

# MANAGEMENT OF A PATIENT WITH AN AXILLARY LYMPH NODE METASTASIS BUT OCCULT PRIMARY

18<sup>TH</sup> UP CONTROVERSIES AND PROBLEMS IN SURGERY  
SYMPOSIUM

Ines Buccimazza

**Breast Unit  
Department of Surgery  
Nelson R. Mandela School of Medicine  
University of KwaZulu-Natal  
Durban**



# INTRODUCTION



Malignant cells in keeping with metastatic carcinoma

# CONTENT

- Cancer of unknown primary: concept and challenges
- Diagnostic work-up
  - Isolated axillary adenopathy
  - Identification of putative primary site
- Sub-group: occult breast primary

# DEFINITION AND INCIDENCE

- Occult primary/ cancer unknown primary (CUP)
  - Metastatic cancer with undetectable anatomical site of origin at presentation
- Incidence
  - 4% - 5% invasive cancers
- CUP
  - Heterogeneous group of cancers; many 1° sites
  - Varying biologic behaviour; shared biologic properties

# CATEGORIES

## Categories of CUP

Adenocarcinomas	70%
Poorly differentiated neoplasms	20% - 25%
• Poorly differentiated carcinomas	80%
• Other	20%
○ Poorly differentiated adenocarcinoma	10%
○ Sarcoma	} 10%
○ Melanoma	
○ Lymphoma	
Squamous cell carcinoma	5%
Neuroendocrine carcinoma	1%

### ■ Squamous cell carcinoma



- Uncommon in absence of obvious 1° lesion; exception neck mass

# PRESENTATION

## ■ Presentation

- ❑ Determined by site(s) of metastatic involvement
- ❑ Multiple
- ❑ Liver, lung, **lymph nodes**, bone

