

PERFORATED PEPTIC ULCER

LAPAROSCOPIC VS OPEN REPAIR

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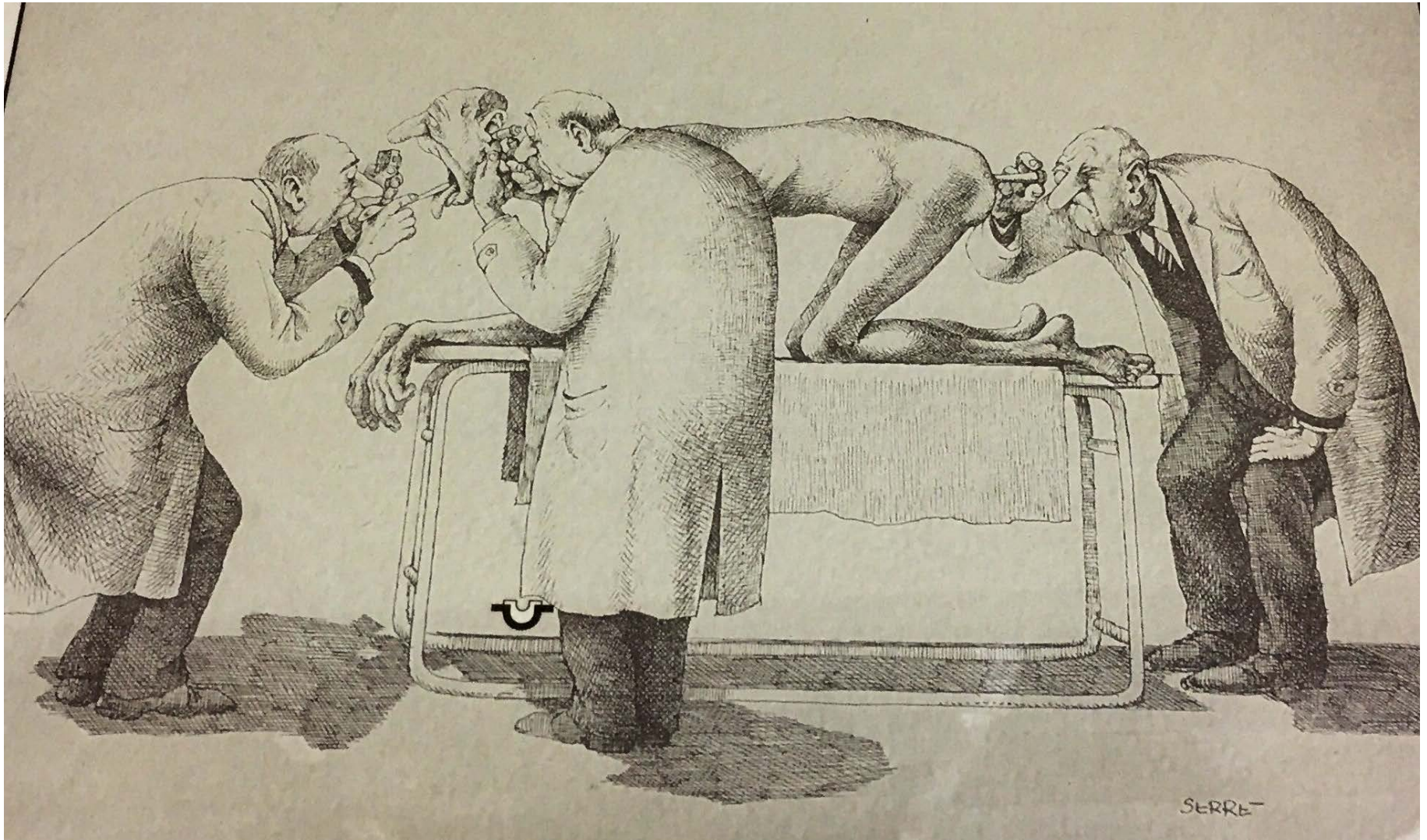
