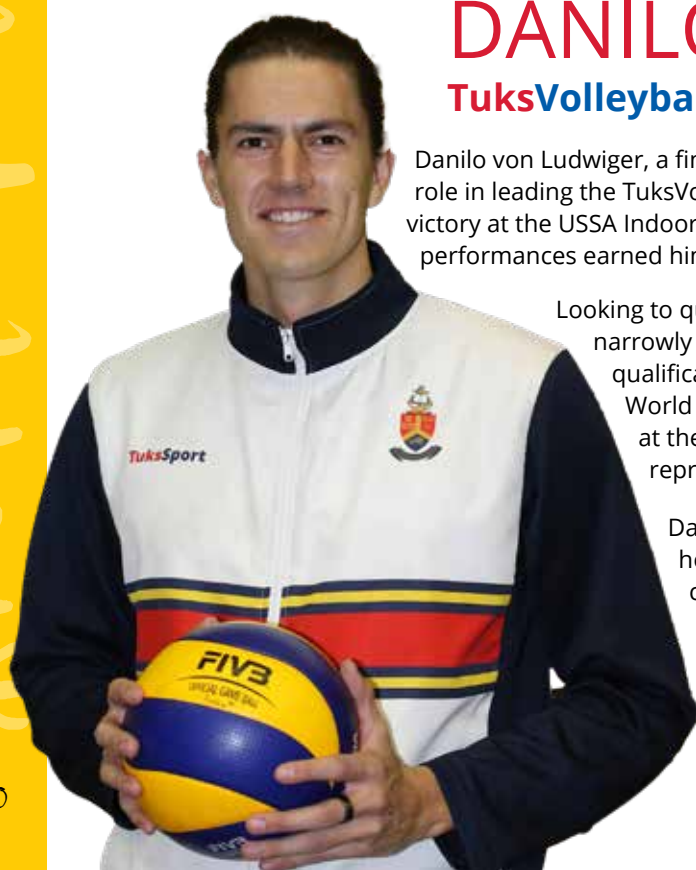
DANILO von Ludwiger

TuksVolleyball

Danilo von Ludwiger, a final year (sixth-year) medical student, has played a pivotal role in leading the TuksVolleyball men's team over many years, which led to victory at the USSA Indoor Volleyball Championships in Polokwane in July 2024. His performances earned him title of Most Valuable Player of the Tournament.

Looking to qualify for the Paris Olympic Games, he and his partner narrowly missed out. Despite just missing out on an Olympic qualification, Danilo secured a spot to compete at the 2025 World Championships in Australia, through their 3rd place finish at the African Championships in Morocco this year. He also represented Team SA at the 13th African Games in Ghana.

Danilo represented Team SA at the CUCSA region V Games hosted by UP, where they claimed the Gold. As his final competition as a student for Tuks approaches at the USSA Beach Volleyball Tournament, his aim is to secure another gold medal.



CALVIN Davis

TuksHockey

Calvin Davis, a third-year BCom Marketing Management student, captained Northerns to victory at the Under-21 Provincial Hockey Tournament, earning the Player of the Tournament award for his outstanding performances.

His efforts led to his selection for the Proteas men's team to compete at the Paris Olympic Games, where he showed great composure and performance, considering it was amongst his first few National caps.

This national call-up follows his previous representation of South Africa's under-21 side at the FIH Junior World Cup in Malaysia in December 2023.

During the USSA National Hockey Championships in July 2024, just prior to the games, he captained the UP-Tuks 1 men's side, leading the team to the Gold medal performance.

His performance earned him men's player of the tournament.



KYLE Cyster

TuksRugby

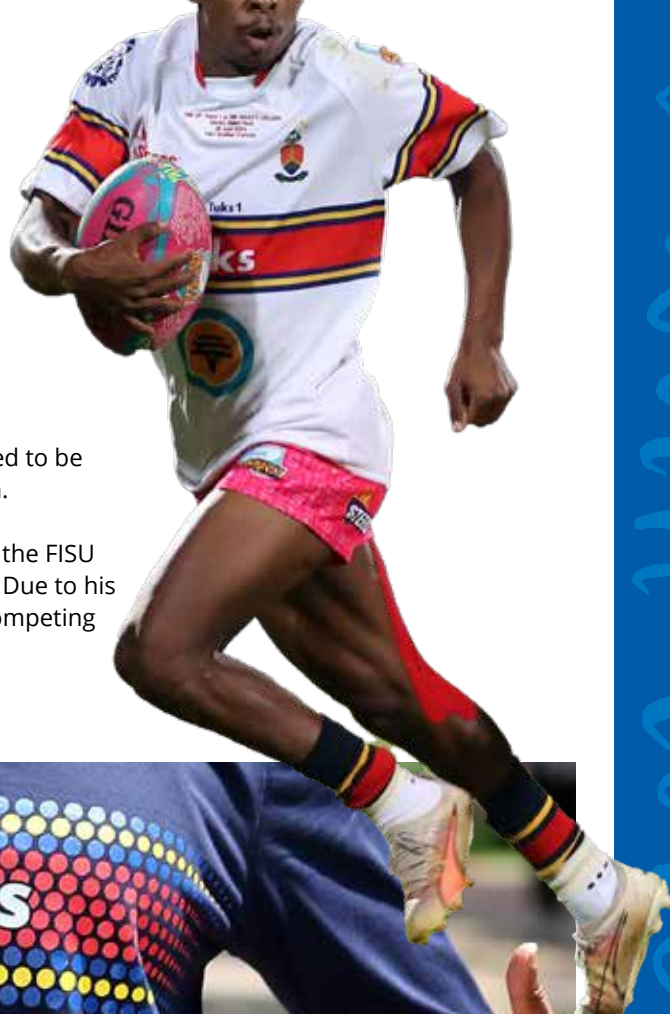
MPhil Strategic Management student, Kyle Cyster has demonstrated his exceptional skills and determination on the field.

He played a crucial role in Tuks' success in the Varsity Shield Tournament ensuring promotion back to the Varsity Cup in emphatic style.

As a key play maker, despite the 15's performances he proved to be crucial during the UP-Tuks victorious USSA Sevens campaign.

Cyster was selected for the South African student's team for the FISU World University Championships, where they claimed silver. Due to his performances he received his BlitzBok 7's academy callup competing in the Rugby Africa Sevens Series in Mauritius.

He also made his Currie Cup debut for the Griffons.



Student Sports Club of the Year

TuksSquash

TuksSquash has proven over the past year that with student commitment, combined with the support and drive of coaches and staff, outstanding performances can be achieved. With a club focused on students, and driven through the consistent efforts of the leaders within, the club has shown great initiatives, along with performances.

At the 2024 USSA National Championships in July, TuksSquash claimed victory in the overall team competition. In the women's division, Helena Hudson and Lara Patrick secured the gold and silver medals, respectively. Additionally, in the men's division, Connor Earl was recognised as the most promising player of the tournament. Thanks to their camaraderie and spirit, both on and off the court, the club was honoured with the Mike Gardner Award for the team that displayed the best spirit.

This year, three athletes and one coach were also selected for the South African student team at the FISU World Championships, held in Johannesburg in September, representing our institution and country with pride.

Several students, who also hold senior leadership roles within the club, were selected to represent their province at the national inter-provincial tournaments in Cape Town. Additionally, emerging young talents from the club participated in the World Junior Championships in Texas.

The students' efforts in areas such as social media, league coordination, and organising of events illustrate how focused and driven students can elevate the performance and success of a programme with the support, guidance and help of efficient club administrators and coaches.



