



## TRY TIME NEWS

### BBRU U/20 CUP CHAMPIONS

#### Tuks YoungGuns



#### MOST POINTS SCORED

1	RASSIE FREDERICKS	Tuine B	118
2	PATRICK HOBAN	Tuks A	90
3	MORNE SCHEEPERS	Centurion A	89
4	CALVIN PAULSEN	Naka Bulle B	75
5	MC MALAN	Naka Bulle IRI	73
6	BLANCHÉ TERBLANCHÉ	Tuine B	72

#### IN THIS ISSUE

**THE WOMEN OF  
TUKS RUGBY**

**PLAYER IN FOCUS:  
UP-TUKS WOMEN**



WE ARE ALL WONDERWOMEN!



# HONORING THE WOMEN IN TUKSRUGBY

## In the Office:

**Ansie du Plessis**



**TuksRugby  
Administrator**

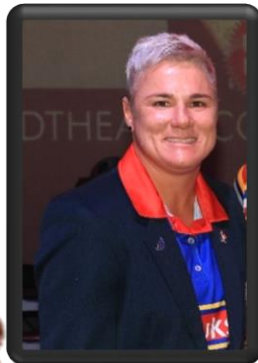
**Libbie JvRensburg**



**Women's  
Rugby  
Coordinator &  
Marketing**

## On the Field:

**Lizanne Jacobs**



**Women's  
Head Coach  
& Youth  
Rugby Coach**

**Rae-Marie Albertyn**



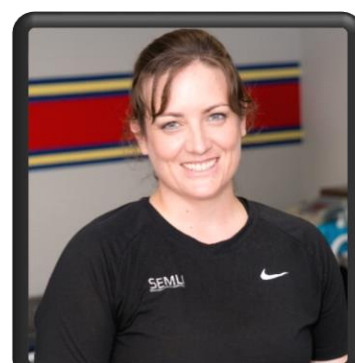
**Women's XV  
manager &  
Youth Rugby  
Manager**

**Julliana Willemse**



**Women's 7s  
Manager**

**Sanet van Zyl**



**TuksRugby  
Physio**

*IN THIS ISSUE*

**PLAYER IN FOCUS:  
JESSICA MARÉ**

**BOSSIE GETS  
'HANDS-ON'**



# Tuks Womens Rugby Player *Player in Focus: Jess Maré*

**AUTHOR: CHRISTOPHER BALDIN**

Tuks Womens Rugby player and UP student Jessica Maré has entered the rugby scene with a bang!

Originally from Muden, a small farming community in Kwa-Zulu Natal, Jess started playing rugby in 2021 when she started studying. When she was at school at St Johns DSG in Pietermaritzburg she mainly played hockey, which could be the reason why she took so easily to the contact of rugby.

Jess is currently playing for the UP-Tuks Women's team in the Blue Bulls Women's Rugby Club League. She has captained the team a few times this year and is currently playing at lock but has mentioned that she would not mind having a crack at eighth-man. Although Jess finds herself caught up doing some heavy lifting in the scrums and line-outs, what makes this lock different

is the fact that she is also the team's kicker. She is currently the top goal kicker in the league and also amongst the top 6-point scorers. Jess adds that winning the league this year is definitely one of her goals for the team. She says she has always had a love for rugby and has fond memories of going to Kings Park to watch rugby and pass the ball around with her dad. Currently in her third year doing her BA in languages, once she finished her studies she would love to travel the world. The only thing that would change her mind is if she was given the opportunity to play rugby professionally, which some of our ladies are already doing.

Jess has shown immense work ethic during her time with TuksRugby, something she picked up from her rugby icon Niall Williams. It is safe to say that this young talent has only just begun her rugby career.



## PLAYER FACTS

**If you could have any superpower, what would it be?**

*Super Intelligence (So I could be better at math)*

**If you were an animal, what animal would you be?**

*A Cat, so I could nap all day in the sun.*

**What is your favourite post-game meal?**

*Anything that comes off a braai.*



**UP-Tuks Womens lock, Jess Maré, lining up a kick at goal.**



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**BOSSIE GETS  
'HANDS-ON'**

**USSA RESULTS**



**OTHER NEWS**

**Bossie gets ‘Hands-on’**

**AUTHOR: VALERIE BELLADONA**



Photo Credit: Reg Caldecott

TuksRugby Head of Programme, Conrad Boshoff, AKA Bossie, has always been known to be eager to get involved with TuksRugby’s affairs outside of the office. From being hands on during home Varsity Cup games, to availing himself as a kicking coach, Bossie will go out of his way when it comes to anything TuksRugby.

