

ROAD LEADERSHIP & MENTORING PROGRAM FOR GIRLS

OUTLINE

Philosophy

ROAD Leadership and Mentoring program for girls is a two-pronged project.

On the one hand, it is aimed towards development and improvement of the well-being of university students in all aspects of their campus life - personal, academic, social, cultural and inter-personal relationships - where the students strive for personal and academic excellence through the exercise of core values. Furthermore, this will awaken in them social awareness for the underprivileged as well as providing a participatory platform.

On the other hand, through this participatory platform, the university students would transfer knowledge and skills learnt and practiced to teens in an underprivileged secondary school, Holy Trinity Secondary School, Atteridgeville.

This program has its uniqueness in that it is developed and directed towards young female university students having positive influence on younger high school girls.

Vision Statement

ROAD Leadership and Mentoring Program is an initiative designed to assist students in achieving academic success and develop life-skills so as to enhance student satisfaction, achieve their full potentials and make positive impact in their communities.

Goal

The university students will be trained to:

- Develop leadership skills and practices;
- Impart knowledge and skills through participation in training and mentoring of high school girls.

Objectives

By the end of the year, the students should be able to:

- Understand their personality;
- Build self-esteem and nurture their confidence;
- Forge meaningful relationships with family and friends;
- Foster values that will make them more effective;
- Improve their academic performance;
- Impart knowledge and skills to underprivileged girls;
- Mentor these young girls to develop academic prowess and acquire life skills.

Program Guidelines

A. Leadership Program Guideline

- This program consists of 13 modules covered over a period of 7 months. This time frame may need to be adjusted. Each module runs over a period of 2 hours.
- The program will have an overview of the content and as leadership trainees, students will be engaged in discussions using videos, case studies and role plays.
- At the end of each module, students will have a practical assignment on developing a related teaching tool. At the beginning of the next session, each trainee will be given one minute to present what they have developed.
- Participating in the leadership program entails total availability and commitment to participate in all training modules as well as the outreach program.

- There will be a signed agreement to that effect which will be submitted to the program coordinator. Inability to continue with the program will entail one month of notification submitted to the program coordinator.
- Outline of content is attached.

B. Mentorship Program Guidelines

- Each trainee will be assigned a mentor during the course of training and practice of the program although the mentorship program is voluntary.
- Mentor – Mentee contact sessions and venue will be personally agreed upon by both persons concerned.
- The mentee, together with the mentor, is required to accomplish a Personal Development Plan at the beginning and end of every semester.
- Participation in the mentoring program is voluntary, the mentors and mentees are required to sign a statement of commitment and submit it to the Program Coordinator.
- If the mentor or mentee decides to terminate the commitment for whatever reason, she shall inform the Program Coordinator in writing.

Benefits

This program will help both university students and high school girls to develop important life skills, plan for the future, improve academic attitudes and performance and build self-confidence. It will

- expose them to positive role model;
- help them to focus on their future and on setting academic and career goals;
- expose them to new experiences and people from diverse cultural, socio-economic and professional backgrounds;
- provide them with attention and a concerned friend;
- encourage emotional and social growth;
- foster increased confidence and self-esteem in both groups of students.

Contact Information:

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