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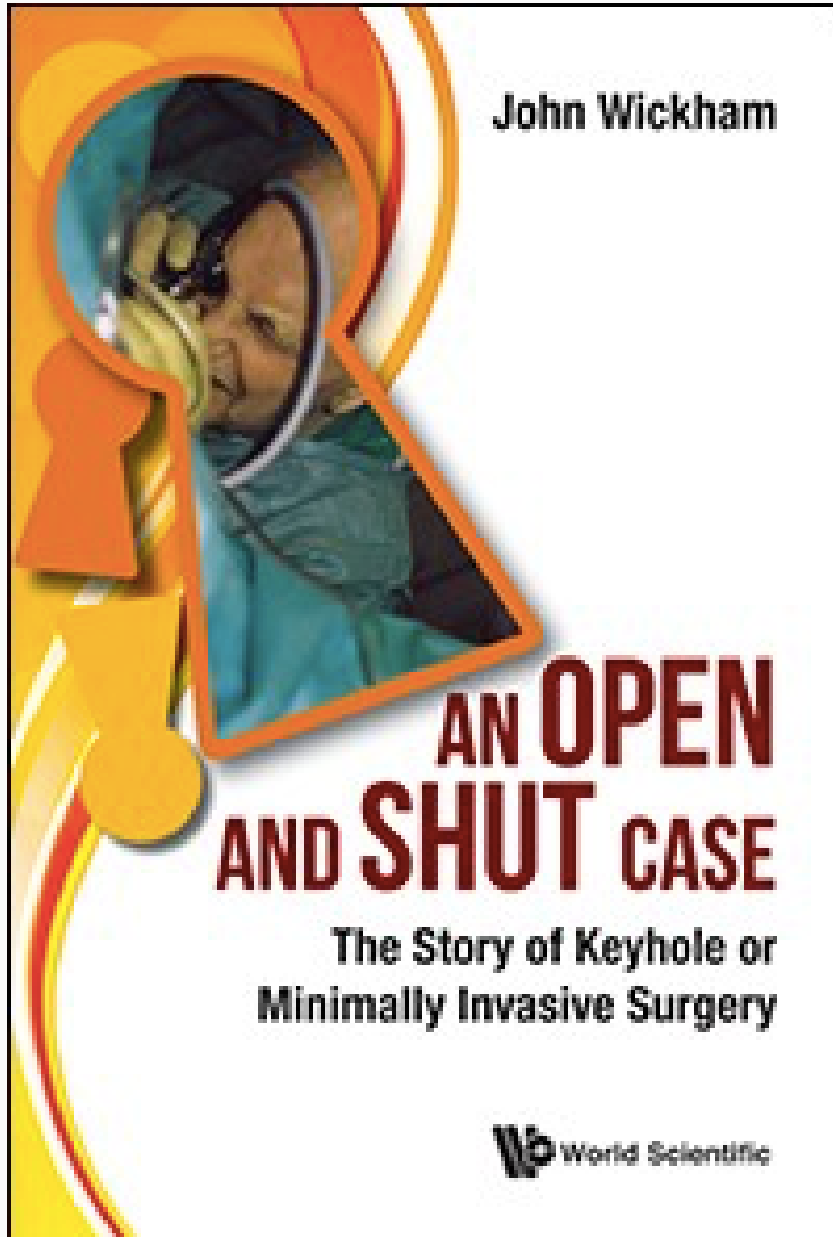
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GESONDHEIDSWETENSKAPPE