Most recently Bossie has been involved during the World Sports Betting Carlton League as UP- Tuks 1 and Fezelas coach and now with the USSA 15s team as well. As mentioned before, Boshoff was always involved as the kicking coach for the teams and assisted some of the best kickers to ever come through the TuksRugby structures including the likes of Thinus de Beer (Currently at the Pumas), Impi Visser (Current Blitzbok) and Libbie Janse van Rensburg (Current Springbok women).

To see a kickers progression throughout a season and how they experience changing small things in order to make great improvements is what really gets him excited when

working with kickers. His involvement during this year in a coaching capacity is something that came very naturally to Bossie. What some may, or may not know is that Mr Boshoff has also coached at Juvenia Krakòw, a Polish rugby club based in Krakòw, Poland in 2016 until 2021, making him no stranger to the role.

“Im pleased to see that the players are enjoying rugby as a sport and the passion that they show on the field is great to see” says Bossie when asked what his experience has been like with the players this season. However, he does add that some challenges he has faced as a coach is trying to keep players from having tunnel vision and getting them into a mindset of playing what is in front of them.

When asked about the upcoming USSA rugby 15s championship, Bossie says he is excited and has confidence in the team, adding that the players simply need to believe in themselves. He mentions that the likes of Keane Galant and Ruan van Blommestein will be players to watch during this tournament as these two youngsters have shown their hunger to play in big matches. It should also be added that neither one of these players played in the Varsity Cup this year so they will be eager to match up against the opposition.

**RESULTS**

**USSA Rugby Championship**

**FNB UP-Tuks 10-25 Maties**

**FNB UP-Tuks 21-10 NMU**

**FNB UP-Tuks 21-14 UWC**

**5<sup>th</sup> Place finish**



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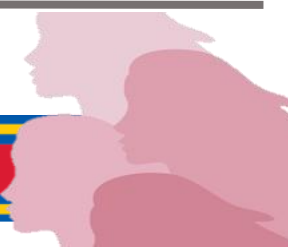
**RESULTS**

**UPCOMING FIXTURES**

**TuksRugby**



**TuksSport**





# RESULTS

## WSB Carlton League Results



### 22 July

- UP-Tuks 1 38-44 Centurion A
- Tuks Fezelas 84-24 Centurion B
- Tuks JongSpan 31-29 Centurion

### 29 July

- UP- Tuks 1 31-36 Naka Bulle 1
- Tuks Fezelas 17-47 Naka Bulle 2
- Tuks JongSpan 32-17 Naka Bulle 3
- UP-Tuks Women 5-0 Pretoria RC

## U20 League

### 7 July

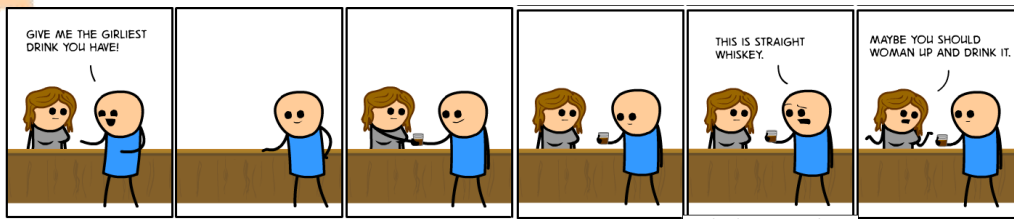
- Tuks A 40-29 Cent A
- Tuks B 25-3 Cent B

### 21 July SEMIS

- Tuks A 24-10 Naka B

### 28 July FINALS

- Tuks A 36-22 Naka A



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### UPCOMING FIXTURES

### SPONSORS

TuksRugby



TuksSport

## Upcoming Fixtures

### WSB Carlton League

5 Aug Tuks vs Harlequins AWAY  
12 Aug Tuks vs Wolverines HOME  
19 Aug Tuks vs Tuine HOME  
26 Aug SEMI-FINAL  
2 Sept FINAL

### UXI Super League

16 Sept QF

### Womens League

5 Aug Tuks vs Harlequins AWAY  
12 Aug Tuks vs SMU Buffalos HOME  
19 Aug Tuks vs Grizzlies AWAY  
26 Aug SEMI-FINAL  
2 Sept FINAL



## SPONSORED BY:



FNB



## MISSION STATEMENT

Striving to develop quality student-athletes within a high-performance environment who will graduate with meaningful degrees.

Preparing young athletes for life after rugby, competing for championships on and off the field, for future generations to follow.