

TuksGolf Club & Academies

2021 High School (LTC)

The TuksSport High School Package includes the following:

<i>Coaching</i>	2 x Squad Sessions Per Week (60 Min) – Elite Coach
<i>Strength & Fitness</i>	1 x 45 Minute Individual/Week (2:1) 3 x 60 Min TPI Programme Fitness Sessions 1 x Squad Training Session
<i>Golf Psychology</i>	1 x Psychological Assessment & Feedback Session 1 x Team Meeting (with entire coaching golf team)
<i>Golf Testing</i>	1 x Club Fitting
<i>Memberships</i>	TuksGolf Range Membership HPC Sport Science Gym Waterkloof Golf Course Membership
<i>Uniform</i>	2 x Titleist Golf Caps 5 x Golf Shirts 1 x Sweater
<i>Apps</i>	Coach Now
<i>Training Aids</i>	Available at Kiosk

Additional Charges:

Additional Sessions can be purchased at R3750 (10 x 30 Minute Sessions)

Optional:

- Titleist & Footjoy Equipment



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