

TuksRugby Successfully Host Varsity 7s Tournament

AUTHOR: VALERIE BELLADONA

On the 7th and 8th October, the Hillcrest Sports Campus was filled with action as TuksRugby hosted the 2022 Varsity 7s tournament. With only the best facilities being available at the Sports Campus it was an obvious choice for the tournament to take place here.

The Varsity 7s tournament consisted of 15 teams, 8 men’s teams and 7 women’s teams.

When Varsity Sports approached TuksRugby with the possibility of hosting this exciting tournament, it was a no brainer for Conrad Boshoff, the Head of Program at TuksRugby. Varsity Sports include athletics, hockey, football, netball, cricket, basketball, mountain biking and of course rugby sevens. Of all these sporting codes the University of Pretoria has won the most Varsity Sports titles. Leading all other universities with a total of 19 titles, it proves once again that the University of Pretoria is indeed the sporting



Campwill Willemse, TuksRugby 7s Captain.

house of excellence.

Boshoff said, ‘we have always talked about hosting the sevens because we have the perfect facilities for it.’

Unfortunately, both our men and women teams fell short of the championship titles with the men finishing in 7th position overall and the ladies coming in at 6th place.



Miche Pretorius, TuksWomensRugby 7s captain.

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TRY TIME NEWS



Tuks Youth Rugby News

AUTHOR: ALEX CASTLE

On Saturday, 22 October 2022, Tuks Youth Rugby had their end of season function for all players, parents, coaches and managers. This event started off with the handing out of medals and certificates to all 2022 participating players.

There were also special awards given to the Most Improved Player and Most Committed player for each age group, as well as for the girls. Every year there is a Bull "Balls to the Wall" trophy that gets handed out for the best senior player of the season and this year it was awarded it to Marco Pheiffer from the U/15 team.



Antonie Schutte and Rae-Marie Albertyn receiving the Chairmans Award.

Other awards included the following:

- Coach of the Year: Nic Moeketse
- High School Team of the Year: Combined U/14&U/15 Team
- Primary School of the Year: U/8 Team
- High School Parent of the Year: Ettiene Potgieter
- Primary School Parent of the Year: Sias Oosthuizen
- Chairmans Awards: Antonie Schutte and Rae-Marie Albertyn. (This award is given to persons who the Chairperson feels went above and beyond in order to improve the club)

Tuks Youth Rugby is also very proud of the fact that they had 5 coaches and 11 players involved in the IPT 2022 tournament which was held in Heidelberg.

Lizanne Jacobs, Head Coach and first ever woman appointed at the boys IPT division, and Rae-Marie Albertyn, Team Manager of the U13 team ended up winning the 2022 IPT tournament. The other coaches who represented at the IPT are Thabo Motau, Vincent du Plessis and Andrew Masombuka.



Marco Pheiffer receiving the Bull "Balls to the Wall" trophy.

Tuks Youth Rugby would like to express immense gratitude to their sponsors for 2022, John Deere Financial Services and The Bed Shop.

We all look forward to the 2023 season that will kick off in May 2023 with a 4-day rugby clinic that will be held at the Tuks rugby grounds.

Tuks Youth Rugby players who represented at the IPT:

- U/13 – Nicolas Potgieter
- Sias Oosthuizen
- Deronne Meiring
- U/14 – Wian Venter
- Tristan Buitendach
- André Botha
- U/15 – Jan-Albert Potgieter
- Herman Potgieter
- Nolan Nel
- U/18 – Llewellyn Deysel. Llewellyn was also included in the tournaments Dream

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TUKSWOMENSRUGBY PLAYER

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Marlize de Bruin

AUTHOR: NINA EVANNA

Marlize de Bruin is one of TuksWomensRugby’s most recent success stories. This UP alumni graduated with an Honors degree in Bed Professional development and teacher development. After completing her matric at Afrikaans Hoër Meisies Skool Pretoria she was an avid and successful netball player. She played competitive netball for most of her life before she eventually decided to try something new. De Bruin was part of the most dominant TuksNetball team during her student years and also represented the Jaguars and Fireballs teams. She went as far as to represent South Africa in Fast 5 and has been named in numerous Protea squads, however after 10 years of commitment to netball de Bruin decided to trade in her takkies for rugby boots.

