

# THE INVOLVEMENT MATRIX AS A FRAMEWORK FOR INVOLVING YOUTH WITH DISABILITIES IN DEVELOPING HEALTH EDUCATION MATERIALS

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## Why did we do this study?

To involve youth who use AAC to help make health education resources they can use in health care settings.  
To show the important roles the youth who use AAC played in the research process.



## How did we do this study?



### Who was part of the study:

Six youth who use AAC.  
The youth were between 24 and 35 years old.



### How the youth who use AAC shared their thoughts during the project:

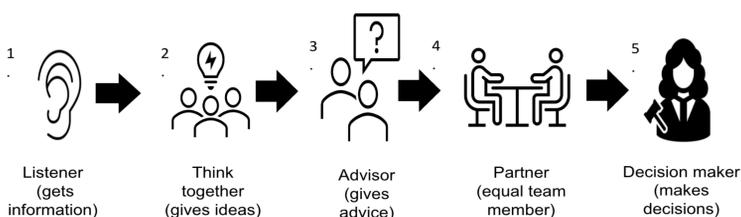
- The youth completed an online questionnaire using simple language.
- They answered questions via Skype or WhatsApp during an online interview.
- They shared ideas through a Whatsapp group chat.

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This project used the Involvement matrix tool to make health education materials. The involvement matrix is a tool made by researchers and people with disabilities. This tool helps to decide the roles of the different people in a project.

### The Involvement Matrix Roles



	The role of the youth who use AAC in this project.			
	Listener	Advisor	Partner	Decision maker
Step 1: Listens to information	✓ Listen to the information about the research project.			
Step 2: Co-develop health materials		✓ Gave advice on the topics and symbols to use. Advised on the structure of communication boards.		
Step 3: Co-present information			✓ Youth and one researcher presented at a youth meeting	✓ Make final decisions on AAC symbols for their communication boards.

## What did we find?



Youth who use AAC made valuable health education resources. Researchers and youth who use AAC can work together to co-develop resources.

## What can we do to help?



Share communication boards and social stories with people with disabilities in South Africa.

Scan to download the communication boards and social stories from the CAAC website.

