



University of Pretoria Yearbook 2019

Medical nutrition therapy 323 (MNX 323)

Qualification	Undergraduate
Faculty	Faculty of Health Sciences
Module credits	34.00
Programmes	BDietetics
Prerequisites	3rd-year status
Contact time	2 discussion classes per week, 4 lectures per week
Language of tuition	Module is presented in English
Department	Human Nutrition
Period of presentation	Semester 2

Module content

Relationships between obesity, hypertension, cardiovascular disease, insulin resistance and concomitant health risks. Aetiology, pathophysiology and manifestation(s) of type 1 and type 2 Diabetes Mellitus, gestational diabetes and impaired glucose tolerance; principles and practices of medical nutrition therapy of diabetes mellitus integrated with medical/pharmacological treatment; dietary treatment/prevention of complications; dietary adaptations when exercising and life style/behaviour modification. Aetiology and clinical manifestations of cardiovascular; principles and practices of medical nutrition therapy in CVD. Aetiology and clinical manifestation(s) of renal disease conditions; principles and practices of medical nutrition therapy in renal conditions (nephritic syndrome, nephrotic syndrome, acute and chronic renal failure, nephrolithiasis). Nutrient-drug interactions. Metabolic response to acute and chronic stress. Principles of special nutritional care, special feeding methods and products required for injured/critically ill patients. Appropriate practical assignments and case studies

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