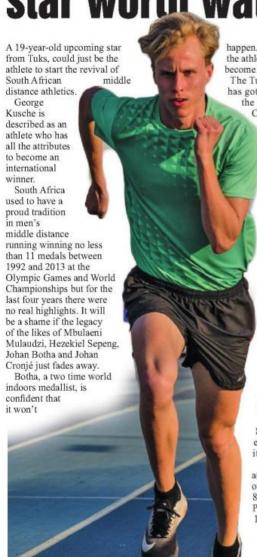


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happen. He backs Kusche as one of the athletes who has what it takes to become a world beater.

The Tuks/HPC athlete certainly has got the credentials. At the South African Junior

Championships he won the 800m as well as the 1 500m. It is not a feat accomplished often.

So far this season Kusche has already improved his time in the 1 500m by 12 seconds. At the moment his

personal best is 3:41:18 however he is confident that he is capable of running even faster times.

Kusche ascribed his drastic improvement in the 1 500m to having done more distance work this season as well as dropping a kilogram in weight.

"It may not sound like much, but in racing one kilogram less can make a huge difference." explained Kusche for whom it made sense to try and be competitive in the 800m as well as the

Kusche's best time in the 800m is 1:47.40 but Botha expected this to improve on it in the next four weeks.

The 19-year-old Tuks/HPCathlete had a victorious start on Sunday when he won the 800m at the Brussels Grand Prix-meeting in a time of 1:47.98.

George Kusche on the training course in preparation for his participation in Europe. Photo: Reg Caldecott



