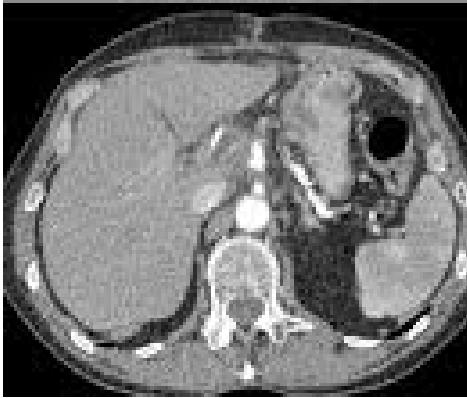


Double Bypass Surgery VS Endotherapy for Irresectable Pancreatic Cancer



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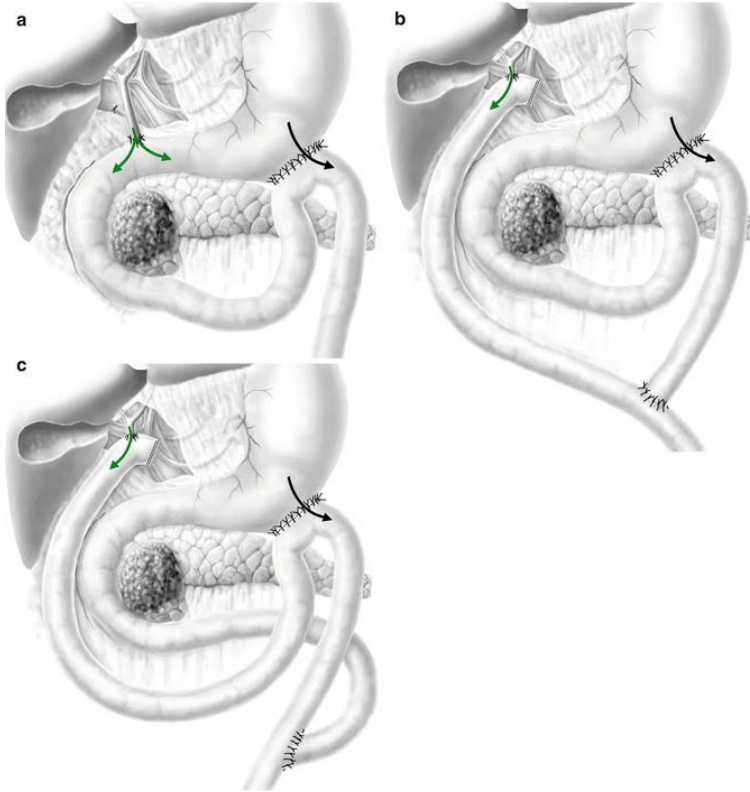


