

Cornerstone

Learn to change the world



COUNSELLING CHILDREN and **ADOLESCENCE**

Workshop

Presented by (DR SERAHNI SYMINGTON)
Senior Psychology Lecturer

23 August 2016 | 10:00am - 15:30pm

Cost: R700 (5 CPD Points)

Bookings done through Celeste Swart at celestes@cornerstone.ac.za

INTRODUCTION

Exploring some age specific techniques to address some of the challenges of working with children and adolescents. This will be done drawing from the Gestalt Approach to counselling children and adolescents; including the value of play, play based activities and sensory work, to promote and establish the therapeutic relationship between the health care professional and the child/adolescent.

ABOUT THE PRESENTER:

Dr Serahni Symington is a Registered Counsellor with the HPCSA, she did an internship with a focus on Trauma Counselling.



Serahni completed a Masters in Play therapy focusing on children and adolescents; and a therapeutic intervention for emotional trauma. She was awarded cum laude for her Masters and was accepted into the PhD Psychology programme at North West University in 2010. Her research and dissertation focused on developing a psycho-educational website for adolescents regarding safe internet use, which was completed by November 2013.

Her PhD was awarded in May 2014.

Serahni was a secondary school teacher for 6 years, and in private practice as a counsellor for children and adolescents for 4 years. She currently is a senior lecturer in the Psychology Department at Cornerstone institute, focussing counselling; bullying; and play assisted counselling.

PLEASE NOTE THAT CPD POINTS IS WITH THE HEALTH PROFESSIONS COUNCIL OF SOUTH AFRICA (HPCSA). Spaces are limited please book early to avoid disappointment, for further information email: Celestes@cornerstone.ac.za or call her at (021) 448 0050

WORKSHOP DETAILS:

Date: Tuesday, 23 August 10:00am - 15:30pm(registration starts 9:30 am)
Venue: Cornerstone Institute, Cnr. of Durham and Victoria Roads Salt River
Costs: The registration fee for the workshop is R700pp. person. Light Lunch and refreshments will be served

CPD points: 5 CPD points with HPCSA

If you would like to attend, kindly complete the attached Registration Form and email it to celestes@cornerstone.ac.za by Thursday, 18 August, 2016.

REGISTRATION FORM

Title	
First name	
Surname	
Postal address	
Telephone	
Email	
Specific dietary requirements (please mark with 'x')	None Vegetarian Halaal Kosher
HPCSA registration number	

Banking Details:

Cornerstone Institute

Bank: NedBank

Branch Code: 102 510

Account Number: 107 503 0285

Swift Code: NEDSZAJJ

Reference: Child CPD Event

Please send proof of payment to Celestes@cornerstone.ac.za. If you would like to pay by cash/card please may arrangements to do so with Celeste prior to the 18 August 2016.