

Specialized and Individual Sports COVID NEWSLETTER



TuksSport



TuksArchery

Archery is slowly but surely starting to regain momentum after the lockdown that brought the whole world to an abrupt stand still.

There is no doubt that the lockdown hurt our sport and that we have a lot of rebuilding to do to get new people into the sport, fortunately the Olympic Games came just in time to spark renewed interest amongst current and new archers to start shooting again.

We had, like so many other sport codes, to cancel and postpone many of our scheduled tournaments during 2020 and 2021 but we are slowly but surely getting back on track with our tournaments. The TuksArchery Winter Championships was postponed from July and will take place the weekend of 30 and 31 October and we still have our final tournament for 2021 taking place at the end of November. The qualification period for any international participation started at the beginning of October and will end with the SANAA National Championship during April next year. We want to urge our members to start shooting and competing again if they have aspirations of being included in any possible team selections that will take place should there be any sanctioned international tournament for participation.

With that said the Hyundai Junior World Archery Championships took place in Wraclaw Poland during August this year and from TuksArchery we were represented by Paul van der Merwe (u/17) and Wian Roux (u/21) in the Compound Division and Beyers de Klerk was the Team Manager for the event.

Paul was part of the u/17 compound team event that took place and the youngsters had the opportunity to shoot for the bronze medal on the finals day but unfortunately they had to bend the knee to their opponents and ended 4th overall.

Shaun Anderson (W1) and Phillip Coates-Palgrave (CMO) competed at the Paralympic Games in Tokyo. They both shot well but was unable to make it through to the final rounds.

We are proud to have TuksArchery members represented in almost every national team participating internationally.

We are very fortunate to receive a lot of support from TuksSport and we wish to make use of this opportunity to thank every person on the team for their input.

Started again with an Introduction course. Busy planning the Winter challenge taking place 30- 31 October 2021



*Paul van der Merwe (Compound Cadet Men u/18)
Beyers de Klerk (Team Manager) Wian Roux (Compound Junior Men U/21)*



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TuksJudo



Michaela Whitebooi compete in Tokyo but unfortunately her first fight was against the 2016 Olympic champion. Nikola Filipov was selected as coach.



Tuks Judokas competed in the World Junior championships: Morne Jacobs, Thomas Breytenbach, Done Breytenbach, Liane Schubert and Marciano de Oliveria. With Nikola Filipov as the coach of the team

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TuksTrampoline

4th Quarter achievements

Welcome back to the Fourth quarter of Trampoline training for 2021. Training will continue with final training being in the Rembrandt Hall, Wednesday, the 15th December.

A quick recap of the Tuks Trampoline results for 2021. TUKS Trampolinists did exceptionally well at the recent SA Gym Games National Competition.

It is important to note that the majority of Tuks Competitors are new Club members with no previous experience. 2021 Provided Tuks Trampoline with a new group of talented Trampolinists

The following Tuks Trampolinists were the Top Scoring Trampoline Medal Winners across all ages in the following Levels at Nationals

Level 4 (M) - Euro Trampoline	Tshimo Loate	Tuks
Level 4 (F) - Double Mini Trampoline	Klarise Du Rand	Tuks
Level 5 (M) - Euro Trampoline	Ethan Hall	Tuks
Level 5 (F) - Double Mini Trampoline	Anri Fourie	Tuks
Level 5 (M) - Double Mini Trampoline	Ethan Louw	Tuks
Level 6 (M) - Euro Trampoline	Ethan Louw	Tuks
Level 6 (F) - Double Mini Trampoline	Bokamoso Mfupa	Tuks
Level 7 (F) - Euro Trampoline	Kaitlyn Rusch	Tuks
Level 8 (F) - Euro Trampoline	Juliana van Wyk	Tuks
Level 8 (M) - Euro Trampoline	Gideon Fourie	Tuks
Level 8 (F) - Double Mini Trampoline	Juliana van Wyk	Tuks
Level 8 (M) - Double Mini Trampoline	Gideon Fourie	Tuks
Level 9 (M) - Euro Trampoline	Reghardt Vorster	Tuks
Level 9 (M) - Double Mini Trampoline	Reghardt Vorster	Tuks

We wish to congratulate all our competitors and coaches on a job well done. Tuks proved to have successfully fast tracked development with great results in Levels 1 – 9. Tuks Trampolinists obtained the highest standard of the day at Nationals. Congratulations on an excellent performance and a great return to excellence after the setback in training experienced during Lockdown and Covid-19.