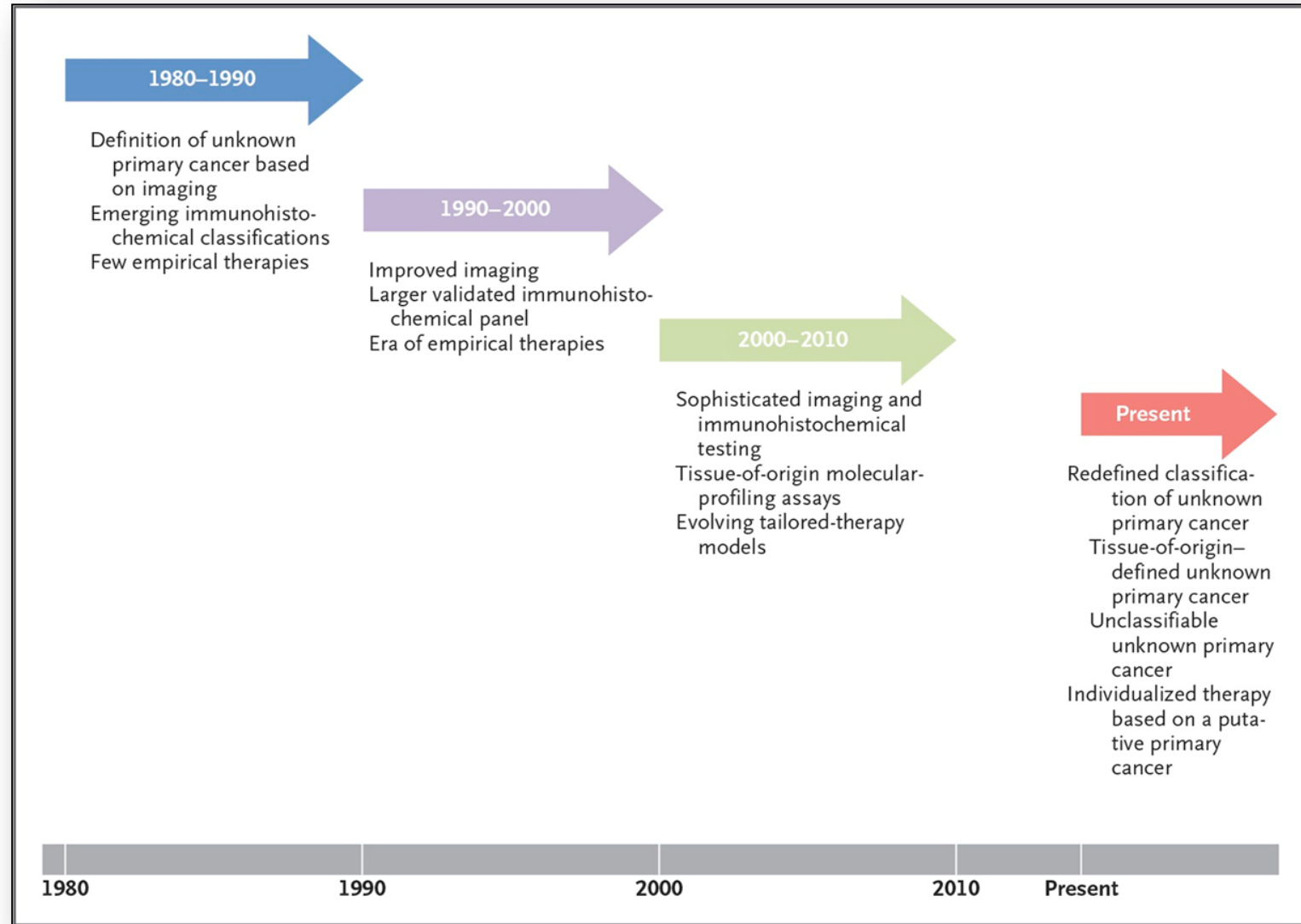
## ■ Common primary sites

- ❑ Lung, pancreas, hepatobiliary system, kidney → 60% cases
- ❑ Breast  ; prostate 

## ■ Primary site

- ❑ Not identified 20% - 30% cases

# Classification of Unknown Primary Cancer through the Decades



Varadhachary GR, Raber MN. *N Engl J Med* 2014;371:757-765



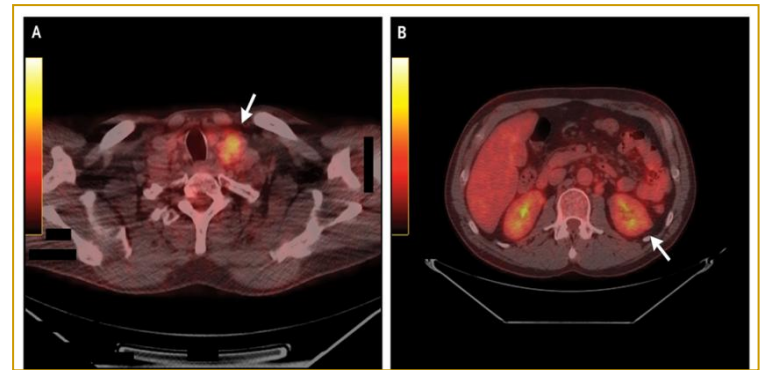
# DIFFERENTIAL DIAGNOSIS

- Palpable axillary nodes
  - Benign > malignant diseases
- Malignancy
  - Most common primary: breast
    - $\geq 50\%$  several series; mixed populations
  - Other neoplasms:
    - Lymphomas, melanomas, sarcomas, other carcinomas
      - Thyroid, skin, lung, uterine, ovarian, sweat gland, gastric
- Metastatic axillary adenopathy
  - Primary site not identified 30% cases



# INITIAL CLINICAL EVALUATION

- Thorough clinical assessment
- Laboratory tests
  - Tumour markers?
    - CEA; CA 19-9; CA 15-3; CA 125
- CT or MRI: chest, abdomen, pelvis
  - Women: pelvic examination; MMG
  - Men: prostate examination; PSA
- PET-CT
  - Renal insufficiency; cervical CUP
  - Otherwise role unclear: 1° site 40%
- No exhaustive imaging and endoscopic testing
  - Rarely detect 1° site; confusion if false positive results



# DIAGNOSTIC WORK-UP

## Biopsy

- Pathological findings supersede radiology
- Adequate tissue sampling
  - Core biopsy or excision
  - Communication