Sport Club of the Year

TuksFootball

TuksFootball has demonstrated some exceptional performances across its entire development and performance pipeline. What makes this club unique is its comprehensive programme, which ranges from under-seven football to a thriving academy in the TuksSport High School, continued highly competitive student teams, a vibrant campus league (with more than 50 teams), AmaTuks, who compete in the men's national first division and our senior ladies in the Hollywood Bets Super League. AmaTuks finished a commendable second place in the playoffs this year, marking the second time in three seasons that they have secured a top-two finish along with the PSL playoffs—an impressive achievement. In their debut season, the women's team competing in the Hollywood Bets Super League finished in a respectable sixth position.

The club's size, scale, and extensive programme offerings make it one of the most comprehensive football clubs in South Africa and across the African continent, with youth development and performance academies while integrating students and professional setups.

In December 2023, TuksFootball achieved remarkable success at the USSA National Championships, where, for the first time, the women's team claimed the USSA title. This historic achievement marked the first occasion that our institution has won both Men's and Women's titles in the same national tournament.

Through its clinics, recruitment initiatives, academy programmes (90 + players, and junior development (350+ players) pathways, the club continues to nurture young footballers who often go on to represent national junior teams and become great performing student footballers, with many securing professional contracts.



From Paris with Love

Coach of the Year - Individual Sports

ROCCO Meiring

TuksSwimming

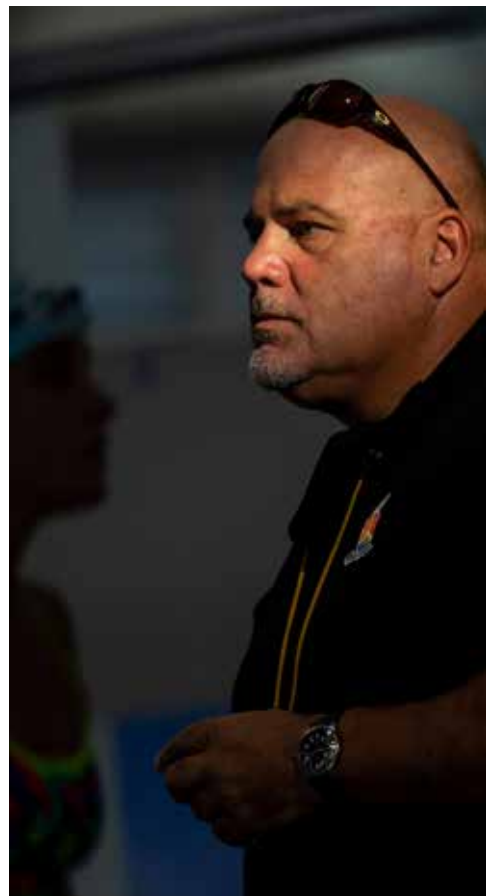
UP alumnus and TuksSwimming head coach Rocco Meiring is widely regarded as one of the most strategic coaches in any sport in South Africa. Over the decades, he has built a wealth of experience through his coaching methodologies, consistently developing swimmers who are selected for international teams at the senior and junior African Championships, World Championships, and the Olympic Games.

Rocco guided five of the eight South African swimmers to participate in the Paris 2024 Olympics. Through his visionary leadership and focused efforts, he led these athletes to deliver outstanding performances.

Tatjana Smith won gold in the 100m breaststroke and silver in the 200m breaststroke at the Games, while Kaylene Corbett reached the final of the 200m breaststroke.

Pieter Coetzé advanced to the finals of both the 100m and 200m backstroke events, and Erin Gallagher reached the semi-finals in her events.

Rocco has a talent for coaching swimmers to regularly break African and South African records. Under his guidance, TuksSwimming also won the USSA Championships for the sixth consecutive time, albeit he will be first to admit that these performances are not his alone but also all the coaches who spent many hours with him on the pool deck nurturing the talented swimmers to great performances.



Coach of the Year - Team Sports

NOMBUSO MAUD Khumalo

TuksFootball - Women

Under the guidance of Coach Maud Khumalo, the TuksFootball women's team won the USSA 2023 National tournament for the first time in December 2023. A first for UP-Tuks. She also guided the Hollywood Bets Super League team to finish a respectable 6th place in the 2023 season, being their 1st season in the semi-professional league and continued to hold their strength throughout the second season.

Coach Maud Khumalo, due to the performances of the players and teams she coaches, was selected as the assistant coach for Team SA, the student national team at the CUCSA Games, where the team won Gold, the team included 7 Tuks players. A further 3 Tuks players have represented Banyana Banyana under her coaching, with 5 that are currently part of the Banyana Banyana COSAFA team.

Coach Maud also coached the SA u20 national team at the CAF u20 Qualifier tournament. Currently, Coach Maud is coaching the Banyana Banyana team, competing in the COSAFA Women's Championships in Gqeberha.



Principal's Award to a Student for Exceptional Performance in both Academics and Sport

DANILO von Ludwiger

TuksVolleyball

Danilo von Ludwiger, a sixth and final year MBChB, medical student at UP, has, over the course of his studies, continued to shine both academically and on the sporting volleyball courts. Alongside his teammate Leo Williams, they narrowly missed Olympic qualification after finishing third at the African Olympic qualifier Championships in Morocco this year.

However, their performance secured them a spot to compete at the 2025 World Championships in Australia. Danilo continued to represent South Africa at various FISU international student competitions, as well as the CUCSA games in July 2024.

Danilo also played a crucial role in helping TuksVolleyball win their first USSA Indoor Volleyball Tournament in 2024, where he was awarded as the Most Valuable Player of the tournament.



HELENA Hudson

TuksSquash

UP Alumni Helena Hudson, currently pursuing her master's degree in marketing, has won the women's singles title at the USSA National Tournament three times since 2020. In 2024, she not only achieved her third singles title but also contributed to Tuks' overall team victory, their first since 2011.

Ranked as South Africa's seventh-best female squash player, Helena has consistently demonstrated excellence in her sport. Helena represented Team SA at the FISU World Squash Championships in Johannesburg this year, earning her national student team colours.

Helena has continued to serve within the squash club, assisting with general administration and marketing over the last few years.



LERATO Mahole

TuksHockey

UP alumni, Lerato Mahole, currently pursuing her master's degree in structural engineering, co-captained the Tuks women's team to victory at the 2024 USSA National Hockey Tournament in July.

Leading a UP-Tuks team comprising many 1st years, she led from the front with distinction, playing in the largest parts of all the games over the course of the week, with the team claiming the National title.

She consistently represents the Northern Blues senior ladies team. Her talent has been recognised since her early years in hockey, leading to her selection for the South Africa under-18 and under-21 national teams.

In 2021, she represented South Africa at the Tokyo Olympic Games whilst busy with her undergraduate studies.



Bestmed Sportswoman of the Year Finalists

TATJANA Smith

TuksSwimming

UP Alumni Tatjana Smith once again had a phenomenal year in the pool, where she confirmed her dominance in breaststroke swimming.

Securing her qualification for the Paris 2024 Olympic Games, she claimed the Gold medals in the 50m, 100m and 200m Breaststroke events at the SA Nationals and Olympic trials in April.

At the Paris Olympic Games, with expectations high, she became the first SA female swimmer in more than 20 years to claim medals at consecutive games, where she secured two of Team South Africa's six medals. , Winning gold in the 100m breaststroke in a remarkable race and silver in the 200m breaststroke, she became the most decorated SA Olympian, having 2 Gold and 2 silvers to her name.

Her achievements have cemented her status as the GOAT (greatest of all time) swimmer in South African Olympic history. She announced her retirement at the Paris Games.

Smith is also the only South African female athlete to set a world record during an Olympic Games in Tokyo 2021, a time that remains the second fastest ever recorded on the all-time list.