GAUTENG PROVINCE
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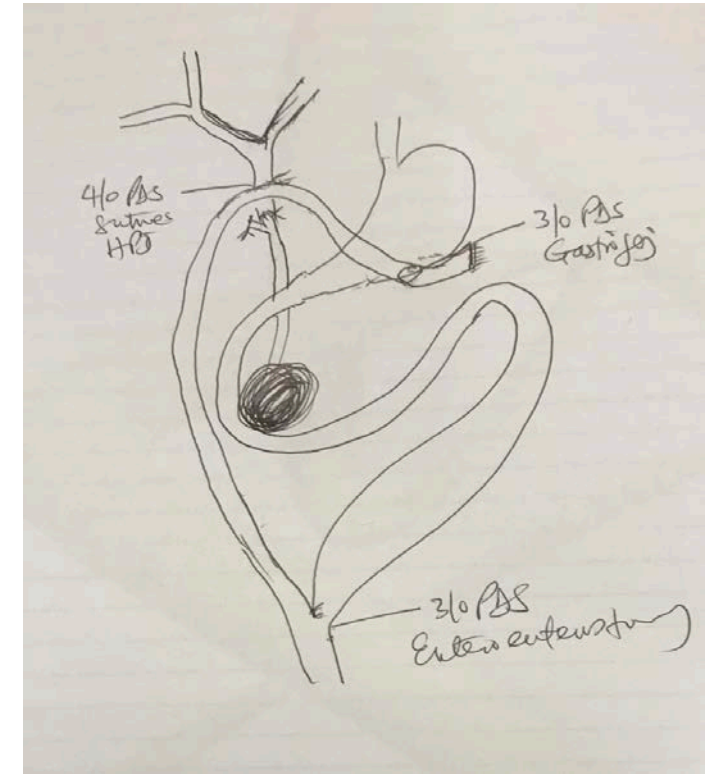
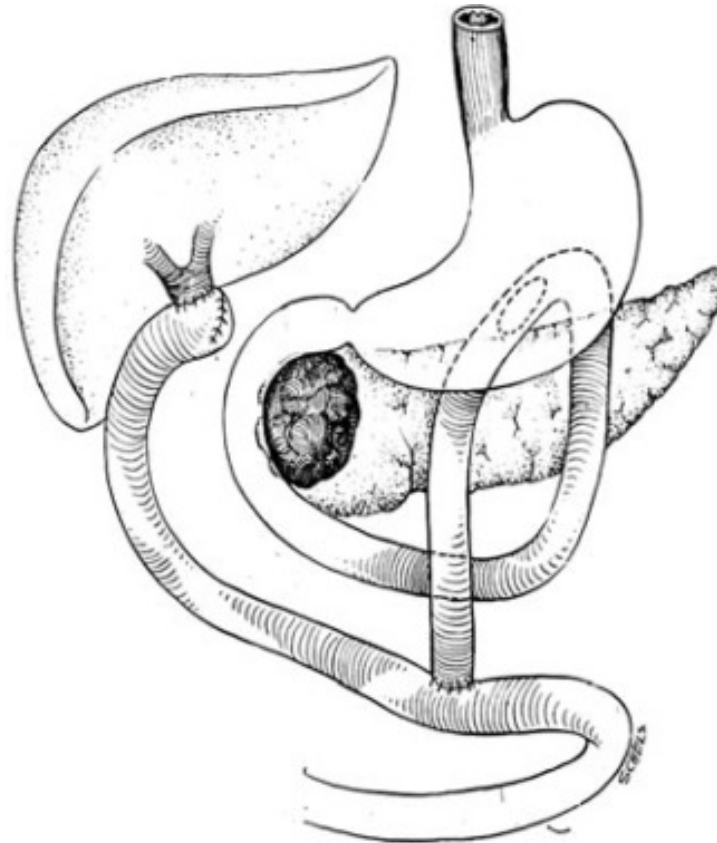
Introduction



- Pancreatic cancer is second commonest cause of cancer death world wide
- Majority (80%) are irresectable at presentation
- 70 - 90% of patients with head & ampullary cancers presents with jaundice
- ~ 30% may have varying degree of nausea & vomiting;
 - 10 – 15% duodenal obstruction – GOO
 - 17% GOO rate @ 7.8mo post biliary palliation alone
- Palliation of jaundice, GOO & pain remains a significant means of offering reasonable QoL
- Endoscopic and/or surgical means of palliation



SURGERY



Surgical palliation

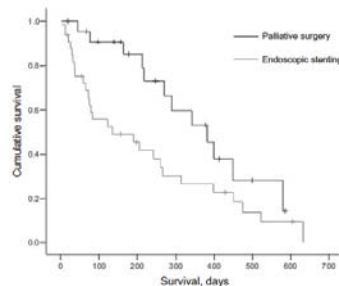
- Traditional means of palliating biliary & enteric obstructions
- Biliary obstruction:
 - Choledocho-duodenal anastomosis
 - Cholecysto-enteric anastomosis (duodenum or jejunum)
 - Hepatico-enteric anastomosis (duodenum or jejunum)
- Gastric bypass:
 - Loop gastrojejunostomy
 - Roux-en-Y gastrojej
 - Usually as a prophylactic procedure: 10 – 20% late obstruction

Double bypass.....

- Pre-endoscopic era:
 - Irresectability during trial of dissection: locally advanced &/or mets
 - Planned: in fit patient deemed irresectable preop
- Endoscopic era:
 - Locally advanced during scheduled PD:
 - debate wrt gastric bypass in asymptomatic patients

Double bypass

- PROS:
 - Durable palliation – less readmission
 - Same short- & long-term as endoscopic techniques
 - Deals with late GOO
 - Prophylactic GJ not associated with increased time, M/M (17 vs 18%)

