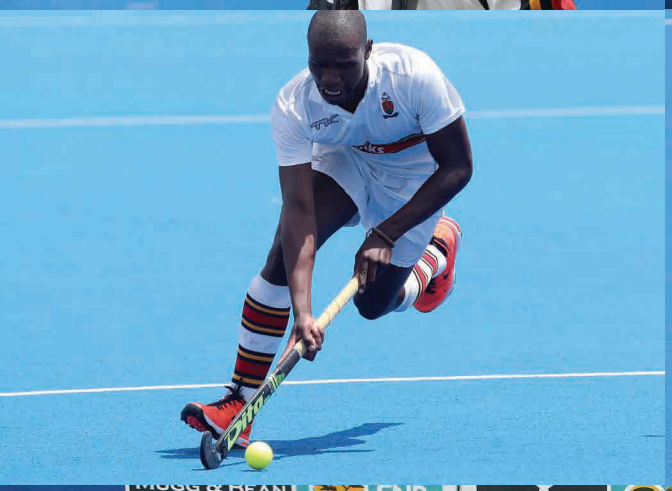
UNIVERSITEIT VAN PRETORIA
UNIVERSITY OF PRETORIA
YUNIBESITHI YA PRETORIA

TuksSport

TuksHockey

Camp 2018



Contact: **Nicolene Terblanche**
nicolene.terblanche@up.ac.za
Kgothatso Maboea
tukshockey@gmail.com
012 420 6156

Give your child the ***CONFIDENCE*** and ***SKILLS*** to stand out on the field during the 2018 hockey season.

U/15 – U/18 Camp
3 – 6 April
3 April (17:00 – Registration)
6 April 2018 (13:00)

U/13 & U/14 Camp
6 April – 9 April 2018
6 April (17:00 – Registration)
9 April 2018 (13:00)

The passionate and professional coaching staff at TuksHockey will ensure that the coaching covers all aspects needed to give you that extra edge.

The Exceptional Camp will be led by:

Inky Zondi: Head of Programme & Women's Head Coach
- TuksHockey Women's Head Coach
- Assistant Coach U/21 SA Women 2015 & 2016
- Assistant Coach U/21 & Senior Northern Gauteng Women's Teams 2014 & 2015
- Head Coach Senior Northern Gauteng Women's Team & U/21 Women's Team 2017
- Assistant Coach & Manager for U/21 Men 2012 - 2013
- Managed TuksHockey Women's 1st team 2011 - 2013
- Varsity Hockey winners 2017
- USSA Winners 2017
- TuksSport Coach of the year 2017
- Northern Blues Hockey Coach of the year 2017
- PHL Coach 2017 (St Lucia Lakers)

Nicolene Terblanche: Club Manager & Women's Assistant Coach
- Current National Women's Captain, 207 caps, made her debut for SA in 2010, 2015 Africa Cup
- 2007 - 2017 Northern Gauteng Player
- 2015 & 2017 World League Semi-Final
- 2014 World Cup
- 2014 & 2010 Commonwealth Games
- 2012 London Olympics
- 2011 - 2017 Africa Cup
- 2009 Junior World Cup
- USSA Winners 2017
- Varsity Hockey Winners 2017

Guy Elliott: Men's Head Coach
- Head of the TuksHockey Junior Programme.
- Assistant Coach Northern Gauteng Men's Team 2016 & 2017
- USSA 3rd Place 2017
- 2014 - 2015 AFFIES 1st Team Coach, TuksHockey Men's 2nd Team Coach
- 2013 Maritzburg College 1st Team Coach
- U/16 A Inland Coach & U/18 A Inland Assistant Coach