LIBBIE Janse van Rensburg

TuksWomensRugby

As a young girl playing rugby with her nephews, UP-Tuks alumni Libbie Janse van Rensburg dreamed big, but she may have laughed if someone had told her she would one day play for the Springboks. Today, as a Springbok, she has gone on to break boundaries, barriers, and records. In March 2024, she was the Springbok female player of the year. She was also selected for the Springbok women's sevens team to compete at the Paris Olympic Games, a dream come true.

Libbie believes it is only a matter of time before the exciting elements of women's rugby come to the fore and the Springbok women's teams begin to make a significant impact on the international rugby scene. Janse van Rensburg actively encourages young women to take up rugby and was seen assisting on the sidelines during the Varsity Cup competition for women.

Having completed several degrees, including an undergraduate and honours degree in sports management at the University of Pretoria, she recognises and encourages the importance of planning for life beyond rugby.

Becoming the first Springbok lady to achieve 200 test rugby points, her thrilling tackles, along with all her achievements, have made her an icon and a role model, inspiring both the current and future generations in the sport.



KGOTHSO Montjane

TuksTennis - Wheelchair

Kgothatso Montjane, in partnership with Japan's Yui Kamiji, claimed the Wimbledon women's wheelchair tennis doubles title in a remarkable display of skill and determination.

The pair defeated the Dutch team in straight sets, marking Montjane's third Grand Slam doubles title and solidifying her legacy in the sport.

Earlier in the year, KG reached the finals of the Australian Open doubles, finishing in a respectable runners-up position. Competing in Paris, KG qualified and represented SA at her fifth Paralympic Games, cementing her dominance in the sport of wheelchair tennis in SA and Africa.

Along with partner Marissa Venter they got their campaign off to a great start, however had to later withdraw due to personal reasons.



Paris with love

Bestmed Sportsman of the Year Finalists

DONALD Ramphadi

TuksTennis - Wheelchair

Over the course of the last year, Donald Ramphadi has established himself as one of the world's top Wheelchair tennis players.

His hard work and focus saw him reach the semifinals in both the doubles and singles categories at the Australian Open and French Open tournaments. In 2023, he also won the doubles title at the French Open.

The culmination of his growth in performances over the last year came at the Paris 2024 Paralympic Games, where Donald Ramphadi, alongside partner Lucas Sithole, claimed the bronze medal in the men's quad doubles at the Games.

They defeated the Barzilian duo in the third-place playoff. This achievement marked the first time an African wheelchair player or team have medalled at the Paralympic Games.



PIETER Coetzé

TuksSwimming

A young and talented swimmer, Pieter's Coetzé rise in world swimming has continued over the year.

At the World Swimming Championships in Doha, Pieter claimed the bronze in the 200m backstroke, showing impressive skill by advancing from eighth to third place in the final 50 metres. Competing in all three backstroke finals, it marked his first appearance at a senior world championship.

Having secured his qualification for the 2024 Paris Olympic Games, Pieter showed impressive performances competing in the 100m and 200m backstroke events.

Making the final in both events, he finished fifth in the 100m Backstroke and set a new African and SA record with a time of 52.63 seconds in the semifinals. In the 200m backstroke, he finished seventh, again setting an African and SA record with a time of 1:55.60.

Coetzé ranks among the world's best in both events, with his 100m time being one of the six fastest this year.

SHAUN Anderson

TuksArchery

Shaun Anderson has been part of the TuksArchery since its inception, around 10 years ago. Having been to the Rio 2016 and the Tokyo 2020 Games, Shaun has continued to show great improvements.

Having qualified for the Paris 2024 Games, He competed in his 3rd Games. At the Paris Paralympic Games, Shaun Anderson reached the quarterfinals of the archery competition in the W1 category, narrowly losing to the Chinese archer with a score of 136-134. Earlier, he achieved a significant victory, defeating Turkey's Yigit Aydin 133-132 in his first elimination shootout.

During the ranking rounds, Anderson achieved a personal best score of 638, a new SA, Africa record, placing him ninth overall going into the elimination rounds. Shaun's heroics and story won him the hearts and admiration of the spectators, knowing he had left everything on the range.



COLOURS & AWARDS

Name & Surname	Number of Awards	Achievement Designation	Event detail
Olympic Games Representatives			
Aquatics: Swimming			
Pieter Coetzé	1	SA Olympian	Olympic Games, France, August 2024
Kaylene Corbett	5	SA Olympian	Olympic Games, France, August 2024
Erin Gallagher	3	SA Olympian	Olympic Games, France, August 2024
Rocco Meiring	10	SA Olympic Coach	Olympic Games, France, August 2024
Matthew Sates	1	SA Olympian	Olympic Games, France, August 2024
Tatjana Smith	8	SA Olympian	Olympic Games, France, August 2024
Archery			
Patrick Roux	6	SA Olympic Coach	Olympic Games, France, August 2024
Wian Roux	4	SA Olympian	Olympic Games, France, August 2024
Athletics: Track & Field			
Antonie Nortje	1	SA Olympian	Olympic Games, France, August 2024
Neil Cornelius	1	SA Olympian	Olympic Games, France, August 2024
Edmund du Plessis	3	SA Olympian	Olympic Games, France, August 2024
Mzamo Sepeng	1	SA Olympic Coach	Olympic Games, France, August 2024
Jovan van Vuuren	4	SA Olympian	Olympic Games, France, August 2024
Hockey			
Calvin Davis	3	SA Olympian	Olympic Games, France, August 2024
Edith Molikoe	5	SA Olympian	Olympic Games, France, August 2024
Sihle Ntuli	6	SA Olympic Coach	Olympic Games, France, August 2024
Celia Seerane	3	SA Olympian	Olympic Games, France, August 2024
Rowing			
Paige Badenhorst	2	SA Olympian	Olympic Games, France, August 2024
Christopher Baxter	4	SA Olympian	Olympic Games, France, August 2024
John Smith	13	SA Olympian	Olympic Games, France, August 2024
Rugby			
Kemisetso Baloyi	7	SA Olympian	Olympic Games, France, August 2024
Marlize de Bruin	3	SA Olympian	Olympic Games, France, August 2024
Libbie Janse van Rensburg	8	SA Olympian	Olympic Games, France, August 2024
Paralympic Games Representatives			
Archery			
Shaun Anderson	9	SA Paralympian	Paralympic Games, France, August 2024
Tennis			
Genevieve Barnes	1	SA Paralympic Coach	Paralympic Games, France, August 2024
Kgothatso Montjane	3	SA Paralympian	Paralympic Games, France, August 2024

