

# Invitation:

## FURRY Delight Awaits You!

23 - 26 October 2023



UNIVERSITEIT VAN PRETORIA  
UNIVERSITY OF PRETORIA  
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Make today matter

[www.up.ac.za](http://www.up.ac.za)

### Get ready to unwind, destress, and experience the magic of therapy dogs!

Are you ready for some pawstive vibes and stress relief? Join us for our dog therapy sessions, tailored just for you!

The Department of Library Services (DLS) is teaming up with [TOP Dogs](#) to embark on a furry adventure, bringing you animal-assisted therapy right before the dreaded exam season hits.

Studies show that even a mere 5 minutes of interaction with therapy dogs can melt away stress and induce relaxation.

[TOP Dogs's mission](#) is to spread comfort and companionship to those in need, including hospitals, care facilities, and schools. These therapy dogs are carefully chosen, impeccably trained, and dedicated to offering emotional support. They are the epitome of calm, friendliness, and good manners, officially registered with esteemed therapy dog groups like TOP Dogs.

With this initiative, the DLS is putting your emotional well-being first as we approach the stressful exam period.

#### Dates and venues:

- **23 October 2023** on the Hatfield campus on the lawn in front of the iconic THINK art piece, just outside Merensky 2 Library  
[Register here](#)
- **25 October 2023** on the Prinshof campus on the lawn in front of the BMS Library  
[Register here](#)
- **26 October 2020** on the Hatfield campus on the lawn in front of the iconic THINK art piece, just outside Merensky 2 Library  
[Register here](#)

**Time:** 12h00 - 13h00

**How can you support TOP Dogs? You can show your love by making a small cash donation.**

**For more information, reach out to:** [Elsabe.Olivier@up.ac.za](mailto:Elsabe.Olivier@up.ac.za) / 012 420 3719

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