



**#MondayMotivation:** ZANDILE NTULI, UP BSocSci Psychology (Honours) 2010, Community Training Officer/CSI Projects Coordinator at Sappi Saiccor Mill, KwaZulu-Natal: “My personal and professional lives have always been centered on learning, embracing my curiosity and exploring new things. I am passionate about education, educational neuroscience and career development for youth – in fact, working with young people for seven years has had a positive impact on my current role as a trainer for mill employees, apprentices, operations trainees and community learners in the construction and community development environment at Sappi. It was during my time as a Psychology honours student at UP that my career got its kick-start – I was a full-time student but also worked as a junior autism therapist at the Centre for Autism and Related Disorders, now The Star Academy, in Johannesburg. After I graduated from UP in 2011, I joined NGO Teach South Africa. I also taught physical science at a technical high school in Soweto and while there, started the Hope in Science project and helped to set up a career information centre. As a former associate of the Africa Careers Network at the African Leadership Academy, I assisted in connecting graduates and MasterCard Foundation scholars from UP and Makerere University in Uganda with career opportunities in Africa. By far, one of my most enriching experiences was living and working in Japan ([#ZeelifeinJapan](#)) on a teaching exchange programme (2013–2017) – those were the best four years of my life! There were no shortage of learning opportunities and experiences. While I was abroad, I also completed an online professional development course, Introduction to Neuroscience Coaching, offered by Enterprises UP. My advice to students “to embark on the journey towards your goals and dreams, requires you to never stop learning and to

always embrace new opportunities. New opportunities stretch you to new ideas, connections and possibilities. To my fellow life-long students, never stop improving and honing your skills and knowledge. Have the courage to test new boundaries and be a good rebel, challenge the status quo in a positive way.”