Donald Rampadi	3	SA Paralympian	Paralympic Games, France, August 2024
Alwande Skosana	3	SA Paralympian	Paralympic Games, France, August 2024
Senior National Representatives			
Aquatics: Lifesaving			
Aiden Bornman	1	SA Protea	World Championships, Australia, August 2024
Aquatics: Swimming			
Muhammed Adam	4	SA Protea	13th African Games, Ghana, March 2024
Juan Boshoff	1	SA Protea	16th Senior African Championships, Angola, May 2024
José Canjulo	*	Namibian National	13th African Games, Ghana, March 2024
Cameron Casali	3	SA Protea	13th African Games, Ghana, March 2024
Emma Chelius	3	SA Protea	World Championships, Qatar, February 2024
Duné Coetzee	4	SA Protea	World Championships, Qatar, February 2024
Caitlin de Lange	2	SA Protea	13th African Games, Ghana, March 2024
Stephanie Houtman	4	SA Protea	World Championships, Qatar, February 2024
Clayton Jimmie	2	SA Protea	13th African Games, Ghana, March 2024
Tayla Jonker	2	SA Protea	World Championships, Qatar, February 2024
Caio Lobo	1	Mozambique National	13th African Games, Ghana, March 2024
Owethu Mahan	2	SA Protea	13th African Games, Ghana, March 2024
Leigh McMorran	1	SA Protea	13th African Games, Ghana, March 2024
Kate Meyer	3	SA Protea	13th African Games, Ghana, March 2024
Joshua Miller	1	Seychelle National	13th African Games, Ghana, March 2024
Damien Payet	2	Seychelle National	13th African Games, Ghana, March 2024
Hannah Pearse	3	SA Protea	World Championships, Qatar, February 2024
Benjamin Plattner	5	SA Protea	16th Snr African Championships, Angola, May 2024
Matthew Randle	3	SA Protea	World Championships, Qatar, February 2024
Tazmyn Robson	1	SA Protea	13th African Games, Ghana, March 2024
Andrew Ross	4	SA Protea	13th African Games, Ghana, March 2024
Catherine van Rensburg	3	SA Protea	13th African Games, Ghana, March 2024
Liam Vehbi	2	SA Protea	13th African Games, Ghana, March 2024
Aquatics: Swimming Open Water			
Connor Albertyn	1	SA Protea	World Championships, Qatar, February 2024
Ruan Breytenbach	2	SA Protea	World Championships, Qatar, February 2024
Amica de Jager	3	SA Protea	World Championships, Qatar, February 2024
Victoria Earle	3	SA Protea	World Championships, Qatar, February 2024
Callan Lötter	*	SA Protea	World Championships, Qatar, February 2024
Henré Louw	3	SA Protea	World Championships, Qatar, February 2024
Damien Payet	3	Seychelle National	World Championships, Qatar, February 2024
Rossouw Venter	2	SA Protea	World Championships, Qatar, February 2024
Aquatics: Water Polo			
Shakira January	3	SA Protea	World Championships, Qatar, February 2024
Nicola Macleod	3	SA Protea	World Championships, Qatar, February 2024
Janco Rademeyer	3	SA Protea	World Championships, Qatar, February 2024
Esihle Zondo	2	SA Protea	World Championships, Qatar, February 2024

Archery			
Patrick Roux	6	SA Protea	World Cup, Turkey, June 2024
Hendré Verhoef	*	SA Protea	World Cup, Turkey, June 2024
Athletics: Cross Country			
Karabo Mailula	2	SA Protea	World Championships, Serbia, March 2024
Athletics: Track & Field			
Leroux Hamman	12	SA Protea	African Snr Championships, Cameroon, June 2024
SW Nel	1	SA Protea	African Snr Championships, Cameroon, June 2024
Fredriech Pretorius	10	SA Protea	African Snr Championships, Cameroon, June 2024
Charné Swart	3	SA Protea	African Snr Championships, Cameroon, June 2024
Colette Uys	1	SA Protea	African Snr Championships, Cameroon, June 2024
Marlie Viljoen	5	SA Protea	African Snr Championships, Cameroon, June 2024
Cricket			
Neil Brand	7	SA Protea	CSA Test Series vs NZ, New Zealand, January 2024
Heinrich Klaasen	13	SA Protea	ICC T20 World Cup, United States, June 2024
Nthabiseng Ledwaba	2	SA Protea	CSA Tour vs Sri Lanka Women, Benoni, March 2024
Suné Luus	10	SA Protea	CSA Tour Against India, India, June 2024
Aiden Markram	12	SA Protea	ICC T20 World Cup, United States, June 2024
Lungi Ngidi	10	SA Protea	CSA Test vs West Indies, Trinidad & Tobago, July 2024
Football			
Morongwa Manamela	2	Banyana Banyana	COSAFA Cup, Johannesburg, October 2023
Edward Maova	1	Namibian National	AFCON Tournament, Côte D'ivoire, January 2024
Tshepo Molobi	2	Bafana Bafana	AFCON Tournament, Côte D'ivoire, January 2024
Wendy Shongwe	2	Banyana Banyana	Olympic Qualifiers, Congo, October 2023
Thabang Sibanyoni	1	Bafana Bafana	COSAFA Tournament, Port Elizabeth, June 2024
Thalea Smidt	1	Banyana Banyana	COSAFA Cup, Johannesburg, October 2023
Gymnastics: Aerobics			
Kutlwano Maine	1	SA Protea	UAG Africa Championships, Egypt, September 2024
Hockey			
Jean-Leigh du Toit	5	SA Protea	African Olympic Qualifier, Pretoria, October 2023
Hanrie Louw	3	SA Protea	German Series, Cape Town, November 2023
Nkuliso Zondi	11	SA Protea	African Olympic Qualifier, Pretoria, October 2023
Judo			
Billiegh Billson	2	SA Protea	Snr Africa Kata Championships, Egypt, April 2024
Charné Griesel	6	SA Protea	13th African Games, Ghana, March 2024
Morné Jacobs	3	SA Protea	African Championships, Egypt, March 2024
Tegan Malherbe	1	SA Protea	Snr Africa Kata Championships, Egypt, April 2024
Timothy Meuwesen	3	SA Protea	13th African Games, Ghana, March 2024
Katlego Segoneco	3	SA Protea	Snr Africa Kata Championships, Egypt, March 2024
Karate			
Chloë Preston	1	SA Protea	13th African Games, Ghana, March 2024

Netball			
Kabelo Mahalane	1	SA Protea	Fast 5 World Series, New Zealand, November 2024
Kamogelo Maseko	2	SA Protea	Test Series, England, November 2023
Tinita van Dyk	5	SA Protea	Fast 5 World Series, New Zealand, November 2023
Ine-Mari Venter	9	SA Protea	Test Series, England, November 2023
Rowing			
Henry Torr	4	SA Protea	Olympic Qualification Regatta, Switzerland, May 2024
Katherine Williams	5	SA Protea	Olympic Qualification Regatta, Switzerland, May 2024
Rugby			
Jakkie Cilliers	2	SA Springbok	Women's International Rugby 15's, Spain, March 2024
Byrhandre Dolf	1	SA Springbok Women	Women's International Rugby 15's, Hermanus, Oct 2023
Johan Grobbelaar	6	SA Springbok	Test Match vs Portugal, Bloemfontein, July 2024
Elrigh Louw	4	SA Springbok	Test Match vs Portugal, Bloemfontein, July 2024
Rumandi Potgieter	4	SA Springbok Women	Women's International Rugby 15's, Hermanus, Oct 2023
Kyle Cyster	1	SA Blitzboks A-team	Africa Sevens, Mauritius, July 2024
Byrhandre Dolf	1	Sprinbok Women's 7's	HSPC World 7s series, Cape Town, December 2023
Volleyball: Beach			
Heiko Guther	3	SA Protea	All Africa Games Zone VI Qualifiers, Botswana, Jan 2024
Danilo von Ludwiger	4	SA Protea	Zone VI Continental Cup Qualifiers, Mozambique, Nov 2023
Wrestling			
Kian du Toit	1	SA Protea	African Championships, Egypt, March 2024
Niel du Toit	2	SA Protea	African Championships, Egypt, March 2024
Bennie Labuschagne	4	SA Protea Coach	African Championships, Egypt, March 2024
Mika Lehmkuhl	3	SA Protea	African Championships, Egypt, March 2024
Bea Meiring	2	SA Protea	13th African Games, Ghana, March 2024
Arno van Zijl	3	SA Protea	African Championships, Egypt, March 2024
National Coaches & Managers			
Aquatics: Lifesaving			
Lizelle Joubert	1	SA Protea Manager	World Championships, Australia, August 2024
Aquatics: Swimming Open Water			
Mark Randall	1	SA Protea Coach	World Championships, Qatar, February 2024
Cricket			
Kruger van Wyk	13	SA Protea Coach	CSA Test Series vs India, Pretoria, December 2023
Gymnastic: Trampoline			
Tiaan van der Walt	13	SA Protea Referee	World Championships , England, November 2023
Netball			
Erin Burger	15	SA Protea Coach	Fast 5 World Series, New Zealand, November 2023