Keep it up!.



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TuksTrampoline

Tuks Trampolinists representing Gauteng North and Gauteng 2021 National and Zone Championships

SA Gym games and Zone Competitors October 2021	Age Group	Level	Double Mini Level
Ariano Theodorou	6-8 yrs	Level 1 Bronze	
Noah Oberholzer	6-8 yrs	Level 3	
Tshimo Loate	6-8 yrs	Level 5 Gold	Level 4 Silver
Ema Munoz	9/10	Level 2	Level 2
Trevor de Beer	9/10	Level 3 Gold	Level 4 Bronze
Klarisse Du Rand	9/10	Level 4 Silver	Level 4 Gold
Anri Fourie	9/10	Level 5 Bronze	Level 5 Gold
Anika Prinsloo	11/12	Level 3	
Mila Skinner	11/12	Level 3	Level 4
Alivia Basson	11/12	Level 4	Level 5
Nadia Labuschagne	11/12	Level 3 Bronze	Level 4 Bronze
Emille Kempff	11/12	Level 4	Level 5
Lara Marggraaf	11/12	Level 4	Level 5
Ethan Hall	11/12	Level 5 Gold	Level 5 Silver
Ethan Louw	11/12	Level 6 Silver	Level 5 Gold
Jennifer Evers	11/12	Level 4	Level 5 Bronze
MJ du Rand	11/12	Level 8 Silver	Level 9 Silver
Gideon Fourie	13/14	Level 8 Gold	Level 8 Silver
Wilando Ferreira	13/14	Level 4 Bronze	Level 5 Bronze
Justin Wykerd	15/O	Level 4	Level 4 Gold
Jeandrè Rossouw	15/O	Level 5 Silver	Level 6 Bronze
Kaitie Rusch	15/O	Level 7 Gold	
Bokamoso Mfupa	15/O	Level 7 Silver	Level 6 Gold
Juliana van Wyk	15/O	Level 8 Silver	Level 8 Gold
Cullen Campbell	15/O	Level 8 Gold	Level 8 Silver
Regardt Vorster	15/O	Level 9 Bronze	Level 9 Gold
National Medals won	Gold 13	Silver 10	Bronze 10

Judges

Tuks Trampoline has a proud history of excellence which include representation on all levels Competitors, Coaches, Judges and administrators

South Africa Currently have 2 FIG accredited Brevet Judges on Trampoline and Double Mini Trampoline. Sister and brother Nikki van der Walt and Tiaan van der Walt. Both are registered at Tuks. Tiaan van der Walt was invited to Judge the 2021 Olympic Qualifiers in Cairo Egypt.

Judges representing Tuks at Gym Games Trampoline Nationals:

Helen van der Walt - Chair of Judges panel – Euro Trampoline

After 36 Years as FIG Brevet Judge Helen was awarded the classification of Masters Judge

Tiaan van der Walt - Chair of Judges panel – Double Mini Trampoline

Erik Du Rand – Execution Judge on both Euro and Double Mini Trampoline panel

Coaches

Tuks Coaches selected as Gauteng North Coaches at Nationals were Lucky Radebe and Tiaan van der Walt

Upcoming Events and competitions scheduled for 2022 will be confirmed as soon as the 2022 Calender is made available by Gauteng North Gymnastics and Gymnastics SA

Competitor Registration

South African Gymnastics Federation rules state that all competitors, Coaches and Judges need to be registered with the National Federation, their Provincial body and a registered Club, hence the registration fee.