Fibro-opticians tend to treat the hole in the patient,
instead of the patient as a whole

A 58 YR FEMALE PATIENT PRESENT WITH A PERFORATED PEPTIC ULCER....

- As surgeon you need to answer a few questions:
 1. Does the patient need surgery?
 2. Is an omental plication enough?
 3. Is the patient stable enough to undergo definitive treatment? Which definitive surgery is indicated?
 4. Should the surgery be done laparoscopic or open?



FOCUS

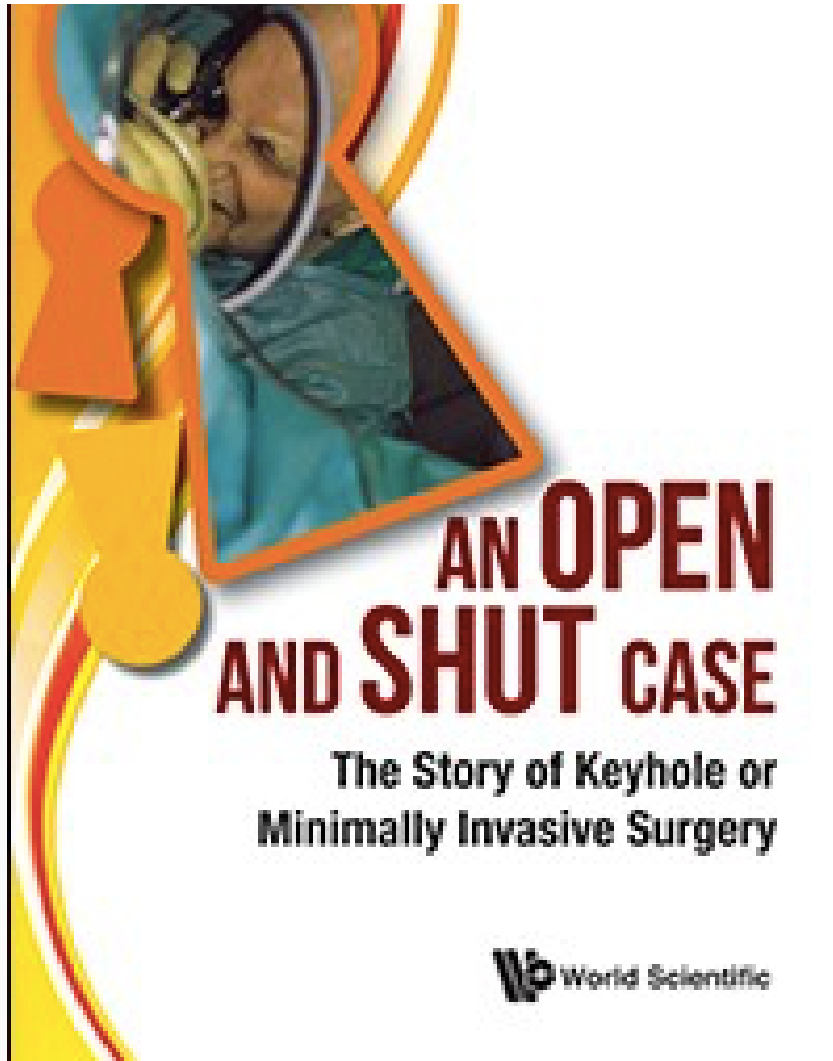
- 2018
- COMPARABLE
- MINIMAL RISK
- EARLIER RECOVERY
- LESS COMPLICATIONS
- LESS PAIN
- SAFE
- **LESS WOUND SEPSIS**

Laparoscopic treatment of perforated peptic ulcer.

Mouret P¹, François Y, Vignal J, Barth X, Lombard-Platet R.

⊕ Author information

PMID: 2145052



Describe 1990

Wide acceptance

Many surgical armamentarium

Smaller incisions, less wound sepsis, possible less surgical stress.....

**STILL NOT
THE GOLD
STANDARD**

DECISION MAKING

- Laparoscopic expertise of the surgeon



- Conclusion: more RCT needed....



[JSLS](#). 2013 Jan-Mar; 17(1): 15–22.


doi: [10.4293/108680812X13517013317752](https://doi.org/10.4293/108680812X13517013317752)

[Link to Publisher's site](#)

PMCID: PMC3662736

PMID: [23743368](#)

Meta-analysis of Laparoscopic Versus Open Repair of Perforated Peptic Ulcer

[Stavros A. Antoniou](#), MD,  [George A. Antoniou](#), MD, PhD, [Oliver O. Koch](#), MD, [Rudolph Pointner](#), MD, PhD, and [Frank A. Granderath](#), MD, PhD

- Not benefit proven for:
 - Mortality
 - Morbidity
 - Re-operation rate

Laparoscopic versus open repair for perforated peptic ulcer: A meta analysis of randomized controlled trials.