National Federation Representatives			
Aquatics: Lifesaving			
Clayton Thompson	1	SA Team	2023 Orange Cup, Netherlands, December 2023
Aquatics: Swimming			
Sinelithemba Mbatha	3	SA Team	BRICS Games, Russian Federation, June 2024
Athletics: Track & Field			
James Seeliger	1	SA Team	BRICS Games, Russian Federation, June 2024
Cricket			
Blanche Conradie	9	SA Team	CSA Emerging Series, Zimbabwe, August 2024
National Age Group Representatives			
Athletics: Track & Field			
Janita Eva	1	SA u20	World u20 Championships, Peru, August 2024
Roline Louw	1	SA u20	World u20 Championships, Peru, August 2024
Hannah van Niekerk	1	SA u20	World u20 Championships, Peru, August 2024
Clay Target Shooting			
Christiaan Steyn	2	SA u23	World Junior DTL Championships, England, July 2024
Fencing			
Jason Visser	2	SA u20	Africa Junior Championships, Egypt, March 2024
Hockey			
Laikén Brisset	3	SA u21	FIH Women's Junior World Cup, Chile, November 2023
Daniel den Bakker	1	SA u21	Inter-Provincial Tournament, Jnb, September 2024
Cerian Fourie	3	SA u21	FIH Women's Junior World Cup, Chile, November 2023
Cameron le Forestier	3	SA u21	FIH Men's Junior World Cup, Malaysia, December 2023
Kagiso Mathaba	3	SA u21	FIH Men's Junior World Cup, Malaysia, December 2023
Jamie Seale	1	SA u21	Inter-Provincial Tournament, Jnb, September 2024
Lilly-Anne Theron	1	SA u21	Inter-Provincial Tournament, Jnb, September 2024
Angelé Vogel	1	SA u21	Inter-Provincial Tournament, Jnb, September 2024
Judo			
Charné Griesel	6	SA u23	Africa Jnr Championships, Cameroon, August 2024
Karate			
Alessandro Biagioni	1	SA u21	African Karate Championships, Tunisia, Sept 2024
Bianca Corbellari	1	SA u21	African Karate Championships , Tunisia, Sept 2024
Netball			
Zane Bodenstein	1	SA u21	NWYC AQ, Pretoria, March 2024
Kyla Dames	1	SA u21	NWYC AQ, Pretoria, March 2024
Phophi Nematangari	3	SA u21	NWYC AQ, Pretoria, March 2024

Rowing			
Chloe Cresswell	3	SA u23	World u23 Championships, Canada, August 2024
Thato Mokoena	3	SA u23	World u23 Championships, Canada, August 2024
Matthew Ward	1	SA u23	World u23 Championships, Canada, August 2024
Courtney Westley	3	SA u23	World u23 Championships, Canada, August 2024
Rugby			
Keanu Coetsee	1	SA u20	World Rugby u20, Cape Town, June 2024
Kwanga Majebe	1	SA u20	R10 African u20 Women's series, Stellenbosch, Sept 2024
Tiarisha Maritz	1	SA u20	R10 African u20 Women's series, Stellenbosch, Sept 2024
Mandla Mdaka	2	SA u19	SA u18 International series, Cape Town, August 2024
Ruan Swart	1	SA u20	World u20 Championships, Cape Town, June 2024
Cobus van Dyk	2	SA u19	SA u18 International Series, Cape Town, August 2024
Squash			
Connor Earl	1	SA u19	WSF World Jnr Championships, United States, July 2024
Matthew Earl	1	SA u19	WSF World Jnr Championships, United States, July 2024
Wrestling			
Willem Putter	7	SA Masters	World Masters Championships, United States, Aug 2024
Ruben van Wyk	2	SA u20	African Championships, Egypt, March 2024
USSA National Representatives			
Athletics: Track & Field			
Johné Aucamp	1	SA Student Team	FISU World University Championships, Oman, Feb 2024
Abednico Choba	1	SA Student Team	FISU World University Championships, Oman, Feb 2024
Cricket			
Gandhi Jafta	3	USSA Team	13th African Games, Ghana, March 2024
Keagan Lion-Cachet	1	USSA Team	13th African Games, Ghana, March 2024
Aphiwe Yako	1	USSA Team	13th African Games, Ghana, March 2024
Rowing			
Nicholas Bonthuys	1	SA Student Team	World University Championships, Netherlands, July 2024
Jordan Craig	2	SA Student Team	World University Championships, Netherlands, July 2024
Doné Erasmus	1	SA Student Team	World University Championships, Netherlands, July 2024
Sasha Mosig	1	SA Student Team	World University Championships, Netherlands, July 2024
Phumelele Tshabalala	2	SA Student Team	World University Championships, Netherlands, July 2024
Rugby			
Anele Mgwazela	1	SA Student Team	FISU 7's World Cup, France, June 2024
Tracey Mthunzi	1	SA Student Team	World University Championship, France, June 2024
Squash			
Helena Hudson	4	SA Student Team	FISU World University Championships, Jnb, Sept 2024
Menanto Malan	1	SA Student Team	FISU World University Championships, Jnb, Sept 2024
Lara Patrick	3	SA Student Team	FISU World University Championships, Jnb, Sept 2024
Megan Shannon	1	SA Student Team	FISU World University Championships, Jnb, Sept 2024

USSA National Representatives - CUCSA Games			
Athletics: Track & Field			
Devan de Wet	1	SA Student Team	CUCSA Games, Pretoria, July 2024
Collins Kgadima	2	SA Student Team	CUCSA Games, Pretoria, July 2024
Karabo Mailula	2	SA Student Team	CUCSA Games, Pretoria, July 2024
Michaela Oosthuizen	2	SA Student Team	CUCSA Games, Pretoria, July 2024
Eckhart Potgieter	2	SA Student Team	CUCSA Games, Pretoria, July 2024
Carmie Prinsloo	1	SA Student Team	CUCSA Games, Pretoria, July 2024
Duncan Robertson	1	SA Student Team	CUCSA Games, Pretoria, July 2024
Tumelo Thage	1	SA Student Team	CUCSA Games, Pretoria, July 2024
Leonette Vosloo	1	SA Student Team	CUCSA Games, Pretoria, July 2024
Basketball			
Thesline Davids	1	SA Student Team	CUCSA Games, Pretoria, July 2024
Joshua Killian	1	SA Student Team	CUCSA Games, Pretoria, July 2024
Daliso Kweyama	1	SA Student Team	CUCSA Games, Pretoria, July 2024
Caroline Maine	1	SA Student Team	CUCSA Games, Pretoria, July 2024
Allan Mametja	2	SA Student Team	CUCSA Games, Pretoria, July 2024
Cleo Matheyse	1	SA Student Team	CUCSA Games, Pretoria, July 2024
Masego Mothoa	1	SA Student Team	CUCSA Games, Pretoria, July 2024
Lethogonolo Taukobong	1	SA Student Team	CUCSA Games, Pretoria, July 2024
Nhlanhla Vela	2	SA Student Team	CUCSA Games, Pretoria, July 2024
Tyrese Walker	1	SA Student Team	CUCSA Games, Pretoria, July 2024
Matthew Williams	1	SA Student Team	CUCSA Games, Pretoria, July 2024
Chess			
Gabriella Claassen	1	SA Student Team	CUCSA Games, Pretoria, July 2024
Mira Naidoo	1	SA Student Team	CUCSA Games, Pretoria, July 2024
Football			
Silindile Duma	1	SA Student Team	CUCSA Games, Pretoria, July 2024
Inge Kaba	1	SA Student Team	CUCSA Games, Pretoria, July 2024
Maud Khumalo	2	SA Student Team	CUCSA Games, Pretoria, July 2024
Nadia Kroll	2	SA Student Team	CUCSA Games, Pretoria, July 2024
Tshepiso Mahlangu	1	SA Student Team	CUCSA Games, Pretoria, July 2024
Raymond Matlamela	1	SA Student Team	CUCSA Games, Pretoria, July 2024
Moipone Menoe	1	SA Student Team	CUCSA Games, Pretoria, July 2024
Sinamile Mkhwanazi	1	SA Student Team	CUCSA Games, Pretoria, July 2024
Ibanathi Msindo	1	SA Student Team	CUCSA Games, Pretoria, July 2024
Ntando Phahla	1	SA Student Team	CUCSA Games, Pretoria, July 2024
Sekhwela Seroto	2	SA Student Team	CUCSA Games, Pretoria, July 2024
Nkosana Shabalala	1	SA Student Team	CUCSA Games, Pretoria, July 2024
Sanet van Zyl	1	SA Student Team	CUCSA Games, Pretoria, August 2024
Netball			
Kylie van Wyk	2	SA Student Team	CUCSA Games, Pretoria, July 2024
Marichelle Visagie	3	SA Student Team	CUCSA Games, Pretoria, July 2024

