

Faculty of Natural and Agricultural Sciences

Fakulteit Natuur- en Landbouwetenskappe Lefapha la Disaense tša Tlhago le Temo

BSc (Nutrition)

The BSc (Nutrition) programme involves the study of concepts from various disciplines, including food chemistry and food composition, biochemistry, physiology and human nutrition. An ideal candidate is someone who has analytical skills and a keen interest in food, nutrition and health.

What makes this programme unique?

This is an interfaculty programme presented jointly by the Departments of Consumer and Food Sciences (Natural and Agricultural Sciences) and Human Nutrition (Health Sciences).

BSc (Nutrition) graduates will become nutritional scientists eligible for registration as natural scientists with the South African Council for Natural Scientific Professions and the Nutrition Society of South Africa.

What career opportunities exist for graduates?

A varied field with numerous career opportunities, which include:

- Food product and supplement development to meet specific nutritional needs of the consumer
- Project management and implementation of food programmes and legislation for government departments, international organisations and NGOs
- Entrepreneurship and small business development
- Nutrition research in the food industry or research institutes



Biochemistry

Health





Food Composition

Nutrition

Human Nutrition





Food Chemistry

Physiology



'I have found the four-year BSc (Nutrition) degree course to be very interesting as it consists of a variety of modules that cover topics ranging from human physiology to food sciences. Being taught by the experts in the department has really made studying very enjoyable. This degree caters perfectly for my two passions, which are science and helping others. I dream of becoming a policy developer and making a contribution towards ending hunger.'

– Natasha Howes

'My journey as a BSc (Nutrition) student has exceeded all my expectations. The workload is intense, which forced me to grow personally and perform academically. Our exposure to

different science disciplines broadens our understanding of the world of science and helps us to incorporate the role of a nutritional scientist with the roles of scientists in other disciplines. My dream is to partner with major organisations to help reduce nutrition-related diseases and teach people how to maintain good health affordably

- Ntŝepase Princess Matete

Minimum admission requirements

Programme	Minimum requirements for NSC and IEB for 2022			
	Achievement level			
	English Home Language or English First Additional Language	Mathematics	Physical Sciences	APS
BSc (Nutrition) [4 years] Closing dates: SA – 30 September, Non-SA – 31 August	5	5	5	32

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