Tan S¹, Wu G², Zhuang Q¹, Xi Q¹, Meng Q¹, Jiang Y¹, Han Y¹, Yu C³, Yu Z⁴, LI N⁵.

No significant difference between the primary outcomes:

- Overall post operative complication rate
- Mortality
- Re-operation rate

Laparoscopic versus open repair for perforated peptic ulcer: A meta analysis of randomized controlled trials.

Tan S¹, Wu G², Zhuang Q¹, Xi Q¹, Meng Q¹, Jiang Y¹, Han Y¹, Yu C³, Yu Z⁴, Li N⁵.

- Subcategory laparoscopic evaluation similar
 - Repair site leak rates
 - Intra-operative abscess
 - Post-operative ileus
 - Pneumonia
 - UTI

Laparoscopic versus open repair for perforated peptic ulcer: A meta analysis of randomized controlled trials.

Advantage: Lower surgical site infections

CONCLUSION:

More high quality RCT needed to further assess the safety and efficacy of laparoscopic repair of peptic ulcer perforations

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Home > March 2002 - Volume 235 - Issue 3 > Laparoscopic Repair for Perforated Peptic Ulcer

Laparoscopic Repair for Perforated Peptic Ulcer

Lagoo, Sandhya A. MD, PhD

Annals of Surgery: March 2002 - Volume 235 - Issue 3 - p 320-321
Editorial

Indications for conversion to open repair

INDICATIONS FOR CONVERSION TO OPEN REPAIR:

- Cardiovascular instability
- Relative indications:
 - Ulcer >6mm with friable edges
 - Posterior location
 - Inadequate instrumentation
 - Need for definitive surgery (possible malignancy)
- Prognostic factors resulting in conversion
 - Shock
 - Perforation >24hrs



OPEN

An Updated Meta-Analysis of Laparoscopic Versus Open Repair for Perforated Peptic Ulcer

Received: 03 March 2015

Accepted: 12 August 2015

Published: 09 September 2015

Chunhua Zhou^{1,2,*}, Weizhi Wang^{1,*}, Jiwei Wang^{1,*}, Xiaoyu Zhang^{1,3,*}, Qun Zhang¹, Bowen Li¹ & Zekuan Xu^{1,4}

- Fewer studies comparing open with laparoscopic repair in PUD
- 24 NRS & 5 RCT
 - Pain – subjective –
 - NRS less painful recovery
 - RCT – same conclusion not reached
 - CO₂ peritoneum
 - increase risk for bacteremia, sepsis and bacterial translocation into bloodstream and pneumonia.
 - Benefit of laparoscopic surgery may be neutralized by the disadvantage of a CO₂ pneumoperitoneum

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- Similar incidences of:
 - Intra-abdominal abscesses or leaks
 - UTI
 - Difficulty with gastric emptying
 - GIT bleeding
 - Pleural effusions