TuksHockey Achievements 2017

- Eight TuksHockey players where selected to represent South Africa in 2017: Celia Evans, Marlise van Tonder, Izelle Verster, Marizen Marais, Phumelela Mbande, Nicolene Terblanche, Richard Pautz, Tevin Kok
- One Premier Hockey League Coach (St Lucia Lakers): Inky Zondi
- Two Northern's Senior Women and U/21 Coach: Inky Zondi & Nelson Komane Nel
- One Northern's Men Assistant Coach: Guy Elliott
- Four TuksHockey Players selected for the SA U/21 Squad: Thando Chithi, Mark Chong, Matthew Davies, Michael Forrest
- 28 TuksHockey Women selected for the Northern's senior team
- 24 TuksHockey Men selected for the Northern's senior team
- 15 TuksHockey Women selected for the Premier Hockey League 2017
- Nine TuksHockey Men Players selected for the Premier Hockey League 2017
- TuksHockey Men won Bronze at the 2017 USSA
- TuksHockey Women won Gold at the 2017 USSA and Varsity Sports Tournament
- Both the TuksHockey men and women 1st Teams won the 2017 Northern's League

Camp Objectives:

- To expose all players and teams to modern techniques and tactics.
- Fundamental skills will be emphasised; such as attacking and defensive skills, goal scoring techniques and specialist skills. This will give individual players the necessary foundation for long term growth and teams the platform to improve tactical skills.
- Players will receive guidance and will be given the opportunity to practice skills in drills and competitive match situations.
- Team focus will be on team dynamics and positional play, exposure to new tactics, set pieces and specialist skills.

Coaching Objectives:

- SAHA Accredited Coaching Course: Facilitator Michelle Joubert (FIH 2016 Umpire of the Year).
- How to build a positive coaching philosophy.
- Defining roles and responsibilities of a coach.
- How to plan an effective practice session and implement effective coaching techniques in practice through effective communication.
- Exposing coaches to a variety of new and exciting drills and techniques as well as a new systems and tactical options.

Example of the daily Camp Schedule:

Day 1	Day 2	Day 3	Day 4
17:00 Registration At the TuksHockey Clubhouse Only for coaches and Managers	07:30 – 10:30 Skill sessions 08:00 – 11:00 Coaches in AV Room 11:00 – 19:00 Matches Lunch 12:00 – 13:30 Dinner 19:00	07:30 – 10:30 Skill sessions 8:00 – 11:00 Coaches in AV Room 11:00 – 19:00 Matches Lunch 12:00 – 13:30 Dinner 19:00	07:30 – 11:30 Matches 11:45 – 12:30 Exhibition Match 12:30 Prize Giving 13:00 Departure

TuksHockey Camp Fees

Package Deal for teams travelling:

Internal Accommodation (HPC)
Limited Space available
First come, first serve
Accommodation Bookings to be done by Julie O'Donoghue
reservations@hpc.co.za

Costs	Including
R 3200 per player	**T – Shirt, Accommodation and 8 Meals**
R 3200 per Coach	**T – Shirt, Accommodation, 8 Meals and Coaching Course**
R 3200 per Manager	**T – Shirt, Accommodation, 8 Meals and Coaching Course**
8 Meals: **All meals provided by HPC**	**U/16 & U/18 Camp:** **4 & 5 April: Breakfast, Lunch, Dinner** **6 April: Breakfast, Lunch** **U/13 & U/14 Camp:** **7 & 8 April: Breakfast, Lunch, Dinner** **9 April: Breakfast, Lunch**

External Accommodation
Accommodation within surrounding area
Accommodation Bookings to be done by Julie O'Donoghue
reservations@hpc.co.za

Costs	Including
R 3500 per player	**T - Shirt, Accommodation and 8 Meals**
R 3500 per Coach	**T - Shirt, Accommodation, 8 Meals and Coaching Course**
R 3500 per Manager	**T - Shirt, Accommodation, 8 Meals and Coaching Course**
8 Meals: **Breakfast at accommodation** **Lunch & dinner provided by HPC**	**U/16 & U/18 Camp:** **4 & 5 April: Breakfast, Lunch, Dinner** **6 April: Breakfast, Lunch** **U/13 & U/14 Camp:** **7 & 8 April: Breakfast, Lunch, Dinner** **9 April: Breakfast, Lunch**