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TuksFencing

TuksFencing: Competitions – KZN Open (National ranking competition)

Competitions – KZN Open (National ranking competition) Athletes compete in their own age-group and one age-group up. Due to the dates of the next World Championships, some athletes have been obliged to compete one-up and two-up. Competition was only U17, U20 & Senior. Results Category Name Result Comment Epee – Snr Women Janali van den Berg 1 st Place - Gold Epee – U20 Women Sarah Ghabrial 3 rd Place Bronze Actually U15 athlete Epee – U20 Women Cara van den Berg 9 th Place Actually U15 athlete Epee – U17 Women Sarah Ghabrial 1 st Place - Gold Actually U15 athlete Epee – U17 Women Cara van den Berg 10 th Place Actually U15 athlete Epee – Snr Men Kalman Kozma 3 rd Place Bronze TUT Athlete – registered and training with TuksFencing had the privilege of celebrating its 70th annersary with the inaugural hosting of the Johan van den Berg Friendship Tournament on 16 October 2021.

The tournament was the biggest single-weapon competition hasted at the Sport Arena of the Groenkloof Campus. All competing athletes received a commemorative medal to mark the occasion.



Category	Name	Result	Comment
Epee – Snr Women	Janali van den Berg	1 st Place - Gold	
Epee – U20 Women	Sarah Ghabrial	3 rd Place Bronze	Actually U15 athlete
Epee – U20 Women	Cara van den Berg	9 th Place	Actually U15 athlete
Epee – U17 Women	Sarah Ghabrial	1 st Place - Gold	Actually U15 athlete
Epee – U17 Women	Cara van den Berg	10 th Place	Actually U15 athlete
Epee – Snr Men	Kalman Kozma	3 rd Place Bronze	TUT Athlete – registered and training with TuksFencing (Secondary club)
Epee – Snr Men	Jason Visser	6 th Place (combined)	Actually U17 athlete
Epee – Snr Men	Werner Steenkamp	10 th Place (combined)	Actually U20 athlete
Epee – Snr Men	Jaco-Louis Venter	13 th Place (compined)	New fencer
Epee – Snr Men	Liam Badenhorst	13 th Place (compined)	Actually U17 athlete – Only been fencing for 10 weeks: Almost caused an upset when he lost 9-15 against the current SA Snr Champion
Epee – Snr Men	Michael van der Walt	15 th Place (compined)	
Epee – U20 Men	Werner Steenkamp	7 th Place (combined)	
Epee – U20 Men	Jason Visser	9 th Place (combined)	Actually U17 athlete
Epee – U20 Men	Robert van Eijk	10 th Place (combined)	Actually U17 athlete
Epee – U20 Men	Liam Badenhorst	10 th Place (combined)	Actually U17 athlete
Epee – U17 Men	Robert van Eijk	5 th Place	

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Johan van den Berg & the Friendship Tournament.

Dr Johan van den Berg was an alumni of the University of Pretoria and a respected Ophthalmologist who competed in both fencing and pentathlon. Johan attended training whenever his busy schedule allowed it and was someone that his

peers and younger fencers looked up, a perfect gentleman, who lived the ethos of the sport and a role-model of dedication, perseverance, and good sportsmanship. A humble man who sponsored athletes without the means in respect of club and competition fees – often knowing that the athlete he sponsored would probably eliminate him in DE's. Johan was instrumental in creating a 'Multi-Disciplinary Sport' (MDS) membership category to give Pentathletes a "home" at his alma-mater. Johan

tragically passed away on 30 August 2019 and after a suggestion to honour him and the attributes he exemplified, his wife and daughters (fondly referred to as "the van den Berg girls") gave permission to host an annual tournament. It was decided to call it a "Friendship Tournament" rather than a memorial tournament and after discussion with the Gauteng Fencing Association, it was agreed to host this Epee-only Tournament as a celebration of the sport, during September of each year, to coincide with the start of spring and the new fencing season. The tournament was attended by more than a hundred fencers (both FFSA and SAMPA) and was a friendly (non-ranking) competition.

The inaugural tournament would have been held in 2020 to coincide with TuksFencing's 70th anniversary, but had to be cancelled due to the Covid lockdown. Due to further restrictions it got postponed to October 2021. Revised lockdown restrictions allowed limited spectators (33% of venue capacity) with guests representing the University, Federations, Provinces and Clubs.



Referee Accomplishment

Our head-coach, Andrei Kovrijnykh, who refereed in the semi-finals and finals of the Tokyo Olympics (Foil & Epee) has just been voted the 2nd best referee (elitist referee) after the sitting of the International Fencing Federation's (FIE) Executive Committee.