



Anaso Jobodwana in action at the Gauteng North championships on Saturday. Photo: Reg Caldecott.

## Wind not easily taken out of his sails

Having been robbed by the wind from running a new personal best on Saturday does not faze Anaso Jobodwana. In fact, it motivates him.

Jobodwana won the 100m at the Gauteng North Championships in a time of 10.07s, but the wind from behind was 3.3m/s. In the semi-final, his time was 10.12s, but again the wind was a factor. It means his best time officially in the short sprint remains 10.10s.

Jobodwana is quite upbeat about his performance.

"I now know that there is speed in my legs," he says.

"The challenge is to figure out how to be consistently fast in races and make sure I stay fast. It is now only February.

I aim to be able to still run fast times in September."

His ultimate goal is to run a good race at next year's world championships.

The world bronze medalist recently announced that he was joining TuksAthletics, where he will be coached by Thabo Matebedi.

According to Jobodwana, he has known Matebedi for quite a few years.

There were times in the past that Matebedi advised him on some aspects of his sprinting. This advice made sense to Jobodwana, so he decided to ask Matebedi to coach him full-time.

"My time in Durban has come to an end. The plus of joining Tuks is that there is a group of talented sprinters. To be honest, I missed that competitive edge when training," said Jobodwana.

He added that he made a conscious decision last year on sorting out his injury issues.

This week Jobodwana will be competing in the 200m at the Grand Prix Meeting in

Ruimsig. The South African junior 200m record holder, Clarence Munyai, who ran a personal best time of 10.10s in the 100m over the weekend, is also racing.

"I think Clarence and I proved during the Gauteng North Championships that we have a bit of a rivalry going. Both of us want to win. But for now, I don't want to focus on running specific times as it might throw me out of my game.

I just want to focus on executing the perfect race."

It is something I have not done for a long time, and I need to do so if I want to become competitive in 200m sprinting again," Jobodwana concluded.

Another big race for Jobodwana will be on 8 March when he takes on the World 100 metre champion, Justin Gatlin (USA), over 150 metres at the Grand Prix Meeting at Tuks.