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# University of Pretoria Yearbook 2021

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## Advanced human nutrition 411 (HNT 411)

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| <b>Qualification</b>          | Undergraduate   |
| <b>Faculty</b>                | <a href="#">Faculty of Health Sciences</a>                  |
| <b>Module credits</b>         | 10.00   |
| <b>NQF Level</b>              | 08  |
| <b>Programmes</b>             | <a href="#">BDietetics</a><br><a href="#">BSc Nutrition</a> |
| <b>Service modules</b>        | Faculty of Natural and Agricultural Sciences                |
| <b>Prerequisites</b>          | 4th-year status   |
| <b>Contact time</b>           | 1 discussion class per week, 3 lectures per week            |
| <b>Language of tuition</b>    | Module is presented in English                              |
| <b>Department</b>             | Human Nutrition   |
| <b>Period of presentation</b> | Semester 1  |

### Module content

Seminars and case studies (theory and practical application): Eating behaviour, eating disorders, nutrient/nutrition supplementation, sports nutrition, vegetarianism, food safety, nutrition of the disabled, prevention of non-communicable disease of lifestyle; nutrition and immunity; nutrition and genetics.

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