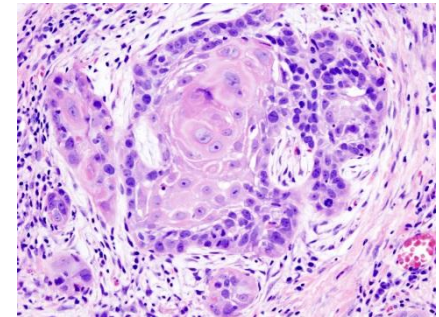
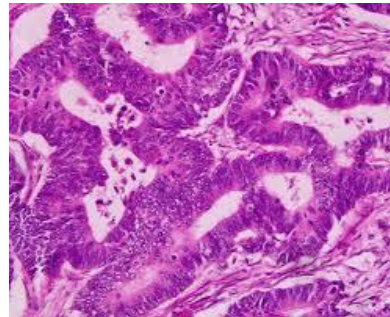
# DIAGNOSTIC WORK-UP

## Biopsy

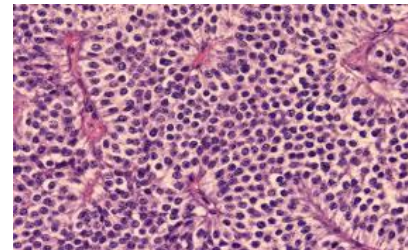
### ■ Light microscopy

#### □ Hematoxylin and eosin

- Adenocarcinoma
- Squamous cell carcinoma
- Neuroendocrine carcinoma



#### □ Infrequently lineage unclear



# DIAGNOSTIC WORK-UP

## ■ Immunohistochemistry

- ❑ Peroxidase-labelled antibodies against specific tumour antigens  
→ establish lineage

CHARACTERISTIC IMMUNOHISTOCHEMICAL STAINING PATTERNS

NEOPLASM	CYTOKERATIN	EMA	LCA	S-100	DESMIN/ VIMENTIN	HCG AFP PLAP	CHROMOGRANIN SYNAPTOPHYSIN
CARCINOMA	+	+	-	S	-	S	S
MELANOMA	-, R	-	-	+	+	-	-
SARCOMA	-	S	-	-	+	-	-
LYMPHOMA	-	-, R	+	-	-	-	-
NEURO ENDOCRINE CARCINOMA	+	+	-	-	-	-	+
GERM CELL TUMOUR	-, R	-	-	-	-	+	-

EMA: Epithelial membrane antigen

LCA: Leucocyte common antigen

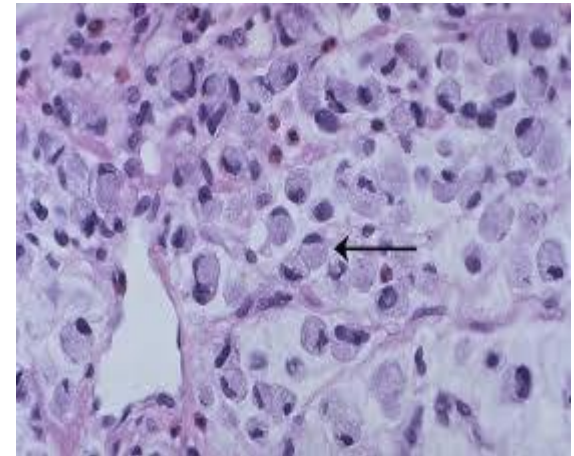
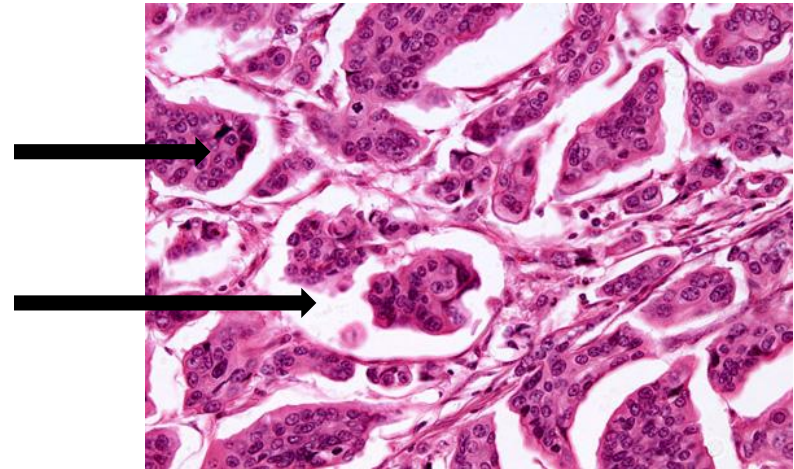
PLAP: Placental leucocyte alkaline phosphatase

