

<p>1. Bula pompo</p>  <p>*</p>	<p>2. Kolobetša diatla tša gago ka meets</p> 	<p>3. Kwala pompo</p>  <p>*</p>	<p>4. Tšaša sesepa mo diatleng</p>  <p>^</p>	<p>5. Fogohla sesepa mo diatleng</p>  <p>^</p>
<p>6. Fogohla sesepa godimo ga diatla</p>  <p>^</p>	<p>7. Fogohla sesepa ka gare ga menwana ya matsogo</p>  <p>^</p>	<p>8. Fogohla sesepa mogodimo ga dintlheng tša menwana ya matsogo</p>  <p>^</p>	<p>9. Bula pompo</p>  <p>*</p>	<p>10. Šomiša meetse go ntša sesepa mo diatleng</p>  <p>^</p>
<p>11. Kwala pompo</p>  <p>*</p>	<p>12. Omiša diatla tša ga go ka toulo ya pampiri</p>  <p>^</p>	<p>13. Latlela toulu ya gago ka gare ga setšheladitlakala</p> 	<p>14. Etswa ka mo phaposi ya bohlapelo</p>  <p>*</p>	<p>15. Ka diatla tše di hlwekilego</p>  <p>^</p>

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This is a visual schedule. A visual schedule can help people to understand how a sequential process or procedure works. It is especially helpful for people with intellectual disabilities or autism, to help them understand what to do next or what will happen next. When a person is able to anticipate what will happen next it can decrease their anxiety and increase their independence. To use the visual schedule, before an activity sit with the person and explain the procedure to them step by step, pointing to the pictures as you go. During the procedure before each step show the person the picture and when that step is completed show them that you are moving on to the next step.

*symbols from www.bildstod.se and ^ <https://www.vecteezy.com>