

## INDEMNITY

I, the undersigned ..... (Full names)  
ID/StudentNumber.....  
Physical Address .....

hereby declare and agree as follows towards TuksSport:

1. I will be participating in certain activities hosted, facilitated or presented by TuksSport, or otherwise on TuksSport's premises, which may include, without limitation, any internal league programme, exercise, training and or evaluations ('the Activities').
2. I am aware that, as a result of my participation in the Activities described in clause 1, I may be exposed to situations that put me at risk, and I accept said risks voluntarily and undertake at all times to act with all due caution and to take the utmost care to limit the risks involved.
3. I will strictly abide by all applicable TuksSport rules and policies, and otherwise to adhere to any instructions issued by TuksSport relating to my participation in the Activities.
4. I acknowledge and agree that I will not have any action or claim of whatsoever nature against TuksSport or any of its officials, employees or agents, for any injury, illness, damage or loss of any nature whatsoever that I or my property may sustain and which directly or indirectly results from my participation in the Activities, my presence on TuksSport's premises, making use of any TuksSport facilities or equipment, from any act or omission by TuksSport or any of its officials, employees or agents (save for negligence on the part of TuksSport or its such officials, employees or agents), or otherwise. I shall moreover defend, indemnify and hold harmless TuksSport and its officials, employees and agents for and against any action or claim brought by any person (including, without limitation, my spouse, children or any other dependent) as a result of any injury, illness, damage or loss suffered by me in such circumstances as are set out hereinabove.
5. I shall defend, indemnify and hold harmless TuksSport and its officials, employees and agents for and against any claim of whatever nature instituted against TuksSport or any of its officials, employees or agents by any person as a result of any injury, illness, damage or loss caused by my wilful or negligent conduct or omission, or that of any person for whose actions I am or may be deemed to be responsible.
6. I shall be liable to TuksSport for any damage or loss caused to TuksSport as a result my wilful or negligent conduct or omission, or that of any person for whose actions I am or may be deemed to be responsible.
7. I acknowledge and agree that I have read this indemnity form in its entirety, that I fully understand the nature, content and implications hereof and agree hereto, and that I shall be bound thereto from date of signature hereof.

Signed at \_\_\_\_\_ on this \_\_\_\_ day of 20\_\_.

\_\_\_\_\_  
(Signatory)

\_\_\_\_\_  
(Witness)

*If the person signing is under 18 (eighteen) years of age, there must be consent by a parent or legal guardian, as follows:*

I hereby certify that I am the parent or legal guardian of \_\_\_\_\_, named above, and do hereby confirm that the nature, content and implications hereof has been explained to him/her and that he/she understands and agrees hereto, and furthermore that he/she shall be bound hereto from date of signature hereof.

Signed at \_\_\_\_\_ on this \_\_\_\_ day of 20\_\_.

\_\_\_\_\_  
(Parent / Legal Guardian)

\_\_\_\_\_  
(Witness)