



University of Pretoria Yearbook 2017

Fundamental nutrition 143 (EXE 143)

Qualification	Undergraduate
Faculty	Faculty of Health Sciences
Module credits	6.00
Programmes	HCert Sports Science Education HCert Sports Science Sports Coaching
Contact time	3 lectures per week
Language of tuition	Afrikaans and English is used in one class
Academic organisation	Biokinetics and Sports Science
Period of presentation	Quarter 3

Module content

*Closed – requires departmental selection

*Offered by the Department of Human nutrition for the students in Biokinetics, Sport and Leisure sciences
Nutrition and health, digestion, absorption and metabolism, carbohydrates, fats, proteins, energy balance and weight management.

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