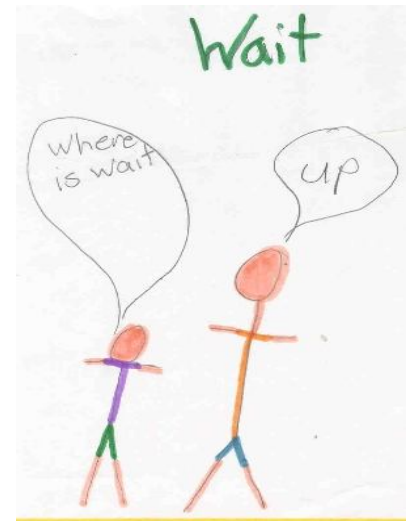


لَا تَنْتَقِظُوا

# Mom, what does wait mean?

Tammy Greyling  
Pathways-Pretoria



# What do children usually have to wait for?

- Play time
- Food
- Toys
- New activity
- Hugs
- Etc.



# Wait is connected to time



**Wait is connected to  
emotion – it is boring!**



**It is frustrating!**



# Boredom busters – in lifts

- Push the buttons and pretend they give you a shock. Smile, and go back for more.
- Bring a camera and take pictures of everyone in the elevator.
- Stand really close to someone, sniffing them occasionally.
- Pretend you are a flight attendant and review emergency procedures and exit with the passengers.

# The point is:

- Children and adults who can understand the concept of WAIT, can think of things to do while they have to wait



AND

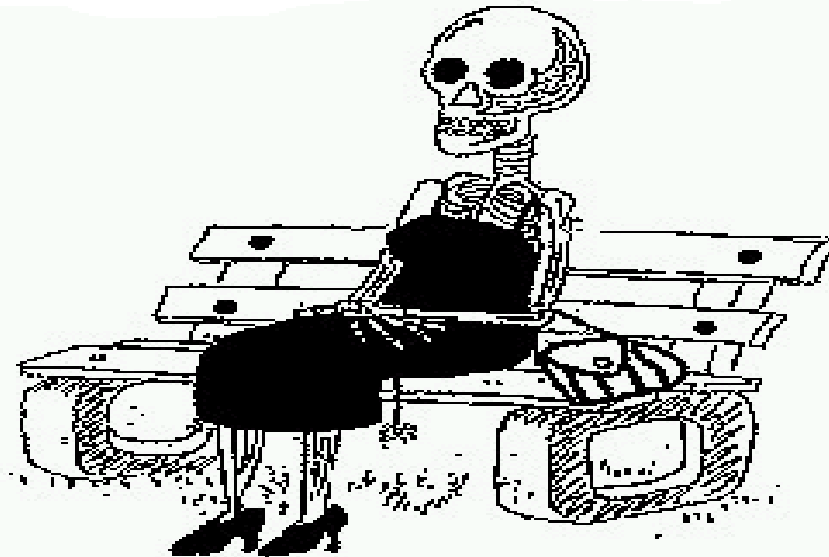


- They know how to behave in a socially appropriate way while doing so.



**For children with disabilities the word wait could mean: “This will take forever.....”**

**Waiting..**



# Challenging behaviour

- What is challenging behaviour?



# **When does challenging happen?**

- **Requesting a tangible – “I want**
- **Requesting attention – “I want**
- **Escape – “I don’t want/I want out**
- **Sensory – “I am bored/over stimulated**
- **Physical reasons**

# **What do we do about it?**

- **Schedules and Calendars (PCS)**
- **Communication apron (PCS)**
- **Contingency map (PCS)**
- **Behaviour management**
- **Parent participation**

# **It is all about:**

- **Making the abstract more concrete (e.g., time)**
- **Make the unpredictable, predictable (e.g. what comes next? who is where?)**
- **Providing clear instructions before activity starts**
- **Using visual clues**

