

TuksSport High School

This program offers a unique balance for you to excel both in your academics as well as your golf game. We welcome you to a highly supportive system where you can maximise your golf game with top class coaches as well as excel academically.

We achieve this balance by offering the essential aspects of your golf game:

- Swing principles and technique
- Sport psychology
- Short & Long game coaching
- Golf specific strength & conditioning
- Course management
- Tournament Preparation



LEARN TO COMPETE PACKAGE

Coaching

- 2x squad sessions per week

Golf Specific strength & conditioning

- 4 sessions per week

Sport Psychology

- 1 x team meeting
- 1 x psychological assessment

HPC Gym Membership

Club Fitting

TuksGolf Range Membership

TuksGolf Kit

CoachNow App

Waterkloof Golf Club Membership



Neil Van Vliet

neil.vanvliet@hpc.co.za

076 873 3937

TRAIN TO COMPETE PACKAGE

Coaching

- 2 x lessons per week

Golf Specific strength & conditioning

- 4 sessions per week

Sport Psychology

- 1 x team meeting
- 1 x psychological assessment

HPC Gym Membership

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TSHS Learn To Compete

Cost: R48 600 pa

(10% discount if paid upfront)

Deposit R12 645

9 Monthly Payments of R3 995

TSHS Train To Compete

Cost: R66 710 pa

(10% discount if paid upfront)

Deposit R15 158

9 Monthly Payments of R5 728

**Programme runs in conjunction with
Public Schools.**

Optional Services Available



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