*JD Hainsworth, FA Greco*  
[www.uptodate.com](http://www.uptodate.com) 2014

# DIAGNOSTIC WORK-UP

## Biopsy

- Light microscopy
  - All adenocarcinomas
    - Similar features
  - Characteristic morphologic features
    - Not sufficiently specific
  - Unable to determine site of primary tumour





# DIAGNOSTIC WORK-UP

## Differential diagnosis of unknown primary cancers based upon immunostaining for cytokeratin (CK) 7 and 20

CK7+ CK20+	CK7+ CK20-	CK7- CK20+	CK7- CK20-
Urothelial tumors	Non-small cell lung cancer	Colorectal cancer	Hepatocellular cancer
Mucinous ovarian cancer	Small cell lung cancer	Merkel cell cancer	Renal cell cancer
Pancreatic or biliary cancer	<b>Breast cancer</b>		Prostate cancer
	Endometrial cancer		Squamous cell lung cancer
	Nonmucinous ovarian cancer		Head and neck cancer
	Mesothelioma		
	Squamous cancer of cervix		

Modified from: Dabbs D. *Diagnostic Immunohistochemistry*, 2nd ed, Churchill Livingstone, 2006.

Graphic 58475 Version 2.0

# DIAGNOSTIC WORK-UP

## Biopsy

### ■ Immunohistochemistry

#### □ Specific markers

##### ■ Estrogen (ER) and progesterone (PR) receptors

- Positive staining breast cancer; ovarian, uterine, lung, stomach, thyroid, hepatobiliary cancers

##### ■ Gross cystic disease fluid protein-15 (GCDFP)

- Positive in 65% - 80% breast cancers; skin adnexal, uterine

##### ■ Mammaglobin

- Less specific for breast; positive for gynecological, lung, thyroid

##### ■ Thyroid transcription factor 1 (TTF-1)

- Rarely positive in breast; 70% - 80% positive in non-squamous lung cancers

## IMMUNOPEROXIDASE TUMOUR STAINING PATTERNS USEFUL IN THE DIFFERENTIAL DIAGNOSIS OF POORLY DIFFERENTIATED CARCINOMA

TUMOUR TYPE	IMMUNOPEROXIDASE STAINING
Colorectal carcinoma	CK7 (-); CK20 (+); CDX-2 (+)
Lung carcinoma <ul style="list-style-type: none"> <li>• Adenocarcinoma</li> <li>• Other non-small cell carcinoma</li> <li>• Small cell carcinoma</li> </ul>	TTF-1 (+); Surf-A and Surf-B (+) CK7 (+); CK20 (-); TTF-1 (-) TTF-1 (+); chromogranin (+); NSE (+)
Neuroendocrine carcinoma	Chromogranin (+); synaptophysin (+); epithelial stains (+)
Germ cell tumour	HCG (+); AFP(+); placental alkaline phosphatase (+); epithelial stains (+)
Prostate carcinoma	PSA (+); CK7(-); CK20 (-); epithelial stains (+)
Pancreas carcinoma	CA <sup>19-9</sup> (+); CK7 (+); mesothelin (+); trifoil factor (+)
Breast carcinoma	ER (+); PR (+); Her-2 neu (+); CK7 (+); CK20 (-); GCDFF-15 (+); epithelial stains (+)