Volleyball			
Aidan Pillay	3	SA Student Team	CUCSA Games, Pretoria, July 2024
Danilo von Ludwiger	4	SA Student Team	CUCSA Games, Pretoria, July 2024
Senior Provincial Representatives			
Aquatics: Lifesaving			
Marlise Ferreira	1	Gauteng	LSA Inter-Provincials, Gqeberha, May 2024
Ludolph Joubert	1	Gauteng	LSA Inter-Provincials, Gqeberha, May 2024
Johan Lourens	11	Gauteng	LSA Inter-Provincials, Gqeberha, May 2024
Aidan Mills	1	Gauteng	LSA Inter-Provincials, Gqeberha, May 2024
Esmé Thompson	2	Gauteng Manager	LSA Inter-Provincials, Gqeberha, May 2024
Marnitz van den Berg	1	Gauteng	LSA Inter-Provincials, Gqeberha, May 2024
Ockert van Schalkwyk	3	Gauteng	LSA Inter-Provincials, Gqeberha, May 2024
Tové van Zyl	8	Gauteng Coach	LSA Inter-Provincials, Gqeberha, May 2024
Aquatics: Swimming			
Carli Antonopoulos	2	Gauteng North	SA National Championships, Gqeberha, April 2024
Kai Binsbergen	2	Gauteng North	SA National Championships, Gqeberha, April 2024
Aiden Bornman	1	Gauteng North	SA National Championships, Gqeberha, April 2024
Phillip de Lange	2	Gauteng North	SA National Championships, Gqeberha, April 2024
Giano Dos Santos	2	Gauteng North	SA National Championships, Gqeberha, April 2024
Alex Goddard	4	Gauteng North	SA National Championships, Gqeberha, April 2024
Blake Godfrey	1	Gauteng North	SA National Championships, Gqeberha, April 2024
Kerryn Herbst	3	Gauteng North	SA National Championships, Gqeberha, April 2024
Jonathan Heslop	3	Gauteng North	SA National Championships, Gqeberha, April 2024
Luca Holtzhausen	2	Gauteng North	SA National Championships, Gqeberha, April 2024
James Kewley	2	Gauteng North	SA National Championships, Gqeberha, April 2024
Kian Keylock	1	Gauteng North	SA National Championships, Gqeberha, April 2024
Arno Krüger	3	Gauteng North	SA National Championships, Gqeberha, April 2024
Oliva Lange	2	Gauteng North	SA National Championships, Gqeberha, April 2024
Katelyn Marais	2	Gauteng North	SA National Championships, Gqeberha, April 2024
Janco Rademeyer	3	Gauteng North	SA National Championships, Gqeberha, April 2024
Ruan Ras	9	Gauteng North	SA National Championships, Gqeberha, April 2024
Ethan Riekert	3	Gauteng North	SA National Championships, Gqeberha, April 2024
Willem Roos	1	Gauteng North	SA National Championships, Gqeberha, April 2024
Marlies Ross	2	Gauteng North	SA National Championships, Gqeberha, April 2024
Megan Shepherd	2	Gauteng North	SA National Championships, Gqeberha, April 2024
Jaiden Staines	1	Gauteng North	SA National Championships, Gqeberha, April 2024
Joel Strauss	1	Gauteng North	SA National Championships, Gqeberha, April 2024
Samantha Straw	2	Gauteng North	SA National Championships, Gqeberha, April 2024
Ronan Theron	2	Gauteng North	SA National Championships, Gqeberha, April 2024
Heike Thormahlen	2	Gauteng North	SA National Championships, Gqeberha, April 2024
Sven van der Linde	1	Gauteng North	SA National Championships, Gqeberha, April 2024
Darno van der Merwe	2	Gauteng North	SA National Championships, Gqeberha, April 2024
Mia van der Walt	1	Gauteng North	SA National Championships, Gqeberha, April 2024
Suné van Jaarsveld	3	Gauteng North	SA National Championships, Gqeberha, April 2024
Bernard Wolfaardt	2	Gauteng North	SA National Championships, Gqeberha, April 2024

Aquatics: Swimming Open Water			
Gary Albertyn	10	Gauteng North	Open Water National Champs, Jeffrey's Bay, March 2024
Megan Albertyn	2	Gauteng North	Open Water National Champs, Jeffrey's Bay, March 2024
Hannah Andraos	2	Gauteng North	Open Water National Champs, Jeffrey's Bay, March 2024
Taylor Pharoah	2	Gauteng North	Open Water National Champs, Jeffrey's Bay, March 2024
Reino von Wielligh	4	Gauteng North	Open Water National Champs, Jeffrey's Bay, March 2024
Athletics: Road Running			
Raymond Campbell	1	10th Comrades	Comrades Marathon, Pietermaritzburg, June 2024
Athletics: Track & Field			
Peace Adedokun	1	Gauteng North	SA Snr Championships, Pietermaritzburg, April 2024
Kayla van der Bergh	3	Gauteng North	SA Snr Championships, Pietermaritzburg, April 2024
Jada van Staden	1	Gauteng North	SA Snr Championships, Pietermaritzburg, April 2024
Rivers Williams	1	Gauteng North	SA Snr Championships, Pietermaritzburg, April 2024
Cricket			
Matthew Boast	3	Titans	CSA Domestic 4-Day, Pretoria, March 2024
Corbin Bosch	9	Titans	CSA Domestic 4-Day, Pretoria, March 2024
Merrick Brett	3	Titans	CSA Domestic 4-Day, Pretoria, March 2024
Dewald Brevis	3	Titans	CSA Domestic 4-Day, Pretoria, March 2024
Schalk Engelbrecht	3	Titans	CSA Domestic 4-Day, Pretoria, March 2024
Donovan Ferreira	6	Titans	CSA Domestic 4-Day, Pretoria, March 2024
Jack Lees	2	Titans	CSA Domestic T20 Competition, Pretoria, March 2024
Paulinah Mashishi	2	Titans Ladies	CSA Domestic 3-Day, Pretoria, March 2024
Lebogang Nkadimeng	2	Titans Ladies	CSA Domestic 3-Day, Pretoria, March 2024
Jenna Searle	2	Titans Ladies	CSA Domestic 3-Day, Pretoria, March 2024
Robyn Searle	2	Titans Ladies	CSA Domestic 3-Day, Pretoria, March 2024
Tiani van den Heuvel	1	Titans Ladies	CSA Domestic 3-Day, Pretoria, March 2024
E-Sport			
Thomas Barnes	1	Gauteng	Provincial Online Championships, Gauteng, April 2024
Kyle Halvorsen	1	Gauteng	Provincial Online Championships, Gauteng, April 2024
Alejandro Luca Sartini-Kruger	1	Gauteng	Provincial Online Championships, Gauteng, April 2024
Jaden Swarts	1	Gauteng	Provincial Online Championships, Gauteng, April 2024
Ronald Wheeldon	1	Gauteng	Provincial Online Championships, Gauteng, April 2024
Gymnastics: Artistic			
Nkazimulo Matyolo	2	Gauteng	National Championships, Pretoria, March 2024
Hockey			
Caleb Arries	3	Gauteng North	Inter-Provincial Tournament, Jnb, September 2024
Kiana-Ché Cormack	3	Gauteng North	Inter-Provincial Tournament, Jnb, September 2024
Joshua Davies	3	Gauteng North	Inter-Provincial Tournament, Jnb, September 2024
Matt Dewar	4	Gauteng North	Inter-Provincial Tournament, Jnb, September 2024
Baylee Engelke	1	Gauteng North	Inter-Provincial Tournament, Jnb, September 2024
Tegan Fourie	3	Gauteng North	Inter-Provincial Tournament, Jnb, September 2024
Liam Haupt	1	Gauteng North	Inter-Provincial Tournament, Jnb, September 2024
Kaylin Hendriks	1	Gauteng North	Inter-Provincial Tournament, Jnb, September 2024
Michael le Forestier	2	Gauteng North	Inter-Provincial Tournament, Jnb, September 2024

