



## TRY TIME NEWS

### TuksRugby Alumni going to the Olympics

**AUTHOR: VALERIE BELLADONA**

The 2024 Summer Olympics is fast approaching and brings along a lot of excitement especially for several of our TuksRugby alumni. Since the inclusion of sevens rugby into the Olympic Games in 2016, the Blitzboks have participated in every Olympics and TuksRugby alumni, Impi Visser, will be preparing to attend his second Olympic Games. The Blitzboks road to qualification for the 2024 Paris Olympics was long and hard but the team managed to lock in their spot after winning the repechage tournament in Monaco end of June. For the Springbok Women 7s team however, the road to the Olympic Games has been a battle hard fought over many years.

After qualifying for the 2016 Olympic Games, the team did not compete and runners-up of the Africa qualification, Kenya, went in their place. In 2020, the same events occurred with our ladies again being refused participation despite qualification.

It is very evident that women's rugby in South Africa has been on the rise over the past two years and some may say this is the reason why finally after having qualified twice in the past, the ladies team has received the thumbs-up to participate this year.

With the Springbok Women's 7s team participating in the 2024 Paris Olympic Games for the first time ever, this is a



historic moment for the team and the players participating. It is no surprise however that the team who will be competing consists of 6 TuksRugby alumni proving once again the greatness that is produced through the Tuks pipelines.

These players include Nadine Roos, Liske Lategan, Kemisetso Baloyi, TuksNetbal alumni turned TuksRugby alumni, Marelize de Bruin and 2023 TuksRugby Player of the Year, Libbie Janse van Rensburg. Shona-Leah Weston has been included as the travelling reserve.

The men's competition will take place 24, 25 and 27 July with the 26<sup>th</sup> being the Olympic Opening Ceremony while the women's competition will take place 28-30 July. 288 Men's and women's players will be competing at the iconic Stade de France in Saint-Denis with 7 of those athletes being TuksRugby alumni.

TuksRugby wishes our athletes all the best.



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**BBRU Women's  
League Results**

**Castle Carlton  
League Results**





## RESULTS

**BBRU Women's Rugby League**

1 June	FNB UP-Tuks Women	14	vs	17	Quins
22 June	FNB UP-Tuks Women	40	vs	0	Correctional Services

**Castle Carlton League****FNB UP-Tuks 1 Results**

1 June	Tuks	89	vs	28	Tuine RC
15 June	Tuks	26	vs	31	Harlequins RC
22 June	Tuks	21	vs	40	Northam Rhinos

**Tuks Fezelas Results**

1 June	Tuks	43	vs	15	Tuine RC
8 June	Tuks	40	vs	0	Pretoria RC
15 June	Tuks	0	vs	26	Harlequins RC
22 June	Tuks	0	vs	24	Northam Rhinos

**Tuks JongSpan Results**

1 June	Tuks	14	vs	41	Tuine RC
8 June	Tuks	40	vs	0	Pretoria RC
15 June	Tuks	0	vs	31	Harlequins RC
22 June	Tuks	14	vs	0	Northam Rhinos

**Tuks u20 Results**

14 June	Tuks 1	0	vs	0	Pumas 1
21 June	Tuks 1	38	vs	0	Centurion 2
21 June	Tuks 2	10	vs	49	Centurion 1

*IN THIS ISSUE***Tuks star receives  
SA 7s call-up****USSA Rugby  
Championships**

**OTHER NEWS**

## UP-Tuks Star receive SA 7s Call-up



Kyle Cyster was selected to represent the Blitzboks 'A' team for the upcoming Rugby Africa 7s Championships taking place in Mauritius.

**UPCOMING EVENTS**

## USSA Rugby Championships LOADING...

AUTHOR: NINA EVANNA

It is USSA season at the University and our teams are ready to go! The USSAs Rugby 15s Championship is an annual event for the men's team but this year will see the inclusion of the women as well, however they will be competing in the 10s format. The inclusion of the women hopes to bring about a USSA 15s competition for them in the future, with 10s being a format in which many universities can now compete in. This will allow the universities time to grow their player base while giving their current players the opportunity to compete this year.

With the excitement of 7s combined by the power of 15s, 10s or 10-a-side rugby is a variant of rugby in which teams are made up of 10 players, typically 5 forwards and 5 backs. Match time also differs with two 10 minute halves. The rules for the game are very similar to that of rugby 7s. However, unlike 7s rugby, 10s offer players of diverse skills, capabilities, and different levels of fitness the opportunity to continue to enjoy the game. The more traditional scrums and lineouts are part of the game whilst the fact that there is a bit



more space on the field, however, not too much as to expose the slower forwards on the defense line, makes this a very popular game for all levels of players. UP-Tuks men and women will compete in this year's USSAs Rugby tournament which will be taking place at Rhodes University in Grahamstown, Port Alfred. The competition will kick off 1 July and conclude 5 July.

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Team-list**

**Upcoming  
fixtures**

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TEAM LISTS

# TuksRugby

## 2024 USSA RUGBY 15S CHAMPIONSHIPS

Allister Williams	Kamohole Tlome
Ambesa Zenzile	Keane Gelant
Andile Myeni	Macro Venter
Cayon February	MJ Nel
Chad-Lee Valentine	Munashe Dukuswa
David Engongo	Nqubeko Mkhwanazi
Dian Coetzee	Odwa Moletsane
Ethan Burger	Okuhle Siyeni
Haydn Kemp	Roald Hattingh
Henry Edwin Till	Ruan van Blommenstein
Hilton Gie	Tharquinn Manuel
Jandre Burger	Walter Visser
Jayd Austin	Zander Reynders
JW Marè	Zeke January

## TuksWomensRugby

Aphiwe Masuku	Marli van Rensburg
Gina Moya	Mbali Ndlovu
Jessica Maré	Precious Tlaka
Kaylee van Staden	Rethabile Kgatle
Kheselina Rens	Samukelisiwe Ngcobo
Kirstin Stead	Sanitha Mkhwanazi
Kwanga Majebe	Sesihle Maguga
Lerato Tshabalala	Sinegugu Mncwabe
Mamello Mustafa	Yolanda Malangeni



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Men & Women

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UPCOMING FIXTURES

## Castle Carlton League Fixtures

**FNB UP-Tuks 1**

**Tuks Fezelas**

**Tuks JongSpan**

13 July

FNB UP-Tuks vs Centurion RC

HOME

20 July

FNB UP-Tuks vs Tuine RC

HOME

27 July

FNB UP-Tuks vs Harlequins RC

HOME



## Castle Carlton Under 20 League Fixtures

12 July

Tuks 1 vs Naka Bulle 2

LOFTUS

Tuks 2 vs Naka Bulle 1

LOFTUS

26 July

Tuks 2 vs Pumas 1

HOME



## BBRU Women's Rugby League

13 July FNB UP-Tuks Women vs Atteridgeville

HOME

20 July FNB UP-Tuks Women vs Mamelodi RC

AWAY

27 July FNB UP-Tuks vs Pretoria RC

AWAY



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**TuksSport**



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OTHER NEWS

**Sports  
Performance  
Bursary  
Applications**

**OPEN!**

All applications  
(Existing & New) to  
be completed online  
via the UP Website.

**Closing date: 31  
July 2024**



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UNIVERSITEIT VAN PRETORIA  
UNIVERSITY OF PRETORIA  
YUNIBESITHI YA PRETORIA



**Mission Statement**

Striving to develop quality student-athletes within a high performance environment who will graduate with meaningful degrees.

Preparing young athletes for a life after rugby, competing for championships on and off the field, for future generations to follow.

TuksRugby



TuksSport