CDX-2: Homeobox protein  
NSE: neuron-specific enolase

*JD Hainsworth, FA Greco*  
[www.uptodate.com](http://www.uptodate.com) 2014



# OCCULT BREAST PRIMARY

## ■ Axillary node

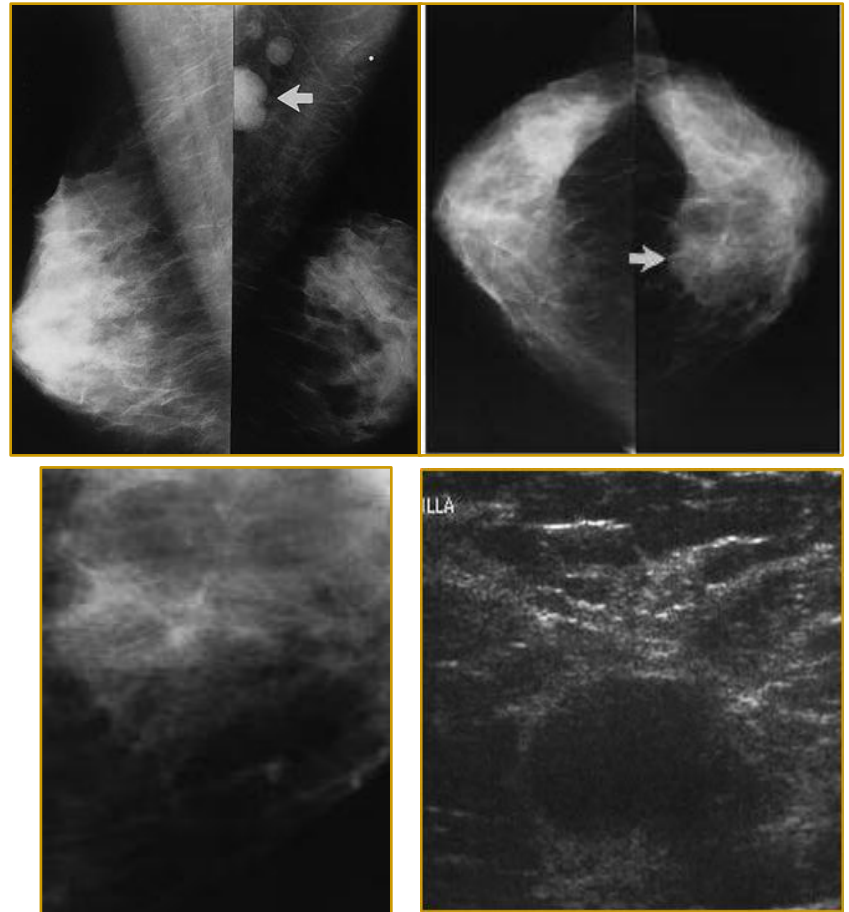
- ❑ Adenocarcinoma/ poorly differentiated carcinoma histology → suggesting breast 1°
- ❑ IHC → breast cancer specific markers  
→ finding breast primary

## ■ Occult breast cancers

- ❑ 0.1% - 0.8%
- ❑ Incidence not decreased

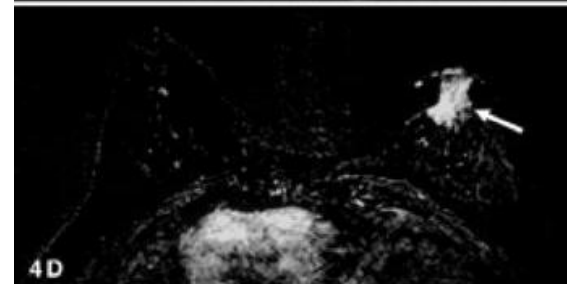
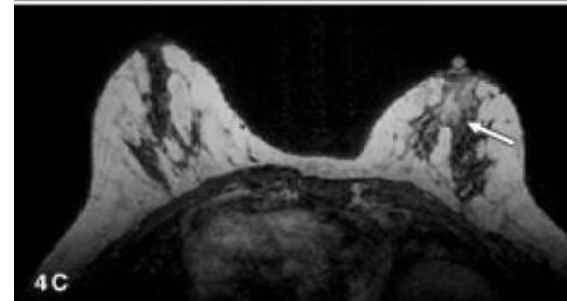
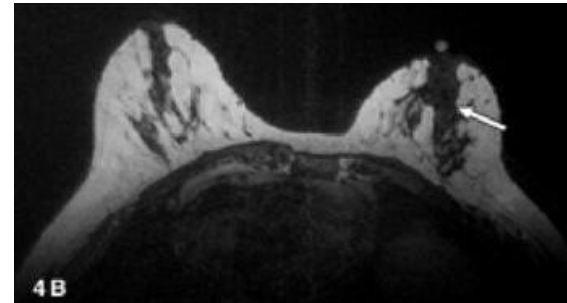
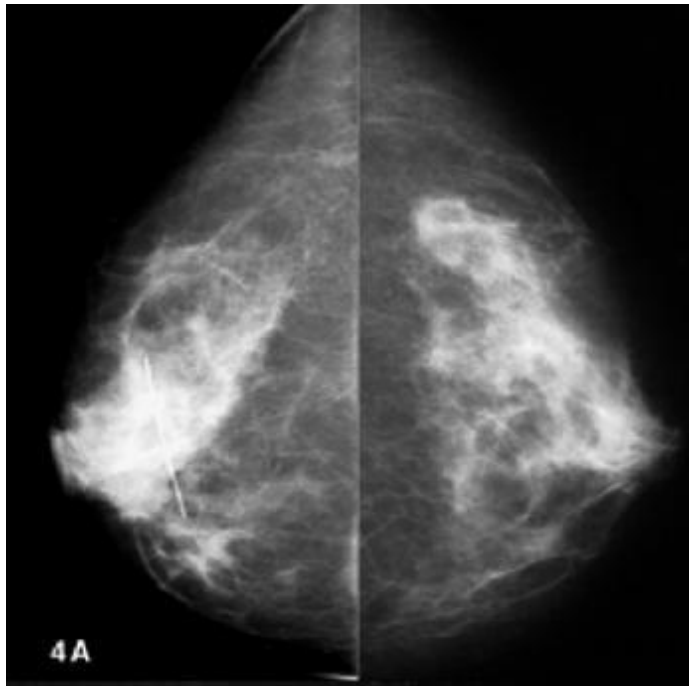
# MAMMOGRAPHY