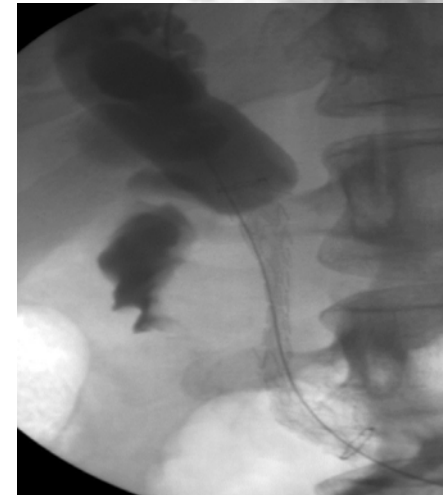
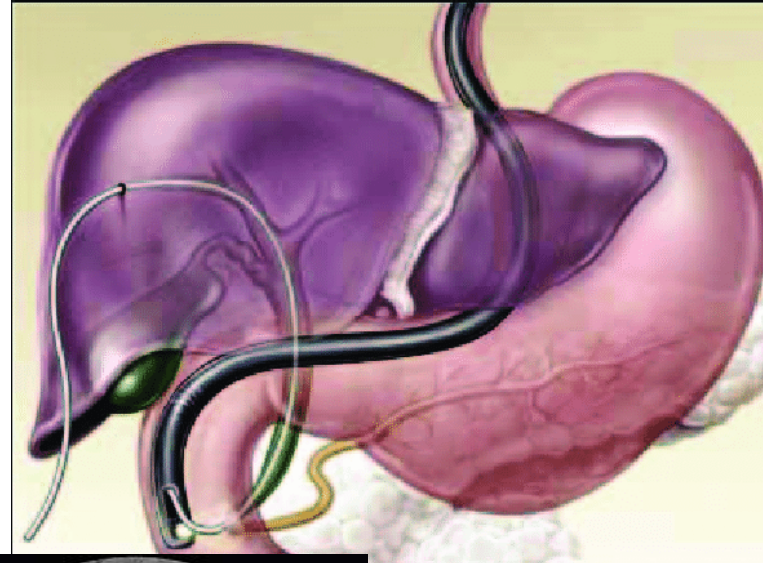
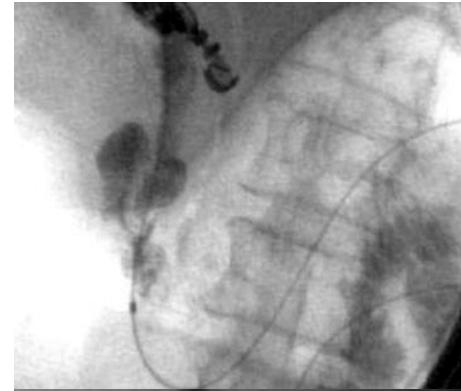
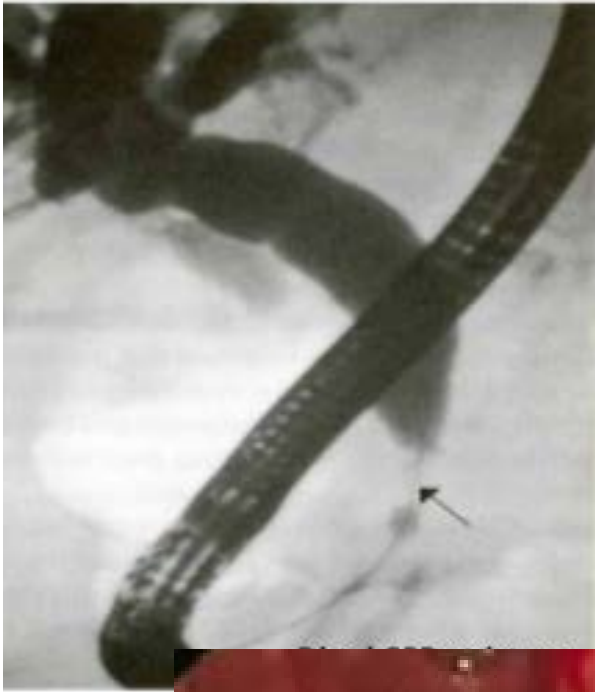


- Cons:
- Unnecessary:
 - Decreased survival of pats
 - Associated increased mortality (33%)
- Does not totally prevent delayed emptying (26% rate)
- Issue of wound + other sepsis
- Slightly prolonged hospital stay

Of Note.....

- Type of bypass
 - Loop
 - Roux-en-Y
- Route:
 - Antecolic
 - retrocolic

Non-Op Rx: ENDOTHERAPY



Endoscopic therapy

- Introduced since late 80s
- Revolutionized palliation of biliary strictures:
 - feasible in almost all candidates:
 - endoscopic or Radiology or combination (“Rendezvous”)
 - EUS guided techniques
- Effective palliation of mechanical bowel obstruction since early 90s
- Stents: Large bored 10Fr better than smaller calibers
 - Plastic: Polyethylene or Teflon material (silicone coated or uncoated)
 - Self Expandable Metal Stents (SEMS): uncovered, covered, partially covered, Biodegradable
- Newer technology with metal stents now standard of care

Irresectable panc Ca: endotherapy...

