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The Tuks men's A-team outsprinted Rhodes in their final at the South African Universities Rowing Champions. **Photo: Sarah Stevens**

Tuks rowers are victorious

"Row, row, row your boat, gently down the

This could easily be the theme song for the UP-Tuks rowers, except they tend not to do things gently. They row to win. It should therefore be no surprise that

UP-Tuks are the overall South African Universities Rowing Champions, having the best-combined results in the USSA Sprint Rowing, USSA Indoor Rowing and USSA Boat Race

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A definite highlight was over the weekend when the UP-Tuks rowers won three out of four of the eight-crew finals at the Boat Race Regatta on the Kowie River in Port Alfred.

The men's A-team outsprinted Rhodes by 4 seconds in their final. The women's A-team proved to be too

strong in their final, beating UJ by 24

And the women's B-team beat Wits by 40 seconds.
The UP-Tuks men's B-team lost out by

The UP-Tuks men's B-team lost out by 25 seconds to UCT in their final.

It was the ninth consecutive time that the UP-Tuks men's A-team was victorious, which means they are just one race away from equalling the long-standing record of ten victories on the trot set by Rhodes.

Jason Hunter (coxswain) has no hesitation in labelling the A-team's ninth victory as their best, and he should know, as he has been the one who invasied the souvers to

been the one who inspired the rowers to their last six wins.

Lawrence Brittain (silver medallist at the 2016 Olympic Games in Rio) was part

the 2016 Olympic Games in Rio) was part of the winning crew on five occasions, but unfortunately he had to forego his place in the boat to focus on the upcoming World Rowing Championships as did quite a few of Tuk's 's other top rowers.

Hunter relishes the challenge of being the coxswain, or to put it another way, "your master's voice" in the boat.

"My role is first to steer the boat from start to finish without estime stranded on a

start to finish without getting stranded on a sandbank. It is quite tricky as due to the flow of the water and incoming sea-tides things can change anytime

can change anytime.

"This meant we had to explore the river quite often to acquaint ourselves where the trouble spots were," he said after the action. Hunter also explained that he decides what the stroke-rate should be during the race.

Their strategy was to start out at 32 strokes per minute and then upped it to 35 or 37 depending on what was happening. He was also tasked with making sure that

the rower's efforts are synchronised.