**We have found the best strategy to be (1):**

- Schedules and calendars – giving structure to the child's day**

# Calendar



# Schedules





# Schedules



**We have found the best  
strategy to be (2)**

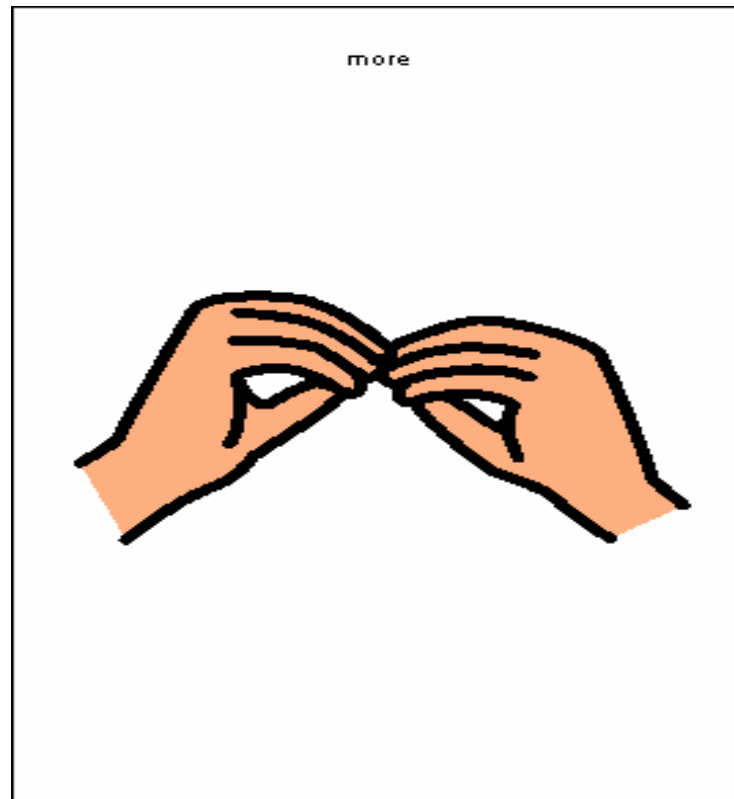
- **Communication  
apron**

# Communication apron



# Apron pictures

## More

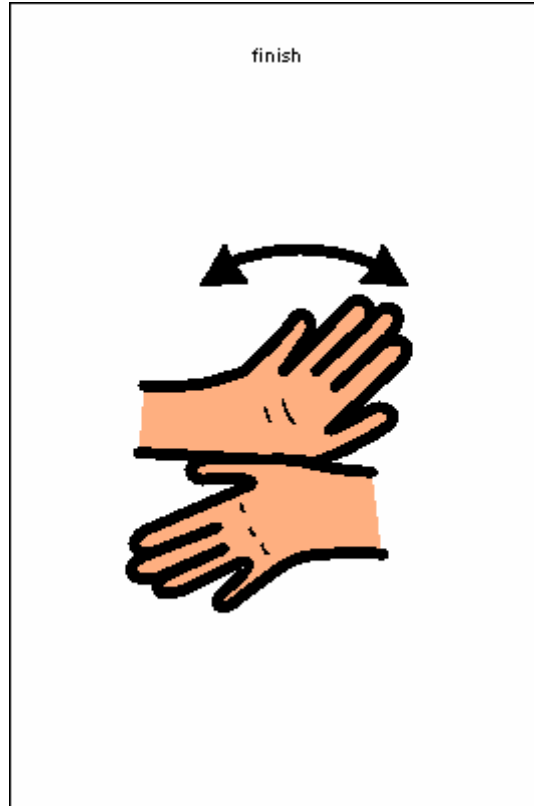


# Great

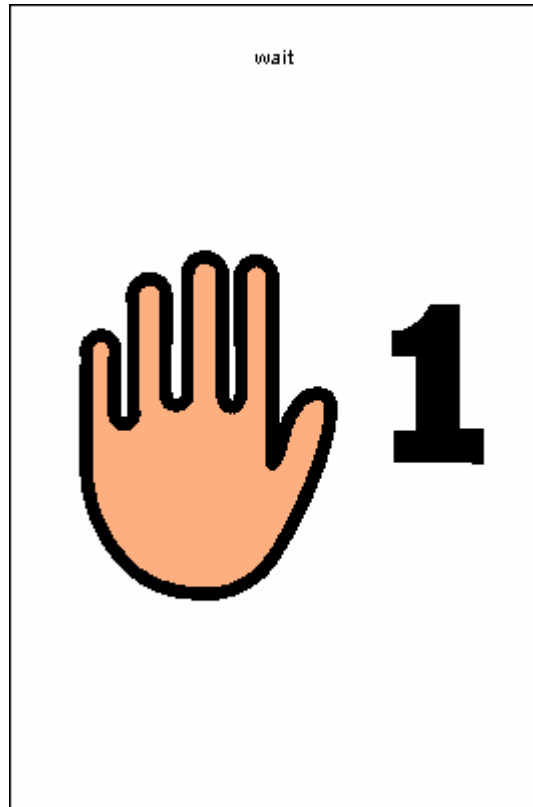
Good



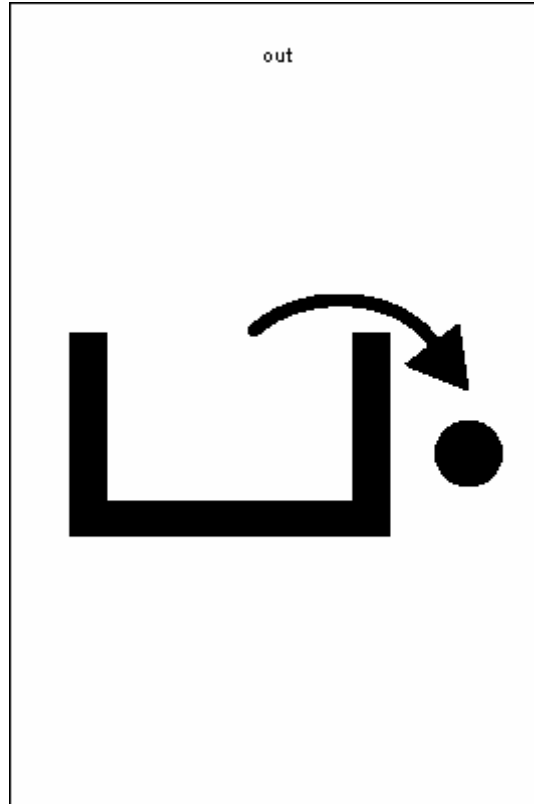
# Finished



# Wait



# Out



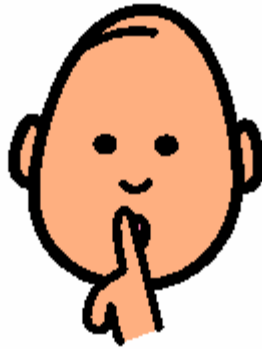


# Toilet



# Quiet

quiet



# How does the communication apron work?

- It makes communication immediate
- Tangible
- Understandable
- It helps to take the fight out of fighting – less sensory overload
- Tool to model – we want the child to use it later
- Use pictures as questions

# Videos

Sany0021.mp4