

# Bachelor of Sports Science [BSportSci]

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## Bachelor of Sports Science

The Bachelor of Sports Science degree offers students the opportunity to learn and apply the principles of exercise science within the realm of sport and wellness. It draws on many disciplines, including anatomy, physiology, biomechanics, motor control and development, measurement and evaluation as well as evidence-based exercise prescription. Thus, if you are interested in sport, physical activity, human movement and the science behind it all, then this is the degree for you.

The three-year, full-time Bachelor of Sports Science programme includes basic and applied sciences focused on the human body and human movement. The curriculum is problem-based and student-oriented with vertical and horizontal integration of subjects. The primary focus of the Bachelor of Sports Science curriculum is to prepare students to work competently in the health, wellness and sporting environment. The programme provides a pathway towards a BScHons in Biokinetics or Sports Science.

This programme is unique because it prepares and allows students to apply for one of two professional degree programmes, namely BScHons in Biokinetics (HPCSA accredited) or BScHons in Sports Science. Another unique quality of this programme is that it exposes students to the practical application of the theoretical knowledge gained early on in the programme.

For more information, please consult the Faculty webpage

## Career Opportunities

This programme prepares students to work competently in the health, wellness and sporting environment. It is a prerequisite to apply for the BScHons programme in Biokinetics or Sports Science.

Sports scientists can work as strength and conditioning specialists for both teams and individual athletes, sports managers, or other sports-related professionals in the sports industry. Biokineticists can work in the health and wellness industry, private practice, multidisciplinary medical centres, final phase rehabilitation centres, homes for the elderly, the South African Armed Forces and the corporate sector.

Both sports scientists and biokineticists can also work in the fitness industry as personal trainers, health and fitness instructors, exercise scientists, or gymnasium managers/owners. Students who pursue further postgraduate studies, could also consider careers in academia or research.

## Programme Code

10135010

## Closing Dates

- **SA** – 30/06/2025
- **Non-SA** – 30/06/2025

## Admission Requirements

### Important information for all prospective students for 2026

The admission requirements apply to students who apply for admission to the University of Pretoria with a **National Senior Certificate (NSC) and Independent Examination Board (IEB)** qualifications. [Click here](#) for this Faculty Brochure.

### Minimum requirements

Achievement level			
English Home Language or English First Additional Language	Mathematics	Physical Sciences or Life Sciences	APS
NSC/IEB 4	NSC/IEB 4	NSC/IEB 4	<b>30</b>

For advice on a second-choice programme, please consult a Student Advisor. To make an appointment, send an email to [carol.bosch@up.ac.za](mailto:carol.bosch@up.ac.za).

Life Orientation is excluded when calculating the APS.

Applicants currently in Grade 12 must apply with their final Grade 11 (or equivalent) results.

Applicants who have completed Grade 12 must apply with their final NSC or equivalent qualification results.

Please note that meeting the minimum academic requirements does not guarantee admission.

Successful candidates will be notified once admitted or conditionally admitted.

Applicants should check their application status regularly on the UP Student Portal at [click here](#).

**Applicants with qualifications other than the abovementioned** should refer to the International undergraduate prospectus 2026: Applicants with a school leaving certificate not issued by Umalusi (South Africa), available at [click here](#).

**International students:** [Click here](#)

A limited number of places are made available to citizens from countries other than South Africa (applicants who are not South African citizens), with those from SADC countries being given preference. Applicants who have multiple citizenships, including South African citizenship, will be considered to be South African.

### **Transferring students**

A transferring student is a student who, at the time of applying at the University of Pretoria (UP) is/was a registered student at another tertiary institution. A transferring student will be considered for admission based on NSC or equivalent qualification and previous academic performance. Students who have been dismissed from other institutions due to poor academic performance will not be considered for admission to UP.

**Closing dates:** Same as above

### **Returning students**

A returning student is a student who, at the time of application for a degree programme is/was a registered student at UP, and wants to transfer to another degree at UP. A returning student will be considered for admission based on NSC or equivalent qualification and previous academic performance.

- Students who have been excluded/dismissed from a faculty due to poor academic performance may be considered for admission to another programme at UP, as per faculty-specific requirements.
- Only ONE transfer between UP faculties and TWO transfers within a faculty will be allowed.
- Admission of returning students will always depend on the faculty concerned and the availability of space in the programmes for which they apply.

**Closing date for applications from returning students** is the same as the above.

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**Note:** Any deliberate omission of information, or false information provided by an applicant in the application may result in the immediate cancellation of the application, admission or registration.

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## Selection Process

Selection criteria are available on the faculty's webpage at: [click here](#).

- **Forty (40) first-year students are selected annually.**
  - Only first-choice applicants are considered. Second-choice candidates who meet the minimum criteria may be considered in all categories once places have been allocated to all the first-choice candidates.
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## Minimum duration of study

3 years, full-time

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## Faculty Notes

Modules will be presented only in English, which is the University's official language of tuition, communication and correspondence.

The Faculty of Health Sciences continues to exemplify and build on the University of Pretoria's vision of being a leading research-intensive university in Africa: it is recognised internationally for its quality, relevance and impact, as well as for creating knowledge, developing people and making a difference locally and globally.

The Faculty is home to 5 500 undergraduate and 1 500 postgraduate students, including medical and dental fellowship training in more than 40 disciplines.

The Faculty's research output has grown, in response to the need for research that is relevant to the improvement of health and health care and advancing medicine in South Africa, Africa and globally.

- **Disclaimer:** *This publication contains information about regulations and programmes of the University of Pretoria. Amendments to or updating of the information may be effected from time to*
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*time without prior notification. The accuracy, correctness or validity of the information contained here is therefore not guaranteed by the University at any given time and is always subject to verification. The user is kindly requested to verify the correctness of the information with the University at all times. Failure to do so will not give rise to any claim or action of any nature against the University by any party whatsoever.*

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## **Enquiries about the programme**

[Click Here](#)

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**How to apply**



# Online Application





Note: Also consult General Rules and Information on the Yearbook website for additional information.

Disclaimer: Due to the continuous restructuring of the Faculty and this website, some of the information displayed here may not fully reflect the most recent developments in the Faculty. Any discrepancies that are experienced may be taken up with Student Administration of the Faculty.