- Identification clinically occult lesion: 10% - 20% cases
- Missed
  - Small size ( $\leq 5\text{mm}$ )
  - Dense fibroglandular tissue
- Abnormal MMG findings
  - Biopsy
- Negative MMG → further imaging evaluation



# MAGNETIC RESONANCE IMAGING

- Standard approach for suspected occult breast 1°
- SEN MRI > MMG and US



## Utility of breast MRI for mammographically-occult breast cancer in patients presenting with metastatic axillary lymphadenopathy

Author, year	n	MRI-positive, percent	Histologic diagnosis of breast cancer
Morris, E; 1997	12	9 (75)	8
Brenner, R; 1997	4	4 (100)	4
Tilanus-Linthorst, M; 1997	4	4 (100)	4
Schorn, C; 1999	14•	9 (64)	6/9
Henry-Tillman, R; 1999	10	8 (80)	8
Olson, J; 2000	40	28 (70)	21/22*
Obdeijn, I; 2000	20	8 (40)	8
Fourquet, A; 2004	15	14 (93)	9/11
Buchanan, C; 2005	69	42 (76)	26/42 MRI+ 4/12 MRI-

Identification rate ~ 77 %

Average true positive rate ~ 89%

V. Kaklamani, W. Gradishar  
[www.uptodate.com](http://www.uptodate.com) 2014

\* Number of patients with confirmed MRI findings at the time of surgery.

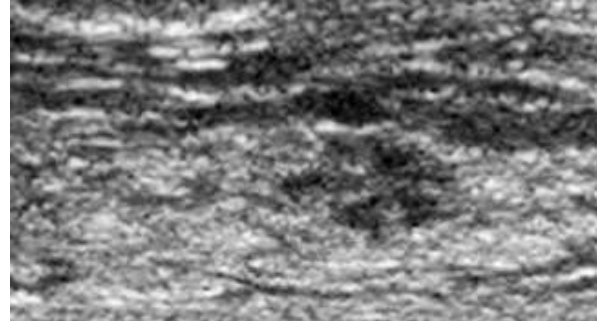
• Included six axillary nodal metastases, one supraclavicular nodal metastases, three bone metastases, three liver metastases, and one lung metastases with an unknown primary.



# MAGNETIC RESONANCE IMAGING

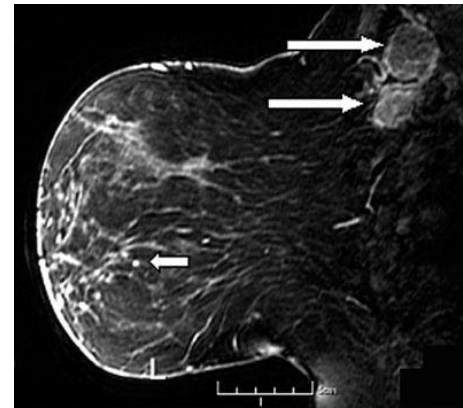
## ■ Disadvantages

- ❑ False positive rate (~30%)
  - All suspicious findings → biopsied
  - “Second-look” US – USG biopsy
  - MRI-guided biopsy
- ❑ Difficulty localising small contrast-enhancing foci



