



McCann and Van Wyk win gold in Italy regatta

“It is all about doing the right thing at the right time.

Two rowers from TuksRowing, Kirsten McCann and Nicole van Wyk, both raced to gold at the Memorial Paolo d'Aloja international regatta in Italy last weekend.

Last year's Olympian rower, McCann, won the women's single sculls while Van Wyk was victorious in the lightweight women's single sculls.

Lawrence Brittain, silver medallist at last year's Olympic Games in Rio, teamed up with Jake Green to win a silver medal in the men's pair final.

On Saturday, they finished third. It was the first time the South Africans raced internationally this season.

Roger Barrow, South Africa's national rowing coach, said he was thinking about altering things a little for the rest of the season.

“During the last Olympic cycle we might have partnered certain people too early. For me it is not about making ‘boats’ now. It is about making individuals very fast,” said Barrow.

That is why he thought McCann should

compete in the single sculls this year rather than pairing her with somebody in the lightweight double sculls boat.

For the same reason Nicole van Wyk, who won a silver medal at last year's World u.23 championships, will also still be competing in a single boat.

Barrow said he wanted her to win a gold medal at the same championships.

“It is all about doing the right thing at the right time.

“I really don't want to put pressure on a team boat too early on.


“Do we know whether Kirsten and Nicole are going to be very fast? Yes they are. Are they going to be at the top end of world rowing? Sure. “But do we expose them too early? The same goes for the other boats,” Barrow explained.

He said South Africa had a small pool of top rowers. Therefore, he did not want to put too much pressure on the team too early.

“It is going to be about doing the right thing at the right time.”



Nicole Van Wyk was victorious in the lightweight women's single sculls at the Memorial Paolo d'Aloja international regatta in Italy.

WE'LL BUY  YOUR CAR!

We come to you

- Running
- Non-running
- Accident Damage

DARYL BRITTON

☎ 076 686 9605

✉ onskoopjoukar@gmail.com

WWW.ONSKOOPJOUKAR.COM
So maklik soos dit!

JCM Motors

We buy cars and bakkies for cash

Runners, non runners accident damaged



We also buy light trucks up to 4 tons

Jandré 072 035 4777

www.jcmmotors.co.za
info@jcmmotors.co.za

