



University of Pretoria Yearbook 2019

Fundamental nutrition 143 (EXE 143)

Qualification	Undergraduate
Faculty	Faculty of Health Sciences
Module credits	6.00
Contact time	3 lectures per week
Language of tuition	Module is presented in English
Department	Biokinetics and Sports Science
Period of presentation	Quarter 3

Module content

*Closed – requires departmental selection

*Offered by the Department of Human nutrition for the students in Biokinetics, Sport and Leisure sciences

Nutrition and health, digestion, absorption and metabolism, carbohydrates, fats, proteins, energy balance and weight management.

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