Local Teams Camp Fees:

Costs	Including
R 1300 per player	**T - Shirt**
R 1300 per coach	**T - Shirt and Coaching Course**
R 1300 per coach	**T - Shirt and Coaching Course**
Meals are provided by the HPC on request **Julie O'Donoghue** **reservations@hpc.co.za**	

Important Information

- Each player, coach and manager that will be attending the TuksHockey Coaching Camp 2018 needs to complete and submit the Indemnity Form. Indemnity Forms must be submitted to the organisers at Registration

- Start time each day is 07:30 (except day 1) and all participants are expected to be available for the full duration of the camp, i.e. from 07:30 – 20:00 each day.

- Please note that entries **CLOSE on 20 March 2018**. Please submit your entry via email to the organisers.

- IMPORTANT: Please note a deposit of R 6000.00 is payable per team entered. Receipt of the deposit will secure your team booking and entry. You will be issued a receipt for your deposit and the R6000.00 will be deducted from your total final invoice. Course entry will only be confirmed on receipt of proof of payment.

- No changes will be accepted to team numbers for any team entering after the closing date.

- Complete cancellation of confirmed team entry, total deposit is non-refundable.

- **We will be using 3 venues: TUKS, PRETORIA GIRLS HIGH AND DSG.**

- **Kindly note that we are not responsible for any transport**

- Full payment is due no later than 20 March 2018.

- All payments are based on one invoice.
  Julie O'Donoghue only does accommodation and meal bookings.

Banking Details

Account Name: TuksSport Clubs
Bank: ABSA Hatfield
Account Number: 4063284275
Branch code: 335545
Reference: Hockey Camp/Name of school

TuksHockey Camp Entry Form

Contact Details	
Name of School	
Person responsible for team	
School Address	
Email address (school contact)	
Email address (coach/manager)	
Contact Number	
Billing Information	
Person responsible	
Invoice details	
Postal address	
Telephone Number	
Cell number	
Email address	
Deposit Paid	**Cash Deposit or EFT** (send proof of internet payment to: nicolene.terblanche@up.ac.za or tukshockey@gmail.com)

TuksHockey Camp Entry Form

Age Group	**Camp** (Please indicate number of players)	**T-shirt size** (S, M, L, XL)	**Coaches Manager** (Please indicate male (M) and female (F)	**Bus Driver** (Please indicate male (M) female (F)	**Total Number**
EXAMPLE U/18 Girls	14	S-4 M-10 L-2	Coaches x 1 (M) Manager x 1 (F)	1 (M)	17
U/18 Girls			Coaches Manager		
U/18 Boys			Coaches Manager		
U/16 Girls			Coaches Manager		
U/16 Boys			Coaches Manager		
U/15 Girls			Coaches Manager		
U/15 Boys			Coaches Manager		
u/14 Girls			Coaches Manager		
u/14 Boys			Coaches Manager		
U/13 Girls			Coaches Manager		
U/13 Boys			Coaches Manager		

TuksHockey Camp Indemnity Form

Name of Child	
Date of Birth	
Address	
Email Address	
Cell Number	
Name of School	
Medical Aid Details	
Medical Conditions	
Emergency Contact Number	

By signing this indemnity form you hereby agree to the terms and conditions as set out below.

The TuksHockey club, TuksSport, University of Pretoria or any of its coaches whether full-time staff, students or contracted coaches will not be held responsible for any loss, damage or injury sustained while taking part in any activity presented at the TuksHockey, TuksSport or University of Pretoria premises and or any other premises utilised during the TuksHockey Camp. Should a serious injury occur where an ambulance is needed, this will be for the expense of the individual concerned or the school.

Print Name of Parent/ Guardian	
Signature	

Contact TuksHockey for queries

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Manager
012 420 6156
nicolene.terblanche@up.ac.za

Kgothatso (KG) Maboea
Administrator
012 420 6156
tukshockey@gmail.com