



## CODE OF CONDUCT

### PLAYERS

Players will -

- ✎ accept responsibility for their participation through adhering to all the rules and regulations that are established by the University of Pretoria and especially TuksSport and the sport authority in this case, TuksRugby and TuksYouthRugby;
- ✎ demonstrate good sportsmanship towards co-players, opponents, coaches, team managers, officials, parents and spectators at every match, tournament or practice, and provide credit and acknowledgment to the opponents and co-players for good play delivered;
- ✎ attend every practice session and match and should that not be possible, apology must be lodged at the coach or team manager prior to the practice session or match and preferable way in advance;
- ✎ listen and learn from the coach(es);
- ✎ focus on his or her skills development and the application thereof in the match situation;
- ✎ treat other players, coaches, team managers, referees, officials, parents and spectators with respect and will refrain from vulgar and or foul language at all times;
- ✎ acknowledge that the coaches, team managers, referees and officials are all volunteers that are delivering their services and time for free and deserve to be treated with utmost respect;
- ✎ expect to be treated with respect by other players, coaches, team managers, referees, officials, parents and spectators irrespective of their race, sex, belief, competency etc;
- ✎ treat co-players and opponents in the same manner than what you would want to be treated;
- ✎ contribute to the program where development is relevant and in line with the players' emotional, physical and required abilities;



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- ✎ contribute to the provision of a playing environment free of swearing, smoking, use of alcohol and drugs;
- ✎ contribute to the finding of a physical environment and facilities that are safe to play at and on;
- ✎ obtain sport equipment that are safe to be used and will work hard to enhance his or her skills;
- ✎ play in accordance with the rules of the game and never question the referee's calls;
- ✎ play the game for the enjoyment thereof and not for the sole enjoyment of the parents and coach(es);
- ✎ deliver his or her best and be devoted towards the game, the team and the youth club;
- ✎ control him- or herself and his or her temper;
- ✎ protect his or her health by not using illegal and unhealthy substances or supplements;
- ✎ deliver his or her best for the team and understands and applies the importance of team ethics, loyalty and discipline on and off the field;
- ✎ never claim the glory for him- or herself but realize and apply the importance of teamwork and inter dependence in a team sport;
- ✎ refrain from foul play and bullying during play on the rugby field;
- ✎ be humble following a victory and accept a loss with dignity, promote good sportsmanship continually;
- ✎ wear his or her youth club outfits with pride and dignity and always remember that by wearing the youth club's outfit, he or she represents the youth club;



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- ✎ respects and applies the youth club's and senior club's traditions; and
- ✎ always shake hands with the opponents' players and coach(es) and the referee to show your appreciation and congratulates them with their play and handling of the match after the final whistle has blown.

SIGNED on this ..... day of ..... 2015

at .....

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THE PLAYER: TuksYouthRugby

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Name and Surname