Mortality associated patient risk

Selection bias – unstable patients - open surgery

More RCT needed

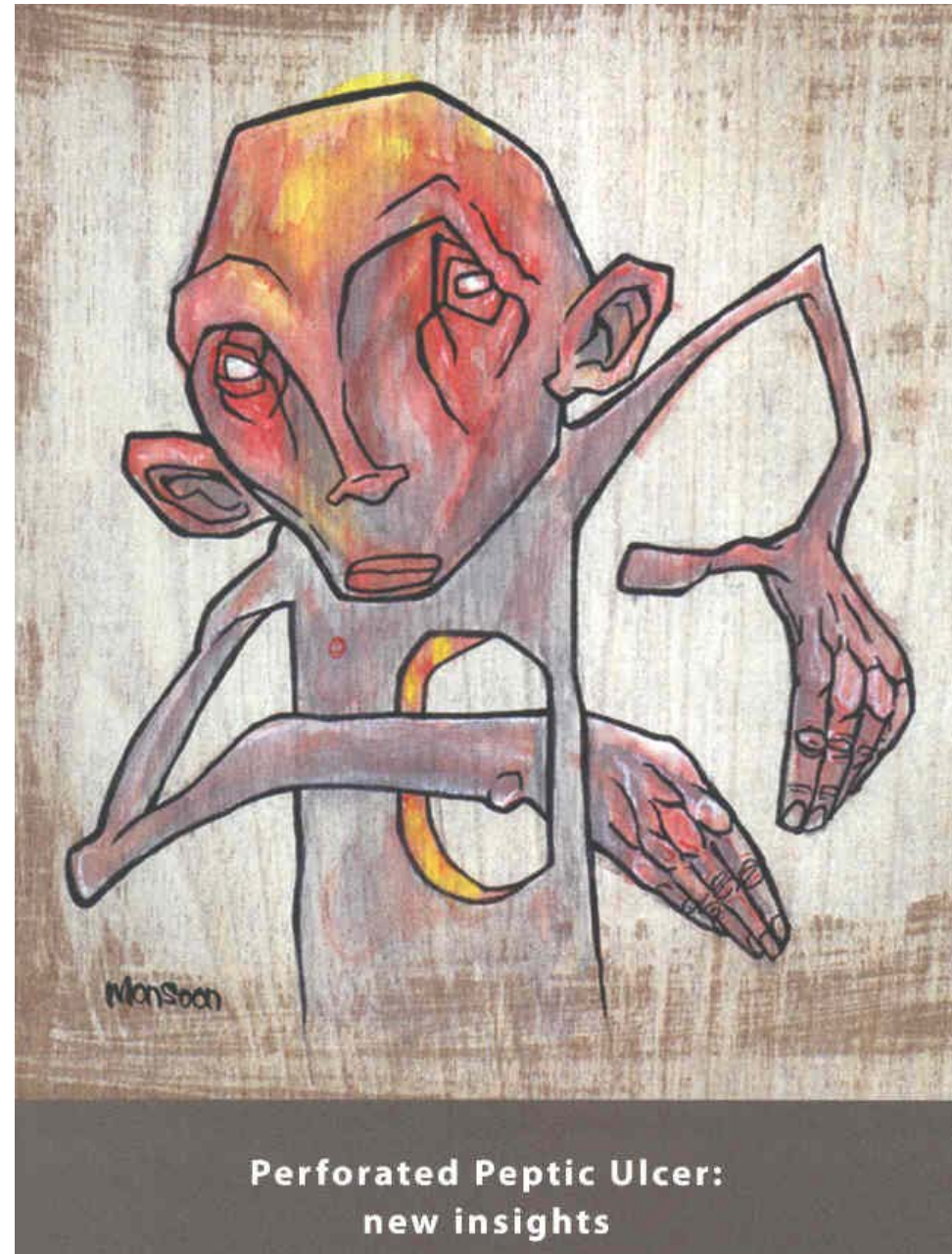
WHY THEN DO I RECOMMEND AN OPEN REPAIR?

PROVEN ADVANTAGE: WOUNDSEPSIS

MINIMAL INVASIVE VS MINIMAL ACCESS...

MINIMAL ACCESS ...

- Advantage:
 - Small incision
 - Less wound sepsis
- Pneumoperitoneum
 - Chinchau et al
 - Bacterial translocation
 - Naesgaard et al
 - Increase pneumonia
 - Increase risk if prolonged peritonitis



MINIMAL ACCESS ...