Luke Lourens	1	Gauteng North	Inter-Provincial Tournament, Jnb, September 2024
Lerato Mahole	6	Gauteng North	Inter-Provincial Tournament, Jnb, September 2024
Sihle Ngubane	3	Gauteng North	Inter-Provincial Tournament, Jnb, September 2024
Paige Salis	2	Gauteng North	Inter-Provincial Tournament, Jnb, September 2024
Johannes Schoeman	2	Gauteng North	Inter-Provincial Tournament, Jnb, September 2024
Taine Tanner-Ellis	1	Gauteng North	Inter-Provincial Tournament, Jnb, September 2024
Anja Tromp	1	Gauteng North	Inter-Provincial Tournament, Jnb, September 2024
Keanan Wax	1	Gauteng North	Inter-Provincial Tournament, Jnb, September 2024
Judo			
Dewald Schultz	3	Gauteng North	SA Open Championships, Bloemfontein, July 2024
Netball			
Tamika Baker	3	Mpumalanga Sunbirds	Telkom Netball League, Johannesburg, June 2024
Jani Bergh	4	Southern Stings	Telkom Netball League, Johannesburg, June 2024
Lika Booysen	1	Mpumalanga Sunbirds	Telkom Netball League, Johannesburg, June 2024
Milla Coetzee	3	Gauteng Golden Fireballs	Telkom Netball League, Johannesburg, June 2024
Alice Kennon	4	Gauteng Jaguars	Telkom Netball League, Johannesburg, June 2024
Luca Keun	1	Gauteng Jaguars	Telkom Netball League, Johannesburg, June 2024
Anna Makallane	1	Gauteng Golden Fireballs Coach	Telkom Netball League, Johannesburg, June 2024
Nompha Raphaelalani	2	Limpopo Lilies	Telkom Netball League, Johannesburg, June 2024
Hope Sibiya	4	Mpumalanga Sunbirds	Telkom Netball League, Johannesburg, June 2024
Chantelle Swart	5	Gauteng Jaguars	Telkom Netball League, Johannesburg, June 2024
Kayla van Niekerk	1	Mpumalanga Sunbirds	Telkom Netball League, Johannesburg, June 2024
Jamie van Wyk	4	Gauteng Jaguars	Telkom Netball League, Johannesburg, June 2024
Melissa van Zyl	3	Gauteng Golden Fireballs	Telkom Netball League, Johannesburg, June 2024
Rugby			
Kyle Cyster	1	Griffons	Currie Cup (Griffons), Cape Town, July 2024
Rachelle du Plessis	2	Blue Bulls 15s	Women's Premier Division, East London, April 2024
Keagan Johannes	4	Blue Bulls 15s	URC, Wales, November 2023
Reinhardt Ludwig	3	Blue Bulls 15s	URC, Ireland, October 2023
Sesihle Maguga	4	Blue Bulls 15s	Women's Premier Division, Cape Town, May 2024
Abulele Ndabambi	1	Blue Bulls 15s	Currie Cup, Cape Town, July 2024
Tielman Nieuwoudt	2	Blue Bulls 15s	Currie Cup, Pretoria, August 2024
Embrose Papier	7	Blue Bulls 15s	URC, Ireland, October 2023
Lynn-Mari Subke	3	Blue Bulls 15s	Women's Premier Division, Pretoria, June 2024
Bernard van der Linde	4	Blue Bulls 15s	Champions Cup, France, December 2023
Tennis			
Kyla Yelverton Jarrard	5	Gauteng North	IPT Masters Provincial, Pretoria, August 2024

