

FRENCH TOAST WITH HONEYED BANANAS



INGREDIENTS

3 eggs
125ml milk
4 slices FUTURELIFE® Smart Bread™
1ml vanilla essence
1 whole banana, sliced
30ml honey
60g butter or margarine
5ml icing sugar
1ml ground cinnamon

Method

1. In a bowl, whisk together the egg, milk and vanilla.
2. Place the slices of bread into a shallow dish and cover with the egg/milk mixture. Turn over after a few minutes to coat the other side of the slice.
3. Heat half the butter or margarine in a frying pan, cook the bread slices on both sides until golden brown.
4. Serve with the banana, honey and dust with icing sugar and cinnamon.