Physiological effects of a pneumoperitoneum

cardiovascular	Respiratory	Others
↓ Venous return	↓ lung volumes FRC	↓ renal function
↓ cardiac output	↑ airway resistance	↑ risk of regurgitation
↑ SVR	↓ pulmonary compliance	↑ ICP
↓ BP	↑ airway pressure	↓ CPP
Brady/tachycardia	↑ risk of barotraumas	
	↑ V/Q mismatch	

MINIMAL ACCESS ...

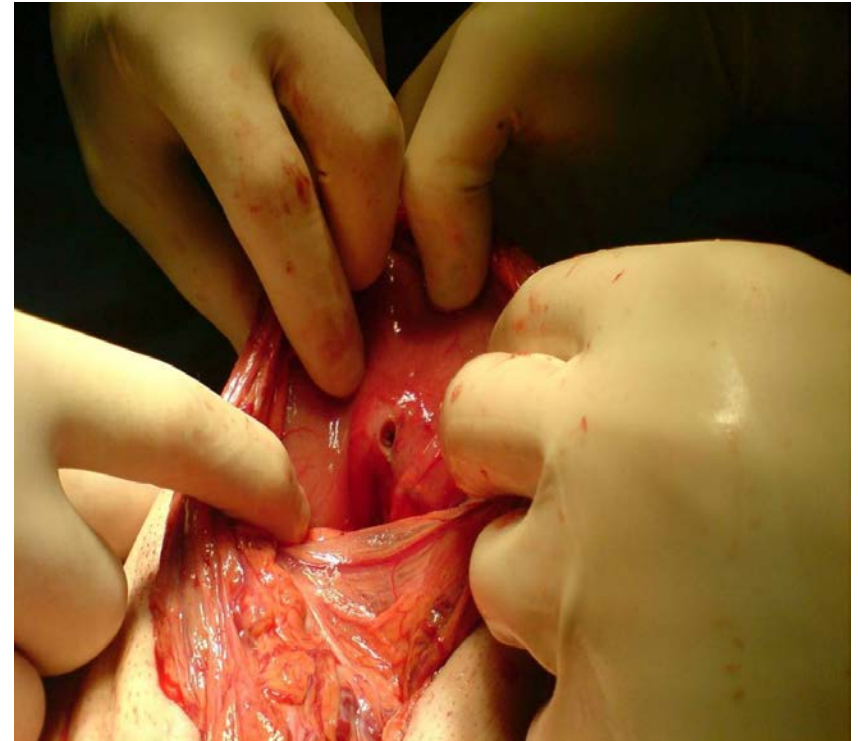
Metabolic effects of CO₂ insufflation during pneumoperitoneum

Respiratory	Cardiovascular	Others
<ul style="list-style-type: none">• Hypercarbia & Acidosis• Pneumothorax• Atelectasis• Subcutaneous emphysema• Pneumomediastinum• Pleural effusion	<ul style="list-style-type: none">• Arrhythmias• Hypotension• Cardiac arrest• Deep-vein thrombosis• Pulmonary oedema• Myocardial infarction• Gas embolism	<ul style="list-style-type: none">• Shoulder pain• Retinal haemorrhage• Oliguria• Transient ischemic attack• Bowel ischemia/oedema• Hypothermia• Necrotizing fasciitis• Tumour inoculation

OPEN IS BETTER...

HIGH RISK PATIENTS

- Shelat et al
- Kuwabara et al
- Recommendation:
 - Boey score >3
 - Age >70
 - Perforation >24 hours



IN SUMMARY:

- Further randomized trials are considered essential to determine the relative effectiveness of laparoscopic and open repair of PPU
- **Current literature fail to suggest a advantage in laparoscopic surgery for PPU regarding:**
 - Abdominal septic complications
 - Pulmonary complications
 - Re-operations
 - Mortality or morbidity
- **Only proven difference:**
 - Woundsepsis rate



OHHHHH!
What to do?

WHY THEN DO I RECOMMEND AN OPEN REPAIR?



Laparoscopic repair for perforated peptic ulcer disease.

Sanabria A¹, Villegas MI, Morales Uribe CH.