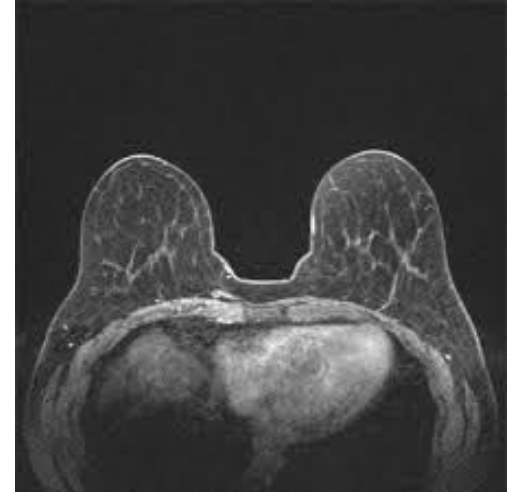
## ■ Performed with breast coil

- ❑ Expert radiologists
- ❑ Specialised institutions
  - MRI-guided needle biopsy
  - MRI wire localization



## ■ Focal lesion identified: standard BC guidelines

# DILEMMA



→ Mammary origin of metastatic nodes not established with absolute certainty

Histologic and IHC analysis compatible → treatment according to guidelines for Stage II breast cancer

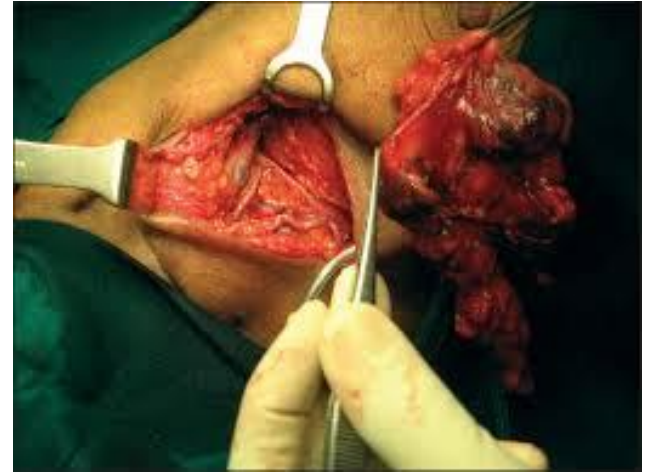
NCCN guidelines: CT Chest, abdomen  
Bone scan: symptomatic patients; ↑ ALP



# LOCOREGIONAL TREATMENT

## Axilla

- All: level II axillary dissection
- Rationale
  - Prognostic information → guide further treatment
  - Aids local control
- ~ 50%: 4 or more positive nodes
  - Post-mastectomy and supraclavicular radiation



# LOCOREGIONAL TREATMENT

## Ipsilateral breast

- Optimal treatment controversial
- Options:
  - Mastectomy
  - Breast conserving treatment with whole breast RT  
(*Mastectomy + ALND and whole breast RT + ALND similar outcomes*)
  - Observation



# LOCOREGIONAL TREATMENT

## Ipsilateral breast: Mastectomy

**Pathologic findings at mastectomy in patients with occult primary breast cancer**

Author, year	Years	Mastectomy, n	In situ, n	Invasive, n	Cancer, percent
Owens H; 1954	1907-50	27	0	25	92
Feuerman L; 1962	1949-61	2	0	1	50
Fitts W; 1963	1948-63	11	0	7	70
Haagensen C; 1974	1916-66	13	0	12	92
Ashikari R; 1976	1946-75	34	3	20	67
Patel J; 1981	1952-79	29	0	16	60
Kemeny M; 1986	1973-85	11	2	3	45
Bhatia S; 1987	1977-85	11	2	9	100
Baron P; 1990	1975-78	28	4	16	71
Ellerbroek N; 1990	1944-87	13	0	1	8
Merson M; 1992	1945-87	33	0	27	82
Feigenberg S; 2003	1971-74	4	0	3	80
Blanchard D; 2004	1975-98	18	1	5	33
He M; 2012	1998-2010	64	16	4	31
<b>Total</b>	–	298	<b>28</b>	<b>149</b>	<b>59</b>

