

This programme offers a unique balance for you to excel both in your academics as well as your golf game. We welcome you to a highly supportive system where you can maximize your golf game with top class coaches as well as excel academically.

We achieve this balance by offering the essential aspects of your golf game:

- Swing principles and technique
- Sport Psychology
- Short and long game coaching
- Golf specific strength and conditioning
- Course Management
- Tournament preparation

Train To Compete Package

- Coaching
 - 1 x squad session per week
 - 1 x 30mins Individual Lesson per week
 - 4 x 9 Hole Course Management Sessions
- Golf specific strength and conditioning
- Sport Psychology
 - 1 x team meeting
 - 1 x Focusband Session
- TuksGolf Range Membership
- TuksSport Club Membership
- TuksGolf Clothing
- Irene Country Club Membership
- HPC Gym Membership

Cost: R49 850
Deposit R15 200
9 Monthly Payments of R3 850

Programme runs in conjunction with public schools.
Optional services available.



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