



University of Pretoria Yearbook 2016

BAHons Option: Sport and Leisure in Society (01240508)

Duration of study 1 year

Total credits 135

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Admission requirements

- A bachelor's degree with Human Movement Science, Sport and Leisure Studies or Sports Sciences as major (or equivalent degree subject to approval of the head of department and with the approval of Senate).



Curriculum: Final year

Minimum credits: 135

Fundamental modules

Recreation and sport philosophy 714 (MBK 714)

Module credits 27.00

Service modules Faculty of Economic and Management Sciences

Prerequisites No prerequisites.

Contact time 1 lecture per week

Language of tuition Double Medium

Academic organisation Sport and Leisure Studies

Period of presentation Semester 1

Module content

The philosophy of sport and recreation examines the following themes: The history and basic philosophical principles of sport and recreation. Philosophic approaches to sport and recreation management. The future of and career perspectives on sport and recreation in the 21st century. Sportsmanship. Cheating and fair play in sport. Good competition and drug-enhanced performance. Sport and the technological image of man. Human dimensions of bodylines and their embodiment in sport and recreation. The nature of play and sport.

Research methodology of sport and recreation 701 (NME 701)

Module credits 27.00

Service modules Faculty of Economic and Management Sciences

Prerequisites No prerequisites.

Contact time 1 lecture per week

Language of tuition Both Afr and Eng

Academic organisation Sport and Leisure Studies

Period of presentation Year

Module content

This module makes use of the textbook by Thomas, JR, Nelson, JK and Silverman, SJ, 2010, Research Methods in Physical Activity, as the basis for research in sport and recreation. The subsections of this module are qualitative research, quantitative research and statistics. The student has the opportunity to demonstrate an understanding of the module through the medium of a research proposal, a research manuscript, a written examination and a research project presentation.

Core modules

Psychosocial aspects of recreation and sport 711 (MBK 711)

Module credits 27.00



Service modules Faculty of Economic and Management Sciences

Prerequisites No prerequisites.

Contact time 1 lecture per week

Language of tuition Double Medium

Academic organisation Sport and Leisure Studies

Period of presentation Year

Module content

The sociology of sport and recreation service delivery is studied in a national and international context. Motivations for desirable sport and recreation conduct are explained from a sport psychology perspective. (1 hour contact time per week with work assignments for the following week.)

Advanced therapeutic recreation 712 (MBK 712)

Module credits 27.00

Prerequisites No prerequisites.

Language of tuition Double Medium

Academic organisation Sport and Leisure Studies

Period of presentation Semester 1

Module content

Advanced therapeutic recreation serves as an extension of the undergraduate module “therapeutic recreation”. The module addresses the theory, as well as the practical side regarding the value of recreation for the disabled and the aged (elderly). The module has as central theme “Facilitation Techniques in Therapeutic Recreation”.

Adventure-based experiential learning (AEL) 713 (MBK 713)

Module credits 27.00

Prerequisites No prerequisites.

Contact time 1 lecture per week

Language of tuition Double Medium

Academic organisation Sport and Leisure Studies

Period of presentation Year

Module content

Facilitating and managing adventure-based activities as intervention strategy for corporate behavioural change.

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