V. Kaklamani, W. Gradishar  
[www.uptodate.com](http://www.uptodate.com) 2014

## RESULTS OF WHOLE BREAST RADIATION FOR NODE-POSITIVE OCCULT PRIMARY BREAST CANCER

Author, year	Number of patients	Median follow-up	Breast treatment	Breast-only control, (%)	Survival (%)
Vilcoq J; 1982	11	>5 yr	XRT	73%	10/11 (5 year)
Ellerbroek N; 1990	16	133 mo	XRT	83%	- *
	13		None	43%	- *
	13		Mastectomy	N/A	- *
Foroudi F; 2000	12	73 mo	XRT	75%	11/12 (5 year)
Vlastos G; 2001	25	7 yr	XRT	92%	79% (5 year)
	13		Mastectomy	85%	75% (5 year)
Medina-Franco H; 2002	6	48 mo	XRT	100%	100%
Varadarajan R; 2006	8	57 mo	XRT	100%	100%
He D; 2012	95	38.2 mo	MRM+ALND	89%	85% (3 year)
			XRT+ALND	92%	81%
			ALND	72%	71%

XRT: whole breast radiation therapy; N/A: not available; ALND: axillary lymph node dissection

\*survival described as "no different" when patients undergoing mastectomy were compared to those who did not undergo mastectomy. Actuarial survival for entire group was 72% at five years and 65% at 10 years

Average 5 year survival  
87%



## Local recurrence of breast cancer in patients with occult primary breast cancer not undergoing local therapy

Author, year	Breast failures (percent)	Delay in months
Atkins H; 1960	5/9 (56)	9 to 17
Feuerman L; 1962	0/1 (0)	-
Haagensen C; 1974	3/5 (60)	5 to 64
Kemeny M; 1986	0/7 (0)	-
Campana F; 1989	2/2 (100)	9 to 67
Ellerbroek N; 1990	7/13 (54)	11 to 47
Merson M; 1992	9/17 (53)	2 to 34
Van Ooijen B; 1993	3/14 (21)	16 to 56
Fouroudi F; 2000	5/6 (83)	7 (median)
Feigenberg S; 2003	0/4 (0)	-
Blanchard D; 2004	12/16 (75)	-
<b>Total</b>	<b>46/94 (49)</b>	-

V. Kaklamani, W. Gradishar  
[www.uptodate.com](http://www.uptodate.com) 2014



# ADJUVANT THERAPY

## Systemic therapy

- Benefit not studied
  - Retrospective report: higher 5 year survival with chemotherapy (93% vs. 64%)
- Extrapolate as for clinically apparent breast cancer
  - NCCN and other guidelines:
    - Chemotherapy for all node positive breast cancer
    - Trastuzumab for Her-2 over-expressing tumours
    - Hormone therapy for hormone-responsive tumours



# ADJUVANT THERAPY

## Radiotherapy

- Post-mastectomy RT in high-risk women
  - ↓ risk locoregional recurrence
  - ↑ disease-free survival
  - ↓ mortality from breast cancer
- Supraclavicular radiation
  - 4 or more axillary nodes





# PROGNOSIS

**Studies addressing prognosis of occult breast cancer**

Study	Place	Year	Number of patients	5 year OS, percent
Ashikari, R; 1976	Memorial Hospital, NYC	1946-75	42	79
Campana, F; 1989	Institute Curie	1960-85	31	76
Baron, P; 1990	MSKCC	1975-88	35	75
Ellerbroek, N; 1990	MD Anderson	1944-87	42	72
Rosen, P; 1990	MSKCC	1966-85	48	60
Kyokane, T; 1995	Japan	NR	97	59
Foroudi, F; 2000	Australia	1979-96	20	93 (mastectomy or XRT) 41 (no local treatment)
Matsuoka, K; 2003	Japan	1985-98	11	63
Blanchard, D; 2004	Mayo	1975-98	35	73 (mastectomy) 36 (no mastectomy)

Average  
75%

NR: Not reported; OS: Overall survival; MSKCC: Memorial Sloan Kettering Cancer Center; NYC: New York City.

V. Kaklamani, W. Gradishar  
[www.uptodate.com](http://www.uptodate.com) 2014



# CONCLUSION

- Metastatic axillary disease with unknown primary poses a diagnostic challenge
- Improved imaging and IHC stains identify primary site in  $\frac{2}{3}$  cases
- Occult breast primary: favourable prognosis if treated according to stage II BC guidelines
- All require level II ALND

# CONCLUSION

- Optimal treatment of ipsilateral breast ranges from mastectomy to whole breast RT
- Observation alone not recommended
- Adjuvant systemic therapy as per Stage II BC guidelines
- Post-mastectomy RT required depending on number of involved nodes



# ALGORITHM

