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# University of Pretoria Yearbook 2016

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## Nutrition during life cycle 321 (VDG 321)

<b>Qualification</b>	Undergraduate
<b>Faculty</b>	<a href="#">Faculty of Natural and Agricultural Sciences</a>
<b>Module credits</b>	17.00
<b>Programmes</b>	<a href="#">BConsumer Science Foods: Retail Management</a> <a href="#">BConsumer Science Hospitality Management</a> <a href="#">BSc Food Management (4 years)</a>
<b>Prerequisites</b>	VDG 311
<b>Contact time</b>	3 lectures per week, 1 practical per week
<b>Language of tuition</b>	Double Medium
<b>Academic organisation</b>	Consumer Science
<b>Period of presentation</b>	Semester 2

### Module content

The role of nutrition in the life cycle. The role of nutrition in the prevention of lifestyle related diseases - osteoporosis, cancer, coronary heart disease, tooth decay. Vegetarianism. Different conditions of malnutrition: Protein Energy Malnutrition and obesity.

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