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Shania-Lee Swart amongst the other rugby players that just won the USSA Sevens Championships.

Shania-Lee keeps on excelling

Samantha Traill

Now that Shania-Lee Swart is studying at the University of Pretoria she took up a new sport as a new challenge and she is excelling in it.

On Saturday, April 21 the Tuks seven's rugby played in the University Sports South Africa (USSA) tournament which was hosted at Wits University.

Fifteen university teams took part in this action packed event.

Shania-Lee's team, Tuks A won the USSA 2018 Sevens Rugby Champions and Shania-Lee was selected for the National USSA Sevens 2018 training group.

How Shania got into the seven's

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rugby.

Riaan van der Merwe (Tuks Sevens Women's coach) managed to convince Shania-Lee to give running with the rugby ball and tackling a go.

So without hesitation Shania-Lee tried out this new sport and she gave it her all.

Shania-Lee played her first game

for Tuks in March 19 when the team took on the University of Johannesburg.

During her debut, Riaan was full of praise on the way she played.

According to Shania-Lee, she enjoyed the challenge of trying to out play her opponents on the rugby field with the ball tucked tight under her arms.

Being tackled and getting slightly dirty did not faze her at all, only time will tell how well Shania-Lee will excel on the rugby field now.

Besides rugby Shania used to participate in cricket, javelin, shotputt just to name a few. Shania still plays hockey and it's one sport that she will not stop playing.



