



University of Pretoria Yearbook 2017

Foundations of sports coaching sciences 111 (YCS 111)

Qualification	Undergraduate
Faculty	Faculty of Health Sciences
Module credits	12.00
Programmes	HCert Sports Science Sports Coaching
Contact time	3 lectures per week
Language of tuition	Afrikaans and English is used in one class
Academic organisation	Biokinetics and Sports Science
Period of presentation	Semester 1

Module content

This module identifies, defines and examines the underlying theoretical dimensions and practical principles of scientific sports coaching to provide a platform for subsequent knowledge and application in sports coaching contexts.

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