De Bruin took naturally to the game of 7s rugby and travelled with the DeltaDrone TuksWomensRugby 7s team to France and Scotland for the Lyon and Melrose 7s tournaments. With her determination and eagerness to learn it was no surprise that she caught the eye of the Springbok women’s 7s selectors. She received her first Springbok 7s cap this year in Chile and went on to play in the 7s Rugby World Cup which took place in Cape Town this year. “The call-up was unexpected and it happened so fast, but I am so grateful for this massive opportunity” says de Bruin

There is no question that de Bruin’s rugby career is looking very bright. She recently also represented the Blue Bulls 10s team who competed in the Rugby 10s Championship and has even hinted at the possibility of trying out the 15s code. One message that she would like to give to all young girls who may be considering trying rugby is “if you enjoy sport you should always push yourself to achieve as much as you can while your body still allows it.” She adds “Rugby offers so many opportunities and womens rugby is growing very fast in South Africa and it is a sport where you can truly live out your passion for sport.”



Marlize de Bruin in her Springbok 7s kit.



PLAYER FACTS

If you were an animal, which animal would you be?

A Boston Terrier dog

If you could have any superpower, what would it be?

Time Control, being able to stop or fast forward time

What is your favorite post-game meal?

Pizza & Vanilla Coke



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BERNARD VAN DER LINDE



VARSITY CUP PLAYER OF THE PLAYER

DIVAN VENTER



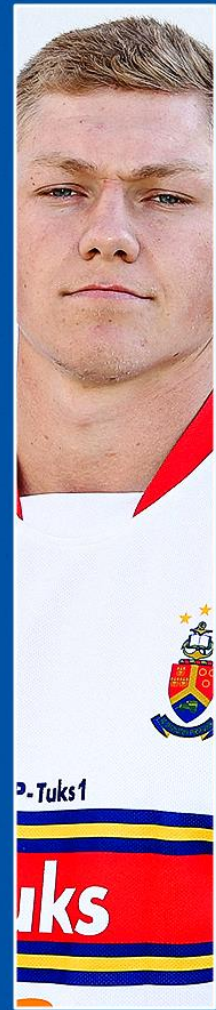
MEN'S PLAYERS' PLAYER OF THE YEAR

STEPHAN COETZEE



MEN'S PLAYER OF THE YEAR

STEPHAN SMITH



CLUB PLAYER OF THE YEAR



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JUANDRE JOOSTE



MEN'S SEVENS PLAYER OF THE YEAR

JW MARE



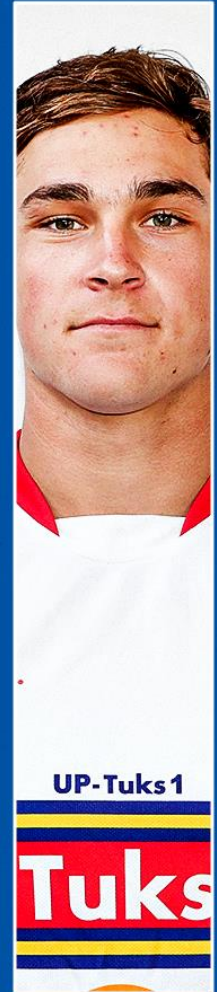
U-20 PLAYER OF THE YEAR

LINCOLN DANIELS



SENIOR PLAYER OF THE YEAR

PIERRE FOURIE



CULTURE CHAMPION PLAYER OF THE YEAR



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15S PLAYER OF THE YEAR



NADINE ROOS
7S PLAYER OF THE YEAR & WOMEN'S PLYAER OF THE YEAR



MICHE PRETORIUS
PLAYER WHO HAS SHOWN PROGRESS



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