



UNIVERSITEIT VAN PRETORIA
UNIVERSITY OF PRETORIA
YUNIBESITHI YA PRETORIA

Faculty of
Health Sciences

Fakulteit Gesondheidswetenskappe
Lefapha la Disaense tša Maphelo

TUKS STUDENT GYM CLASS TIMETABLE

HILLCREST BRANCH

Make today matter

www.up.ac.za

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
06:00– 07:00	Bootcamp	Bootcamp			
07:00 – 08:00					
08:00 – 09:00					
09:00 – 10:00					
10:00 – 11:00					
11:00 – 12:00					
12:00 – 13:00					
13:00 – 14:00					
14:00 – 15:00					
15:00 – 16:00	Pilates	Pilates	Aerobics	Aerobics	
16:00 – 17:00	Aerobics	Aerobics	Bootcamp	Bootcamp	