



# Two Oceans, Comrades: can Bosman win both?

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ALTHOUGH Charné Bosman admits that a Two Oceans/Comrades Marathon double is doable this year, the Nedbank Running Club elite runner won't be going all out to emulate rival Caroline Wostmann.

Given her current form and pedigree, Bosman will be among the favourites to win next weekend's Old Mutual Two Oceans Marathon in Cape Town.

But the Pretoria runner who has already captured the Johnson Crane Marathon as well as the Tuks Bestmed Marathons this year, won't be going full force in the Mother City next Saturday.

"I'll be happy if I can get a top five finish at Two Oceans," Bosman said this week at the Nedbank headquarters where the banking giants held a farewell function for their athletes going to "the world's most beautiful race".

"My focus is on defending my Down Run title at Comrades," the 2016 winner of the famous KwaZulu/Natal ultra marathon said. "Of course Caroline showed us that it is possible to do the Two Oceans and Comrades double. And this



CHARNE BOSMAN

year it is really possible because there is a lot of time between the two races which will be enough for us to recover."

Resplendent in the club's new kit for the race, Bosman would have passed for a kid in a sweet shop as she spoke of her excitement at how things are going for her.

"It's been a good year so far. Tuks (Marathon) was difficult

with lots of uphill but I still managed to run a 2:50 and win. I am looking forward to the Two Oceans and will be happy if I can do around 3:48."

She believes, though, that such a time won't be good enough to win the title.

"The winning time could be at around 3:37 but you never know. For me, I'm going there just to run my race. I never try to chase anyone, I will simply run my own race."

According to Bosman, the women's field for Two Oceans is top class.

"I think it is the strongest we've ever had and I believe Gerda Steyn has a great chance to win."

With the likes of Comrades gold medallist Fikile Mbuthuma, her Nedbank Club team-mate, also in the mix, the race is likely to be hotly-contested.

For Bosman though, next weekend will be nothing more than a step towards her keeping her Down Run title.

Given her current form though, count her out for the title at your own peril. After all, with her views that the Two Oceans and Comrades double is doable, why should she not capitalise?