TuksSport Awards Winners, 2011-2023

Year	2011	2012	2013	2014
Sportsman of the Year	LJ van Zyl (Athletics)	Matthew Brittain, Sizwe Ndlovu, John Smith, James Tompson (Rowing)	Jacques van Zyl (Judo)	James Thompson & John Smith (Rowing)
Sportswoman of the Year	Erin Burger (Netball)	Bridgitte Hartley (Canoe)	Nobuhle Dlamini (Golf)	Lee-Ann Persse & Naydene Smith (Rowing)
Student Sportsman of the Year	Willie de Beer (Athletics)	Willie de Beer (Athletics)	David Hunt (Rowing)	Akani Simbine (Athletics)
Student Sportswoman of the Year	Vuyisani Mangisa (Hockey)	Lee-Anne Persse (Rowing)	Vanes-Mari du Toit (Netball)	Lenize Potgieter (Netball)
Student Administrator of the Year	Kennedy Haraseb (SSC)	Coreen Walstra (Rowing)	Andrea van Rooyen (Aquatics)	Xabiso Sicwebu (SSC)
Administrator of the Year	Sollie Barnard (Cricket)	Dr Wim Dreyer (Fencing)	Eddie Meiring (Judo)	Martie Savrda (Wrestling)
Sport Personality of the Year	None	Oscar Pistorius (Athletics)	Helen van der Walt (Trampoline)	None
Student Sport Club of the Year	TuksRowing	TuksRowing	TuksFootball & TuksNetball	TuksRowing
Sport Club of the Year	TuksAthletics	TuksNetball & TuksCricket	TuksCricket	TuksCricket
Principal's Award - Student	None	Willie de Beer (Athletics)	Senade Haupt (Squash)	Melissa Myburgh (Netball)
Newsmaker of the Year	AB de Villiers (Cricket) & Oscar Pistorius (Athletics)	Caster Semenya (Athletics)	None	None
Principal's Award - Team	Not Instituted	UP-Tuks1 (Rugby)	Varsity Rugby	Varsity Athletics & Football
Coach of the Year - Team Sports	Craig Fulton (Hockey)	Steve Barker (Football)	Pierre de Bruyn (Cricket)	Pierre de Bruyn (Cricket)
Coach of the Year - Individual Sport	Liz Mackenzie (Squash)	Roger Barrow (Rowing)	Nikola Filipov (Judo)	Nikola Filipov (Judo)
Sports Team of the Year	Rowing Men's VIII	AmatTuks (Football)	Athletics	Assupol TuksCricket 1
Year	2015	2016	2017	2018
Sportsman of the Year	Akani Simbine (Athletics)	Lawrence Britain & Shaun Keeling (Rowing)	Akani Simbine (Athletics)	Akani Simbine (Athletics)
Sportswoman of the Year	Lenize Potgieter (Netball)	Kirsten McCann & Ursula Grobler (Rowing)	Kirsten McCann (Rowing)	Tatjana Schoenmaker (Swimming)
Student Sportsman of the Year	Robin Swartz (Football)	David Hunt & Jake Green (Rowing)	Thando Roto (Athletics)	Charles Brittain & James Mitchell (Rowing)
Student Sportswoman of the Year	Shadine vd Merwe (Netball)	Tebogo Mamatu (Athletics)	Nicole van Wyk (Rowing)	Michaela Whitebooi (Judo)
Student Administrator of the Year	Aluwani Rembuluwani (SSC)	Maram Mahdi (SSC)	Boyani Mphasha (SSC)	Charles Stevens (Rowing)
Administator of the Year	Prof Gloudien Spies (Athletics)	Margie Meiring (Judo)	Paul de Beer (Aikido)	Tawnay Gierke (Volleyball)
Sport Personality of the Year	None	None	None	Shaun Anderson (Archery)
Sport Sport Club of the Year	TuksGolf	TuksRowing	TuksRowing	TuksRowing
Sport Club of the Year	TuksCricket	TuksNetball	TuksCricket	TuksNetball
Principal's Award - Student	Ronald Ketjijere (Football)	Izette Lubbe (Netball)	Izelle Verster (Hockey)	Michaela Whitebooi (Judo)
Newsmaker of the Year	None	Luvo Manyonga (Athletics) & Lawrence Brittain (Rowing)	None	None
Principal's Award - Team	Varsity Athletics	Varsity Beach Volleyball Ladies & Varsity Hockey Men	TuksHockey (Women)	Assupol TuksCricket
Coach of the Year - Team Sports	Pierre de Bruyn (Cricket)	Jenny van Dyk (Netball)	Inky Zondi (Hockey)	Mpumi Geza (Rowing)
Coach of the Year - Individual Sport	Llewellyn van Leeuwen (Golf)	Roger Barrow (Rowing)	Llewellyn van Leeuwen (Golf)	Rocco Meiring (Swimming)
Sports Team of the Year	Assupol TuksCricket 1	Assupol TuksCricket 1	TuksRowing USSA Teams	Assupol TuksCricket
Year	2019	2021	2022	2023
Sportsman of the Year	Akani Simbine (Athletics)	Akani Simbine (Athletics)	Jovan van Vuuren (TuksAthletics)	Christian de Klerk (TuksArchery)
Sportswoman of the Year	Tatjana Schoenmaker (Swimming)	Tatjana Schoenmaker (Swimming)	Geronay Whitebooi (TuksJudo)	Tatjana Schoenmaker (TuksSwimming)
Student Sportsman of the Year	Zokwakhana Zazini (Athletics)	Gift Leotilela (Athletics)	Benjamin Richardson (TuksAthletics)	Trevor de Lora(TuksHockey)
Student Sportswoman of the Year	Danelle Wentzel (Archery)	Kaylene Corbett (Swimming)	Erin Gallagher (TuksSwimming)	Marlie Viljoen (TuksAthletics)
Student Administrator of the Year	Godfrey Kgatle (Chess)	None	Mikha Kreft (TuksCycling)	Emily Pollock (TuksRowing)
Administator of the Year	Theuns Reynolds (Rugby)	None	Prof Susan Adendorff (TuksRugby)	Gerda Roux (TuksArchery)
Sport Personality of the Year	Dup du Preez (Athletics)	Phumelela Mbande (Hockey)	Kaylene Corbett (TuksSwimming)	Alessandro Ferro (TuksRowing)
Student Sport Club of the Year	TuksRowing	None	TuksRowing	TuksCheerleading
Sport Club of the Year	Assupol TuksCricket	TuksSwimming	TuksSwimming	TuksNetball
Principal's Award - Student	Simbongile Njokwe (Football) & Tshina Mdaun (Netball)	Ruan Ras (Swimming) & Juzelri Garbers (Netball)	Dr Mahlane Kgatle (TuksChess)	Rumandi Potgieter (TuksRugby), Amica de Jager (TuksSwimming) & Marlie Viljoen (TuksAthletics)
Newsmaker of the Year	None	Tatjana Schoenmaker (Swimming)	Marlize de Bruin (TuksNetball & TuksRugby)	Charné Swart (TuksAthletics)
Principal's Award - Team	TuksNetball	Varsity Cup Rugby	Varsity Cup Rugby	Tuks Varsity Netball team
Coach of the Year - Team Sports	Kruger van Wyk (Cricket)	Shile Ntuli (Hockey)	Kruger van Wyk (TuksCricket)	Jenny van Dyk (TuksNetball)
Coach of the Year - Individual Sport	Rocco Meiring (Swimming)	Rocco Meiring (Swimming)	Rocco Meiring (Swimming)	Iize Wicksell (TuksAthletics)
Sports Team of the Year	TuksRowing	TuksHockey (Women)	TuksJudo	TuksFootball Women's Team



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TuksSport

Smith and Ramphadi are Tuks's Sports Man and Woman of the Year

Working hard and never giving up is why Tatjana Smith and Donald Ramphadi, respectively, are Tuks's Sportswoman and Sportsman of the Year.

Smith again had a phenomenal year in the pool, where she confirmed her dominance in breaststroke swimming by winning the 100m breaststroke at the Paris Olympic Games and finishing second in the 200m breaststroke.

In doing so, she became the most decorated South African Olympian, with two gold and two silver medals in her name. Her achievements have cemented her status as the GOAT (greatest of all time) swimmer in South African Olympic history.

Donald Ramphadi and Lucas Sithole won bronze in the men's quad-doubles, beating Brazil's Leandro Pena and Ymanitu Silva in the playoff for third place during the Paris Paralympic Games. It is the first time African wheelchair players have medaled at the Games.

Ramphadi also contested the semifinals in the doubles and singles at the Australian and French Open Tournaments.

Ramphadi dedicated the medal to the team that has supported him in the Paris Games build-up.

"I want to encourage people to support us as wheelchair tennis players as it is an expensive sport. There is so much raw talent in South Africa who, if supported, can make South Africans feel proud. It is important to me to feel like an elite athlete all the time, not only when competing at the Paralympic Games or a Grand Slam Tournament. Getting the support will boost our confidence."

Edmund du Plessis, a fourth-year medical student, is the Tuks Student Sportsman of the Year. His performance in the 800 metres during the Paris Olympics was gutsy.

He ran from the front when he saw no one prepared to race in the semifinals. The challenge was to have a top-two finish. He got oh so close to doing so. He was still second with about 15 meters to race, but unfortunately, his legs went on strike. Two athletes passed him over the final metres, leading to him missing out by 0.17 seconds to go through to the final. It was the first time he competed at the Games.

Of the nine races he competed in internationally, he won four and was second twice and third once. Du Plessis set a new personal best in the 800 metres, running 1:44.22. It is nearly three seconds faster than he did last year. He is also the SA champion for the 2nd consecutive year.

Erin Gallagher, a BSc Geography and Environmental Science student, is the Student Sportswoman of the Year. At the South African Championships, Erin set an African and South African record in the 100m butterfly, clocking 57.32 seconds. She also set a South African record

in the 50m butterfly, finishing in 25.59 seconds. During the Paris Games, she competed in the semifinals of the 100m butterfly.

Rocco Meiring is the Individual Coach of the Year, and Maude Khumalo is the Team Coach of the Year.