

Mzansi's long jumpers lead the pack Shanuha

By SUNSPORT REPORTER

LONG jumper Luvo Manyonga's coach at TuksAthletics, Neil Cornelius, says his athlete, arguably the hottest prospect in internationallong jump at the moment, sees tomorrow's Diamond League meet ing in Shanghai, China, as a good dress rehearsal for the World Championships in London.

Cornelius said in Shanghai athletes might just be vying to get a psychological upper hand: "One good jump by any athlete could get the others to start worrying.

"It is not often you get a competi tion where seven athletes can boast a personal best of 8.40m and better. Three are South African: Many

onga, Khotso Mokoena (8.50m) and Rushwal Samaai (8.49m).

Manyonga sets the pace, having registered jumps of 8.62m and 8.65m in competition this season. He is reported to be the first ath-

lete to jump further than 8.60m since 2009. Lee-Roy Newton, his agent, says

he can't remember when last any athlete has managed two attempts of over 8.60m so early in a season.

If everything goes according to plan Cornelius hopes the South Africans will send a clear message to the Americans that their domination in the long jump event is about to come to an end.

Current statistics inspire Cornelius' confidence, as the top five jumps on the IAAF list this season are all credited to South Africans. Samaai's attempt of 8.49m is

third best of the season so far. Manyonga's 8.46m is the fourth

best and Samaai's 8.35m slots in at fifth.

Manyonga has made no secret about the fact that he has his sights set on Mike Powell's long-standing world record of 8.95m set in 1991. The Tuks athlete is clever

enough not to make bold predictions. He prefers to let his legs do the talking and then he will mouthoff afterwards

He said he believed himself capable of a few more really big jumps this season, but after last year's fiascoat the national championships in Stellenbosch, where he overstepped five times, he now realises the importance of making his first jump count.

"That was definitely a turning point in my career," Manyonga said. "My coach will never let me forget that a good first jump buys you five more.

The top six of last year's Olympic Games all compete tomorrow - Jeff Henderson (USA), Manyonga, Greg Rutherford (Britain), Jarrion Law son (USA), Jianan Wang (China) and Emiliano Lasa (Uruguay).