- Low M/M: 2 – 15%, 0.1 – 0.3%
- Low or no hospital stay
- No scar
- Good long-term survival & QoL
- Quite cost effective, re SEMS*
- Not innocuous
- Severe, life threatening complications: bleeding, free perf, pancreatitis, cholecystitis, anesthesia related issues
- Skill acquisition not easy + not widely available
- High re-admission rates: stent changes &/or cholangitis

Double bypass vs Non-op Rx (endotherapy)...

Study, author(s), year	Study type	Number of patients	Findings	Study conclusions
Sunpawong <i>et al.</i> , 2005 ²²	Retrospective	116	No difference in survival time, morbidity or cost-effectiveness; surgical palliation resulted in significantly less common late complications (jaundice)	In favour of surgical palliation
Nuzzo <i>et al.</i> , 2004 ²³	Retrospective	84	Higher incidence of complications in stented group, with frequent hospital admissions and lower quality of life	In favour of surgical palliation
Santagati <i>et al.</i> , 2003 ²⁴	Retrospective	107	Higher complication rate, mortality rate and hospital stay in surgically palliated patients	In favour of endoscopic palliation
Maosheng <i>et al.</i> , 2001 ²⁵	Retrospective	(Metallic stents)	Higher rate of late complications in metallic stent group, but shorter hospital stay and lower cost	In favour of surgical palliation in patients expected to live >6 months
Wagner <i>et al.</i> , 2000 ²⁶	Retrospective	348	–	In favour of surgical palliation
Raikar <i>et al.</i> , 1996 ²⁷	Retrospective	66	Endoscopic treatment resulted in shorter hospital stays at reduced cost, with equivalent survival	In favour of endoscopic palliation
Smith <i>et al.</i> , 1994 ²⁸	Randomized	204	Lower mortality and complication rates with stenting, but higher rate of late complications	Both effective palliative treatments
van den Bosch <i>et al.</i> , 1994 ²⁹	Retrospective	148	Higher early morbidity and mortality in surgical bypass, higher late complications with stenting	Surgical palliation if life expectancy >6 months
Anderson <i>et al.</i> , 1989 ³⁰	Randomized	50	No differences in survival or palliation	In favour of endoscopic palliation
Shepard <i>et al.</i> , 1988 ³¹	Randomized	52	No difference in overall survival, more readmissions in the stented group, but total time in hospital still shorter than in those undergoing surgical bypass	Endoscopic palliation is a good alternative to surgery
Sonnenfeld <i>et al.</i> , 1986 ³²	Retrospective	41	Major complications more common in surgical bypass group with longer hospital stays; no difference in mortality or survival	–
Bornman <i>et al.</i> , 1986 ³³	Randomized	53	Shorter hospital admission in the stented group, but higher rate of readmissions longterm; no difference in survival	–

- Very limited trials of direct comparisons
- Largely retrospective
- Endotherapy better for short term results but non-superior in long term
- Overall costs are comparable
- More readmissions with endotherapy
- More late complications with endotherapy

Surgery vs Non-ops: which to choose?

- No real guidelines

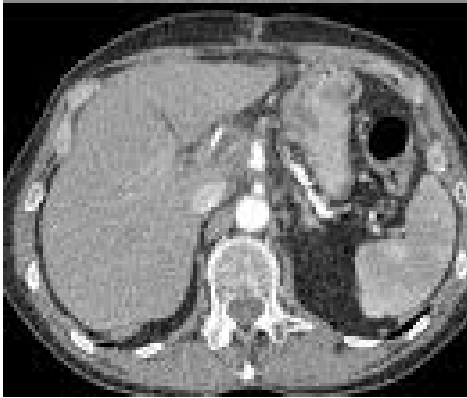
BUT....

- Consider:
 - Available/accessible skill(s)
 - Available/accessible facility
 - Patients factors: estimated survival, fitness, etc
- Appropriate patient selection is paramount

Conclusion

- Surgery & non op modalities provide comparable palliation
- Choice will depend on local circumstances and patient factors
- Endotherapy favored cos of increased wide availability, increased skills acquisition, better technology and less M/M
- Endotherapy does not completely preclude further surgery where indicated
- During surgery, prophylactic gastric bypass essential
- Laparoscopic surgery preferable where the skill exist

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