- No statistically significant difference:
 - Septic intra-abdominal complications
 - Pulmonary complications
 - Post-operative ileus
 - Mortality

WHY THEN DO I RECOMMEND AN OPEN REPAIR?

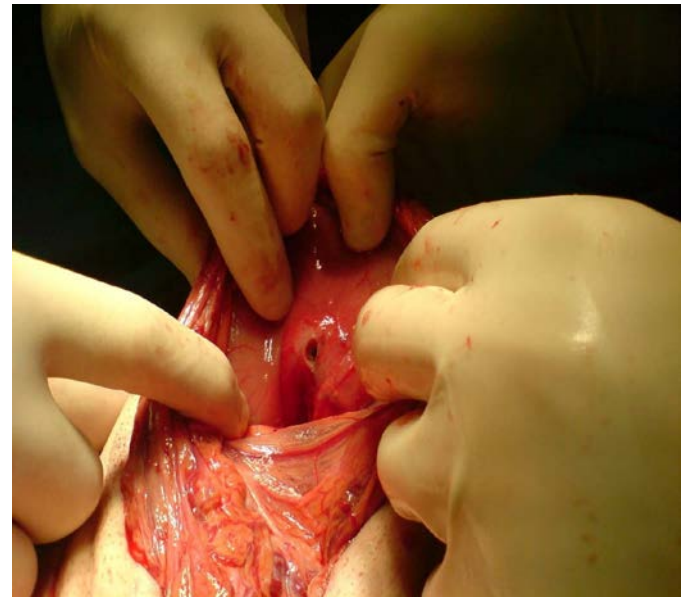
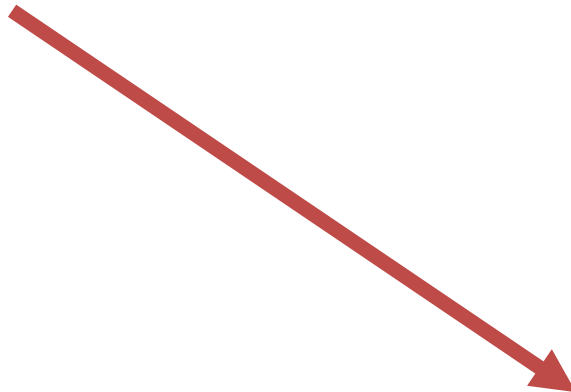
PNEUMOPERITONEUM WITH CO₂ INSUFFLATION

HAVE MAJOR

METABOLIC AND PHYSIOLOGICAL EFFECT

SURGERY IN A RESOURCE RESTRICTED ENVIRONMENT

- 70 yr female with a perforated peptic ulcer >24hours, renal impairment, known with cardiac failure...
- High Boey score



DANISH CLINICAL REGISTER OF EMERGENCY SURGERY

- Limiting surgical delay is of paramount importance in treating patients with PPU
- Cohort study including 2668 patients
- Showed that every hour of delay from admission to surgery was associated with an adjusted 2-4% decreased probability of survival compared with the previous hour

WHY OPEN REPAIR? ESPECIALLY IN A RESOURCE RESTRICTED ENVIROMENT

In our setting:

A prolonged laparoscopic case might help the patient in front of us to get a better cosmetic result or mobilise earlier.... but at what cost?

Our theatre time is precious, every second count

Every hour of delay
might impact on the survival of your next patient

- Alternative options can save life with similar outcomes:
 - ERAS....
 - Vac dressing over high risk wounds...

WHY OPEN REPAIR? MAYBE WE CAN CHANGE THE FUTURE....

By doing a laparotomy and omental patch: every intern or doctor that can do a laparotomy can save a life.

By saving a life surgically –
a junior doctor might just fall in love with surgery
and maybe become the next Charles McBurney

WHY OPEN REPAIR?
MAYBE WE CAN CHANGE THE FUTURE....



SURGERY

Oh look! They made socks especially for us!



Thank You Dankie

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WHY OPEN REPAIR?

All human life is
precious.

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